

# The Evolving HIV-1 Epidemic in Warao Amerindians Is Dominated by an Extremely High Frequency of CXCR4-Utilizing Strains

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## Abstract

We previously reported a high prevalence of HIV-1 infection in Warao Amerindians from Venezuela due to the rapid spread of a single B subtype strain. In this study we evaluated the coreceptor use of the HIV-1 strains infecting this Amerindian community. Sequences of the HIV-1 V3 loop from 56 plasma samples were genotyped for coreceptor use. An extremely high frequency of CXCR4 strains was found among HIV-1-infected Waraos (47/49, 96%), compared to HIV-1 strains infecting the non-Amerindian Venezuelan population (35/79, 44%,  $p < 0.00001$ ). Evolutionary analysis showed that a significant number of infections occurred between 1 and 12 months before collection and that a great proportion (50–70%) of HIV-1 transmissions occurred within the very early phase of infection ( $\leq 12$  months). This is consistent with an initial infection dominated by an X4 strain or a very rapid selection of X4 variants after infection. This Amerindian population also exhibits the highest prevalence of tuberculosis in Venezuela, being synergistically bad prognostic factors for the evolution of morbidity and mortality in this vulnerable population.

**A**ROUND 35 MILLION PEOPLE are infected worldwide with human immunodeficiency virus (HIV). From 2001 to 2013 the number of new cases has been reduced by 38%.<sup>1</sup> However, the rate of infection in some vulnerable populations (e.g., Amerindian tribes), where HIV-1 has been introduced, has been reported to be higher than in general populations.<sup>2,3</sup> We recently described a high prevalence of HIV-1 in Warao Amerindians from Venezuela, with an average prevalence of 9.55%, reaching up to 35% in some male groups.<sup>2</sup> This epidemic mostly resulted from the dissemination of a single HIV-1 subtype B founder strain introduced around the early 2000s and its size is probably doubling every year.<sup>2,4</sup>

During the HIV-1 cycle, the envelope (Env) virus protein interacts with the CD4 receptor and CCR5 (R5) and/or CXCR4 (X4) coreceptors on the cell. This later interaction triggers membrane fusion, one of the most critical steps in cell infection.<sup>5</sup> The R5 viruses can infect macrophages, T-lymphocytes, monocytes, and peripheral blood mononu-

clear cells (PBMCs) but not T cell lines, whereas X4 viruses can infect T-lymphocytes, T cell lines, but not monocytes and macrophages.<sup>6</sup> R5 strains are selected in primary infection through sexual transmission<sup>7</sup> and during the course of the infection around 50% of the patients gradually switch to X4. This molecular switch has also been related to a worse clinical prognosis.<sup>6</sup> The aim of this study was to evaluate HIV-1 coreceptor use of subtype B viral strains infecting Warao Amerindians.

The study and sanitary conditions of this population<sup>2,4,8</sup> were previously described. The V3 loop of the *env* gene was amplified from plasma samples of 49 HIV-1-positive Warao Amerindians collected in 2009 ( $n=7$ ) and 2011 ( $n=42$ ), as previously described.<sup>9</sup> *Env* sequences from Warao Amerindians were compared to those from 79 HIV-1 strains infecting previously described non-Amerindian patients from Venezuela.<sup>10</sup> Coreceptor use was determined by the Geno2Pheno algorithm (<http://coreceptor.geno2pheno.org/index.php>) with a cut-off of 20% as the European Guidelines recommend for a

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single PCR analysis. HIV-1 subtype B time-scaled phylogenies from *pol* sequences ( $n=59$ ) of Warao Amerindians previously described<sup>2</sup> were combined with new time-scaled phylogenies from the *env* sequences ( $n=49$ ) of the same population obtained here. The new *env* time-scaled phylogeny was generated using the Bayesian Markov Chain Monte Carlo (MCMC) approach as implemented in BEAST v.1.8<sup>11,12</sup> with BEAGLE to improve the run time.<sup>13</sup>

