Leptospira Immunoglobulin-Like Proteins as a Serodiagnostic Marker for Acute Leptospirosis

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Received 19 November 2006/Returned for modification 25 February 2007/Accepted 6 March 2007

There is an urgent need for improved diagnosis of leptospirosis, an emerging infectious disease which imparts a large disease burden in developing countries. We evaluated the use of Leptospira immunoglobulin (Ig)-like (Lig) proteins as a serodiagnostic marker for leptospirosis. Lig proteins have bacterial immunoglobulin-like (Big) tandem repeat domains, a moiety found in virulence factors in other pathogens. Sera from patients identified during urban outbreaks in Brazil reacted strongly with immunoblots of a recombinant fragment comprised of the second to sixth Big domains of LigB from L. interrogans serovar Copenhageni, the principal agent for transmission in this setting. Furthermore, the sera recognized an analogous LigB fragment derived from L. kirschneri serovar Grippotyphosa, a pathogenic serovar which is not endemic to the study area. The immunoblot assay detected anti-LigB IgM antibodies in sera from 92% (95% confidence interval, 85 to 96%) of patients during acute-phase leptospirosis. The assay had a sensitivity of 81% for sera from patients with less than 7 days of illness. Anti-LigB antibodies were found in sera from 57% of the patients who did not have detectable anti-whole-Leptospira responses as detected by IgM enzyme-linked immunosorbent assay and microagglutination test. The specificities of the assays were 93 to 100% and 90 to 97% among sera from healthy individuals and patients with diseases that have clinical presentations that overlap with those of leptospirosis, respectively. These findings indicate that the antibody response to this putative virulence determinant is a sensitive and specific marker for acute infection. The use of this marker may aid the prompt and timely diagnosis required to reduce the high mortality associated with severe forms of the disease.

Leptospirosis is a zoonotic disease caused by pathogenic spirochetes of the genus Leptospira (4, 19, 30). Infection occurs during exposure to animal reservoirs or an environment contaminated by their urine and produces a spectrum of clinical manifestations ranging from an undifferentiated febrile illness to life-threatening manifestations such as Weil’s disease and severe pulmonary hemorrhage syndrome (4, 38, 41, 60). Mortality from severe forms of the disease is 5% to 40% (4, 27, 41). Prompt diagnosis is critical in preventing severe outcomes, since antibiotics are believed to provide the greatest benefit when initiated early in the course of illness (19, 63). Yet, early phase leptospirosis is often not identified or is diagnosed as other causes of acute febrile disease due to its nonspecific clinical presentation (26). Misdiagnosis of leptospirosis has become a significant problem as diseases with similar early symptoms, such as dengue, have reemerged in the same places (8, 21, 29). Identification of leptospirosis will therefore need to rely on a high index of clinical suspicion and the use of a rapid and specific laboratory test (21, 31).

However, the standard diagnostic method, the microscopic agglutination test (MAT), requires paired serum samples for proper interpretation and is not adequate for clinical management (12, 41). Whole-Leptospira-based serologic assays are commercially available in enzyme-linked immunosorbent assay (ELISA) and other rapid formats, yet clinical evaluations found that these assays have sensitivities of 28 to 72% during acute-phase illness (3, 15, 32, 56–59). Moreover, the sensitivity for these assays may be less than 25% for patients in the critical first week of illness (15), when treatment with antibiotic therapy may be most effective. PCR-based detection methods have been developed (14, 42, 44, 45, 54), but their use has been restricted to the reference laboratory setting, and they are unlikely to be implemented in developing countries, where the major public health burden of leptospirosis exists. Therefore, new strategies for diagnosis which can aid early case identification and timely administration of antimicrobial therapy need to be identified.

Virulence factors expressed during host infection are expected to elicit specific antibody responses and, thus, may serve as candidate markers for a recombinant protein-based serodiagnostic test. A novel family of surface-associated proteins, Leptospira immunoglobulin (Ig)-like proteins (LigA, LigB, and LigC) (28, 39, 47), which have bacterial Ig-like (Big) tandem-repeat domains found in virulence factors such as intimin of enteropathogenic Escherichia coli (34) and invasin of Yersinia pseudotuberculosis (24), have been identified. lig genes are present exclusively in pathogenic and not saprophytic Leptospira species. Furthermore, they are expressed in virulent
strains but not in strains that have been attenuated by culture passaging (39). Lig proteins are expressed during host infection (39) and appear to induce strong antibody responses in patients (28, 39) and infected animals (28, 46, 47). However, previous studies were performed with limited numbers of leptospirosis patients (28, 39).