Analysis was performed using the GTR+I+ $\Gamma$ 4 nucleotide substitution model, a prior Bayesian Skyline coalescent tree,<sup>14</sup> and an uncorrelated log normal relaxed molecular clock model<sup>15</sup> with an informative substitution rate prior to the *env* fragment ( $4.0 \times 10^{-3}$ – $10.0 \times 10^{-3}$  substitution/site/year). The MCMC chain was run for  $20 \times 10^6$  generations and adequate chain mixing was checked, after excluding an initial 10%, by calculating the effective sample size (ESS) using the TRACER v.1.6 program.<sup>16</sup> The *env* maximum clade credibility (MCC) tree was summarized from the posterior distribution of trees with Tree Annotator and visualized with FigTree v.1.3.1.<sup>17</sup> Mean estimates of the number of HIV-1 *pol* and *env* lineages through time (LTT) and 95% highest probability density (HPD) interval of the estimates were inspected using Tracer v.1.6.

Nucleotide sequence data have been deposited into the GenBank database under accession numbers KR094009–KR094065. *Env* sequences used for comparison are included within the accession numbers FJ659197–FJ659409.

Analysis of the results of Geno2pheno for coreceptor use in each sample indicates that the prevalence of X4 strains in the HIV-1-infected Warao Amerindians was 96% (47/49), compared to 44% in non-Amerindian Venezuelans (35/79) ( $p < 0.00001$ ). When the Geno2pheno algorithm's cut-off was modified to 10% or 5%, the X4 prevalence in the Warao population still remained significantly higher ( $p < 0.001$ ) than in non-Amerindian Venezuelans (data not shown). Two hypotheses could explain the extremely high prevalence of HIV-1 strains with X4 use in the Warao population: (1) an initial infection of the individuals with X4 HIV-1 strains; or (2) rapid intrahost R5-X4 switches in nearly all individuals.

To estimate the intrahost evolutionary period of HIV-1 subtype B infections in Warao Amerindians, a time-scaled phylogeny from the *env* sequences was reconstructed and compared to that previously obtained from *pol* sequences.<sup>2</sup> This analysis revealed that many patients harboring X4 viruses shared most recent common ancestors that traced back to only between 1 and 12 months before the collection date (Fig. 1A and B). Analysis of the proportion of the total number of LTT present in *pol* and *env* HIV-1 phylogenies also supports the recent origin of some X4 lineages, showing that between 10% and 35% of the viral lineages emerged after 2009 (Fig. 1C and D). Thus, a significant proportion of the Warao Amerindians carrying X4 HIV-1 strains was probably infected between 1 and 24 months before the date of sampling.

Because each HIV-1 sequence from the Warao population was obtained from a different patient, maximum estimates of the time between transmissions could be deduced from the analysis of the overall distribution of internode intervals of time-scaled *pol* and *env* phylogenies.<sup>18,19</sup> According to the *pol/env* phylogenies, the median time between transmissions in the Warao population was estimated at 8.4/17.6 months of infection with 16%/15%, 47%/21%, and 68%/47% of trans-