Leptospirosis is a major public health problem in Brazil, as it is the cause of large urban epidemics each year during seasonal periods of heavy rainfall (27, 50, 52). In this study, we evaluated the antibody response to recombinant Lig proteins in sera from Brazilian patients, and we present findings that indicate that Lig proteins are a sensitive and specific serodiagnostic marker for acute infection.

MATERIALS AND METHODS

Patients and control subjects. The evaluation was performed with paired acute- and convalescent-phase sera from 95 laboratory-confirmed cases of leptospirosis which were identified during active hospital-based surveillance in the city of Salvador, Brazil, from March 1996 to February 2003. Laboratory-confirmed leptospirosis was defined according to the criteria for seroconversion, a fourfold rise in titer or a single titer of $\geq 1800$ in the MAT, or culture isolation of pathogenic Leptospira from a blood sample (27, 52). Acute-phase samples were collected during hospital admission (mean, 9.0 $\pm$ 3.8 days after onset of symptoms). Early-convalescent-phase samples were collected during a follow-up visit after hospital discharge (mean, 35.3 $\pm$ 26.8 days after onset of symptoms).

Acute-phase samples from an additional 40 laboratory-confirmed cases which had a negative reaction in the whole-Leptospira-based IgM ELISA (Bio-Rad, Palo Alto, Calif.) were included. Late-convalescent-phase samples were obtained from 58 patients during house visits performed 4 to 72 months after their hospitalization for leptospirosis.

Control serum samples used in the evaluation were from (i) 40 healthy individuals residing in northern California (courtesy of Michael Hendry, California State Department of Health, Berkeley, Calif.; (ii) 50 subjects who were randomly selected among 1,400 participants of a citywide serosurvey in Salvador, Brazil; and (iii) 75 residents of slum communities in Salvador, Brazil, for whom samples were collected at the time that a neighbor was identified as a leptospirosis case (52). Furthermore, serum samples from control patient groups which included 30 cases of Lyme disease from the United States (courtesy of Martin Schriefer, Centers for Disease Control and Prevention, Fort Collins, Colo.) and 30 cases of dengue, 30 cases of hepatitis, and 30 individuals with Venereal Disease Research Laboratory (VDRL) test-positive reactions from Salvador, Brazil, were evaluated. The study protocol was approved by the institutional review board committees of the Oswaldo Cruz Foundation, Brazilian Ministry of Health, and the New York Presbyterian Hospital.

Recombinant Lig proteins. Recombinant techniques were used as previously described (39) to obtain a fragment, rLigB[131–649], which corresponds to amino acid sequence positions 131 to 649 of the LigB protein from L. interrogans serovar Copenhageni strain Fiocruz L1-130, an isolate obtained from a patient described (39) to obtain a fragment, rLigB[131–649], which corresponds to the portion of amino acid sequence positions 20 to 581 of the LigB protein from L. kirschneri. The assay was performed according to the manufacturer’s instructions.

Leptospirosis patient and control subject samples were assigned randomly selected numerical codes and evaluated in sequential order according to these codes as a measure to blind assay operators to the identities of the sample sources.

Data analysis. The sensitivity of the immunoblot assay was defined as the proportion of leptospirosis case samples that were positive in the assay. Specificity was defined as the proportion of control subject samples that were negative in the assay. Ninety-five-percent confidence intervals were calculated with the Epitable program in Epi Info version 6.04 software. Interviews of leptospirosis patients were performed to identify the onset of illness prior to hospitalization. The sensitivities of the assays were evaluated for intervals that corresponded to the period between the onset of the illness and the day during which samples were collected from patients. The performance of the anti-Lig immunoblot assay was compared with that of the whole-Leptospira-based IgM ELISA and MAT screening criteria for an agglutination titer of $\geq 1:100$. The chi-square and Fisher’s exact tests were used to determine whether differences between proportions were statistically significant ($P < 0.05$).

RESULTS

Reactivity of leptospirosis patient sera to recombinant L. interrogans and L. kirschneri LigB fragments. A recombinant fragment, rLigB[131–649], which is comprised of the second to sixth Big tandem-repeat domains of the LigB protein from L. interrogans strain Fiocruz L1-130, was purified. This strain belongs to serovar Copenhageni, which is the most common agent of urban leptospirosis in Brazil (27, 49). In immunoblot analyses, sera of leptospirosis cases from the city of Salvador, Brazil, demonstrated strong IgM and IgG antibody reactivities to rLigB[131–649] (Fig. 1). The amino acid sequence for this 57-kDa fragment is identical with the analogous portion (position 131 to 649) in the LigA molecule from the same strain (GenBank accession no. AY221109) (39). Furthermore, this fragment has amino acid sequence identities of 97, 96, and 96% with the corresponding LigB proteins in L. interrogans serovars Lai (GenBank accession no. NC004342), Pomona (GenBank accession no. AF534640), and Manilae (GenBank accession no. AB098517), respectively; of 63% with the corresponding portion of the LigB protein in L. borgpetersenii serovar Hardjo (GenBank accession no. YP_798783); and of 93% with the corresponding portion of the LigB protein in L. kirschneri serovar Grippotyphosa (GenBank accession no. AJ190126). Of note, sera from leptospirosis cases reacted with rLigB[20–581] (Fig. 1), a 61.7-kDa fragment which is comprised of the first to fifth Big domains of LigB from L. kirschneri serovar Grippotyphosa, a serovar which has not been found to circulate at the surveillance area.

Evaluation of the recombinant LigB-based immunoblot. Table 1 shows the reactivities of sera from leptospirosis cases and control subject groups in the immunoblot assay. The sensitivity of the IgM antibody response to rLigB[131–649] was 92% (95% confidence interval, 85 to 96%) in identifying leptospirosis during acute-phase illness. Moreover, anti-rLig immunoblot results were negative. The specificities of the IgM antibody response to rLigB[131–649] were 100% (95% confidence interval, 93 to 100%) and 96% (95% confidence interval, 87 to 99%) among sera from healthy control individuals from a region of nonendemicity in the United States and the region of endemcity of Salvador, Brazil, respectively. As part of a case-control investigation (52), sera were collected from residents of high-risk slum communities at the time that a neighbor was...
identified to be a leptospirosis case. Among sera from these asymptomatic individuals, the reactivity of the immunoblot assay was 8%. The specificities of the IgM antibody response to rLigB[131–649] were 90% to 97% among sera from patients with diseases that have clinical presentations that overlap with that of leptospirosis (dengue and hepatitis) and with other spirochetal infections (Lyme disease and syphilis) (Table 1).

The sensitivity of the IgG antibody response to rLigB[131–649] during acute-phase disease was lower (85%; 95% confidence interval, 77 to 91%) than the IgM antibody response. However, the sensitivity of the IgG antibody response increased to 98% during the convalescent phase. Although the specificity of the IgG antibody response was 100% among sera from healthy individuals from the United States, the specificity was lower among sera from residents of the region of endemicity of Salvador, Brazil (94%), and those from high-risk urban slum communities in the same city (88%). Use of the criterion of either a positive anti-rLigB[131–649] IgM or IgG antibody response did not improve the overall sensitivity (92%) or specificities (100 and 90% in sera from healthy individuals from the United States and Brazil, respectively) in comparison to those found for the anti-rLigB[131–649] IgM response alone.

Comparison of anti-Lig protein and whole-Leptospira antibody responses during leptospirosis. Table 2 shows the sensitivities of anti-rLigB[131–649] IgM and IgG antibody immunoblotting and the IgM ELISA and MAT screening criteria of a titer of ≥1:100, which are standard methods used for detecting anti-whole-Leptospira antibody responses. During the first week of acute illness, a significantly higher proportion of sera from leptospirosis patients had anti-rLigB[131–649] IgM antibodies than whole-Leptospira antibodies as detected by the IgM ELISA and MAT (81% versus 52 and 33%, respectively; \( P = 0.049 \) and \( P = 0.002 \), respectively). Anti-rLigB[131–649] IgM antibody reactivity was found in more than 94% of sera from the leptospirosis patients during the second and third weeks of acute illness and was higher than the reactivities observed for IgM ELISA and MAT screening criteria during the same period.