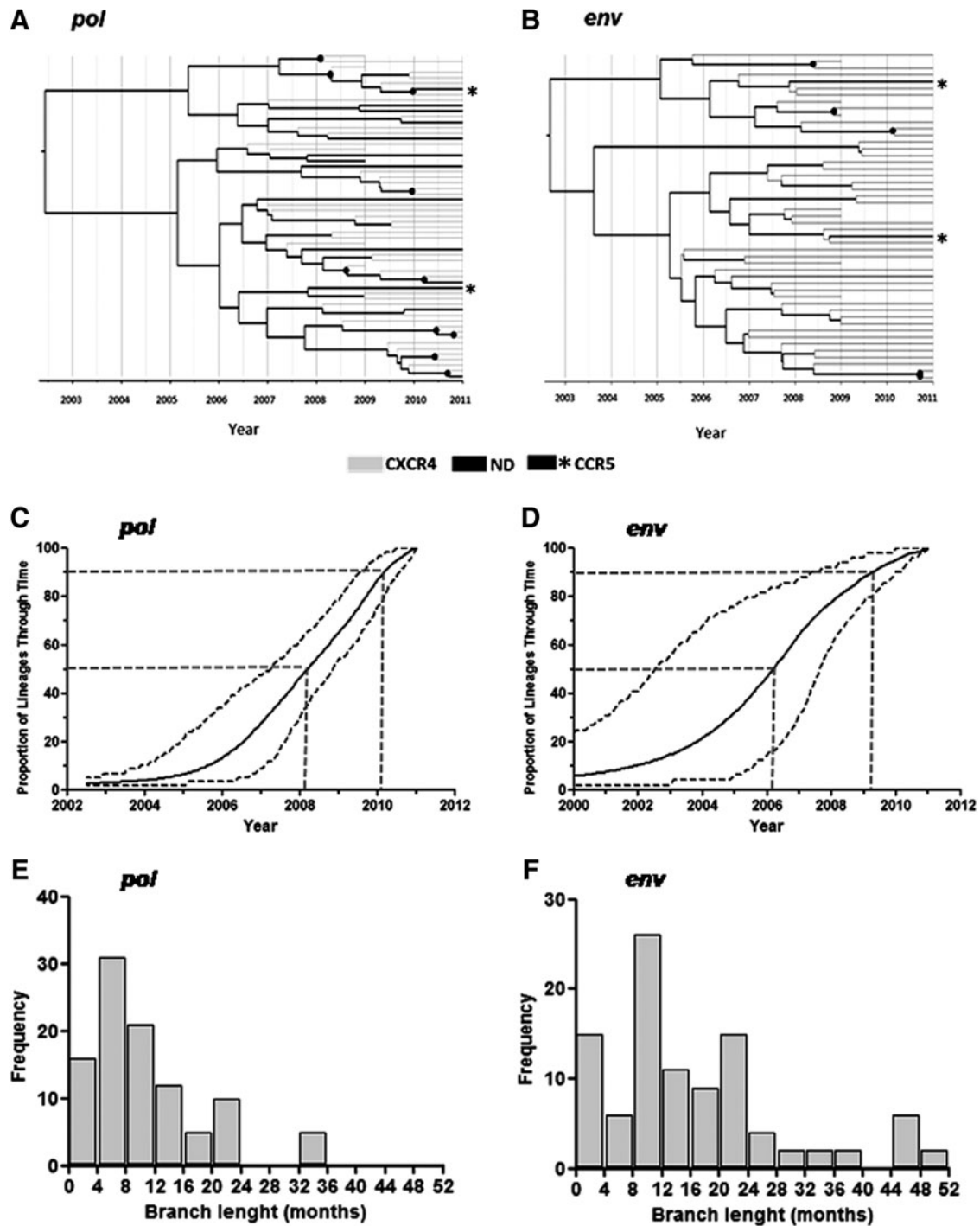
missions occurring within 4, 8, and 12 months of infection, respectively (Fig. 1E and F). Thus, a great proportion (50–70%) of HIV-1 transmissions in the Warao population occurred within the very early ( $\leq 12$  months) phase of infection.

The transmission intervals estimated for the Warao Amerindians (8–18 months) were similar to the one estimated for networks of men having sex with men (MSM) in London (14 months),<sup>18</sup> and were much lower than that estimated for transmission networks of heterosexual individuals in the United Kingdom (22–32 months).<sup>19</sup> This suggests that despite the great differences in the network sizes between MSM populations in London and the Warao Amerindian populations, the rate of viral transmission was remarkably similar in both populations. Notably, a significantly higher HIV-1 prevalence was found among males (15.6%) compared to females (2.6%) in the Warao population, supporting the hypothesis of the importance of homosexual/bisexual practices for HIV-1 subtype B spread among Warao Amerindians.<sup>3</sup> Other risk practices that may contribute to the fast spread of HIV such as tattooing have not been described in Warao tribes (J. Villalba and W. Werner, personal communication), while intravenous drug use was admitted by only one HIV patient. While hepatitis B virus (HBV) infection is common in Warao Amerindians, hepatitis C virus (HCV) infection has not been detected yet (F.H. Pujol, personal communication).