The proportions of patients with detectable anti-rLigB[131–649] IgM antibodies in their sera during convalescence decreased to 17% and 6% when followed 4 to 23 and 24 to 47 months, respectively, after their acute illness. In contrast, sera from 41% and 100% of patients had positive whole-Leptospira-based IgM ELISA and MAT reactions, respectively, when the patients were followed 24 to 47 months after their illness. IgM ELISA and MAT reactivity rates 48 to 72 months after acute illness remained elevated in comparison to those for the rLigB[131–649]-based immunoblot assay (30 and 88% versus 6%, respectively).

Anti-rLigB[131–649] IgG antibodies were detected in 62% of sera from leptospirosis patients in the first week, in more than 90% during the second and third weeks of acute illness,
and in more than 95% during early convalescence (<4 months from onset of illness). Among patients followed 4 to 23 months after their illness, 54% had detectable anti-rLigB[131-649] IgG antibodies. This proportion decreased to 18% when patients were followed more than 2 years after their hospitalization for leptospirosis.

**DISCUSSION**

Identification of an effective serodiagnostic marker for infection has been the major barrier to identifying recombinant protein-based approaches to improve diagnosis of leptospirosis. Previous studies have focused on detecting antibody responses against a series of proteins which include LipL32 (6, 7, 20, 22, 23), LipL41 (20, 22, 37), and GroEL (20, 22, 48). However, to date, the performance of these recombinant-based serologic assays has not provided adequate sensitivity for identifying acute-phase leptospirosis. More recently, a novel family of surface-associated proteins, Lig proteins, were identified (28, 39, 47) which have Big tandem-repeat domains. These proteins were identified through screening of genomic DNA expression libraries with patient (28, 39) and infected animal sera (46) and appear to be preferentially expressed during host infection (39, 46). Initial studies found that acute leptospirosis produces robust antibody responses to Lig proteins (28, 39), albeit these evaluations were performed with small numbers of patient samples. Palaniappan et al. found that levels of antibodies to recombinant Lig fragments as detected by ELISA correlated with MAT titers in dogs (46). However, this study did not specifically determine the performance of the assay in diagnosing acute leptospirosis in these animals. In this study, we evaluated paired serum samples from Brazilian patients identified during active population-based surveillance for urban leptospirosis and found that antibody response to a recombinant Lig fragment was a highly sensitive and specific marker for acute leptospirosis in this setting.

The sensitivity of the immunoblot detection of anti-rLigB IgM antibodies was 92% in identifying acute leptospirosis. The assay's specificity was found to be high when the test was applied to serum samples from healthy individuals from California (100%), where leptospirosis is not endemic, and from health controls from the surveillance site for urban leptospirosis in Brazil (96%). Anti-Lig protein antibodies were found in 57% of the cases for which the standard assays, the IgM ELISA and MAT, did not detect anti-whole-Leptospira responses. More importantly, rLigB-based immunoblotting had a sensitivity of 81% in identifying leptospirosis during the first week of illness. These findings indicate that rLig-based serodiagnosis approaches may aid in detecting cases early in the course of illness when antimicrobial therapy provides the greatest benefit.

In addition, the use of Lig proteins may address a limitation associated with current serodiagnostic assays. Anti-whole-Leptospira antibodies as detected by IgM ELISA or MAT persist for years after acute leptospirosis (17, 33, 35, 51). Low specificity is a major barrier to the use of whole-Leptospira-based assays in areas of high endemicity and transmission (5, 13, 18, 25, 55, 61, 62). In this study, we found that 29% of sera from leptospirosis patients have positive whole-Leptospira-based IgM ELISA reactions 4 to 6 years after infection. In contrast, the rates of anti-LigB IgM antibody reactivity as detected in the immunoblot declined sharply one to three months after infection (35%) and decreased to 6% two years after the illness. As a caveat, the possibility of subclinical reinfection during the follow-up period, which would contribute to the reactivity rates observed during late-phase convalescence, cannot be excluded. Nevertheless, the kinetics of the anti-LigB IgM antibody response suggest that the use of defined recombinant Lig protein fragments will be a feasible approach to developing a highly specific serodiagnostic assay in high transmission settings. In fact, we found low rates (8%) of detectable anti-LigB IgM antibodies in samples which were collected from residents.
of high-risk slum communities at the time that a neighbor was identified as a leptospirosis case (Table 1).