Differences in the median time scale of *pol* and *env* phylogenies have probably resulted from the larger interval of the *env* substitution rate ( $4.0 \times 10^{-3}$ – $10.0 \times 10^{-3}$  substitution/site/year) compared to that previously used for *pol* ( $1.5 \times 10^{-3}$ – $2.5 \times 10^{-3}$  substitution/site/year).<sup>2</sup> Because the temporal information contained in the sequence data was low, the estimated time of the most recent common ancestor of the *pol* time-scaled phylogeny (2002: 1998–2005) was much more precise than that of the *env* time-scaled phylogeny (1999: 1989–2004). The credibility interval of both estimated, however, displayed a significant overlap (1998–2004) and should not be considered as significantly different. Additionally, the different number of patients included in *pol* ( $n=59$ ) and *env* ( $n=49$  patients) analysis may also explain the differences in the median proportion of the total number of LTT and maximum estimates of the time between transmissions inferred from both data sets.

Despite those differences, both *pol* and *env* analyses clearly point to very short intrahost evolutionary times and short HIV transmission intervals in Warao Amerindians, thus supporting the notion that the large proportion of HIV-1 X4 viruses observed in this population most probably resulted from the rapid transmission of X4 viruses, rather than from the recurrent intrahost switch from R5 to X4 viruses.

Additional data that may support this hypothesis came from the analysis of the sequences of the V3 loop of this population, where two amino acid signatures were found in positions 11 and 21. Serine in position 11 was conserved and histidine (H) in position 21 was conserved in all but two sequences (w49 and w14) (Supplementary Data; Supplementary Data are available online at [www.liebertpub.com/aid](http://www.liebertpub.com/aid)), but were absent from other Venezuelan and non-Venezuelan subtype B sequences evaluated (data not shown). Position 25 shows a variability similar to non-Warao samples, and the 11/25 rule has been described as an important factor to determine HIV tropism.<sup>20</sup> In the case of H 21, *in silico* substitution of H21Y reverted the X4 tropism in



**FIG. 1.** Time scaled phylogenies of HIV-1 subtype B in Waraos Amerindians. (A, B) Bayesian MCC trees obtained from *pol* (A) and *env* (B) datasets are shown. Branch lengths are shown in years according to the scale bar at the bottom of each panel. Tip branches are in *grayscale* to represent the virus tropism as indicated in the legend at bottom center. *Black circles* indicate the position of those most recent common ancestors that traced back to <12 months before the collection date of X4 viruses; asterisk (\*) indicates CCR5 tropism. ND, not determined. (C, D) Graphics represent the mean (*solid line*) and 95% highest probability density (HPD) interval (*dashed lines*) estimates of the proportion of the total number of HIV lineages (y-axis) through time (x-axis) present in the time-scaled *pol* (C) and *env* (D) phylogenies. *Dashed lines* indicate the points at which the proportions of 50% and 90% were reached. (E, F) Histograms of internal branch lengths from *pol* (E) and *env* (F) time-scaled trees, representing maximum transmission intervals from infection.

eight Warao isolates, and introduction of H 21 to R5 HIV isolates transformed 6/10 to X4 isolates (data not shown), suggesting that this amino acid might play a role in the high prevalence of X4 Warao isolates observed. The high conservation in positions 11 and 21 could be an indication of an initial transmission of an X4 virus in the Warao Amerindians and is in concordance with the monophyletic characteristic of the outbreak.<sup>2,4</sup> However, the environmental or ecological promotion of a very rapid intrahost switch from R5 to X4 viruses in the Warao Amerindians cannot be excluded. In particular, tuberculosis (TB) produces a permissive environment for replication of CXCR4-using virus<sup>21</sup> and a very high rate of tuberculosis infection and disease has previously been described in this Amerindian population.<sup>22–24</sup>

In summary, the devastating HIV-1 epidemic in Warao Amerindians is accompanied by an extremely high prevalence of X4 strains, very short HIV transmission intervals, a high prevalence of tuberculosis, and limited access to anti-retroviral therapy and overall health care.<sup>8</sup> These factors combined could have important implications in accelerating the time to reach the AIDS stage and greatly reducing the life span of HIV-infected Warao individuals. This evidence points to the need for urgent intervention to control the spread of the disease in this isolated and vulnerable Amerindian population.

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#### Author Disclosure Statement

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