Of note, high proportions of leptospirosis patients were found to have anti-Lig IgG antibodies during the acute phase of the illness. Among sera from patients presenting with less than 7 days of symptoms, 62% had anti-rLigB IgG antibodies as detected by the immunoblot assay. Similar findings have been observed with IgG antibody responses to other Leptospira proteins (10, 11, 20, 22). This may relate in part to a memory response in individuals with a prior exposure to leptospirosis. Alternatively, the robust IgG response to Lig and other Leptospira proteins may be due to an accelerated class switch phenomenon during the incubation period, which may range from 2 to 30 days, but is usually between 5 and 14 days (19).

Both IgG and IgM antibodies to protein moieties are found during the early immune response to other spirochetal infections, such as Lyme disease and syphilis (16, 36, 53).

The evaluation was performed with patient populations in Brazil which were identified during surveillance for urban leptospirosis. Therefore, the study’s observations will need to be confirmed in other regions where leptospirosis is endemic. The distribution of pathogenic Leptospira species and serovars varies geographically and according to epidemiological situations. However, lig genes are present in all pathogenic Leptospira species (28, 39, 47). Lig proteins are hypothesized to be a virulence determinant, since they have Big domains found in other bacterial virulence determinants (24, 34). They presumably are expressed in the spectrum of pathogenic Leptospira during host infection and elicit similar acute-phase antibody responses. In this evaluation, samples were obtained from hospitalized cases of leptospirosis. As with anti-whole-Leptospira antibody responses (1), anti-LigB antibody levels are likely to be positively correlated with disease severity. Further investigations will therefore need to specifically address the performance of Lig proteins as serodiagnostic markers in outpatient populations. Whole-Leptospira-based diagnostic methods appear to detect IgM antibodies against immunodominant carbohydrate epitopes (2, 19), such as “broad reactive antigen” (40). Although the study findings indicate that anti-Lig protein antibody response may be an improved serodiagnostic marker, direct comparisons of their performances will need to be made in studies in which similar assay formats are used.

A major goal will be to apply the anti-Lig protein antibody detection system in an easily performed, rapid-format system which is more suitable for rapid diagnosis than immunoblotting. The study’s findings indicate that the first six Big domains of LigB proteins form a candidate antigen for such an assay. Previous studies found that the C-terminal Big domain regions of LigA (domains 7 to 12) and LigB (domains 7 to 11) are seroreactive as well (28, 39, 46). Inclusion of these fragments may potentially increase assay performance. A serodiagnostic assay will ideally use a recombinant LigB fragment derived from a single serovar which detects cross-reactive antibodies elicited during infection with other serovars. Predicted amino acid sequence identities are 92 to 96% among corresponding LigB[131-649] fragments from five L. interrogans and L. kirschneri serovars for which complete sequence information is available (GenBank accession no. YP000448, NC004342, AF534640, AB098517, and AJY190126). Furthermore, we found that sera of leptospirosis patients from an area of L. interrogans serovar Copenhageni endemicity and transmission reacted with a recombinant LigB fragment derived from an L. kirschneri serovar that is not circulating in the region (Fig. 1). A single recombinant LigB fragment may therefore be capable of detecting cross-reactive antibody responses elicited during infections with L. interrogans and L. kirschneri, which account for the majority of serovars of public health importance (30). In contrast, the predicted amino acid sequence identity is 62% between rLigB[131-649] fragments from L. interrogans serovar Copenhageni and L. borgpetersenii serovar Hardjo (9) (GenBank accession no. YP_798783). Multivalent LigB fragments may be used as a diagnostic approach to identify infections due to this serovar, if the use of a single fragment cannot efficiently detect cross-reactive antibody responses.

In summary, the findings of this study indicate that the antibody response against a putative Leptospira virulence determinant, the Lig proteins, is a marker for acute infection. The results obtained with the immunoblot assay suggest that it may be feasible to apply recombinant Lig protein fragments in developing high-performing lateral flow or dipstick assays. The development of such assays would be an advance in addressing the under-reporting of this neglected disease and would permit the implementation of intervention strategies based on early case detection and timely initiation of antimicrobial therapy as a measure to prevent disease progression and the severe outcomes associated with leptospirosis.

ACKNOWLEDGMENTS

This work was supported by grants from Bio-Manguinhos, the Oswaldo Cruz Foundation, the Brazilian Ministry of Health (90224-7), the Brazilian National Research Council (300.861/96-6, 350.052/95-6, and FINEPE 4196082600), VA Medical Research Funds, and the National Institutes of Health (AI-052473, AI-034431, TW-00905, and TW-00919).

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