

RESEARCH ARTICLE

Trypanosoma cruzi Intracellular Amastigotes Isolated by Nitrogen Decompression Are Capable of Endocytosis and Cargo Storage in Reserosomes

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Abstract

Epimastigote forms of *Trypanosoma cruzi* (the etiologic agent of Chagas disease) internalize and store extracellular macromolecules in lysosome-related organelles (LROs) called reserosomes, which are positive for the cysteine protease cruzipain. Despite the importance of endocytosis for cell proliferation, macromolecule internalization remains poorly understood in the most clinically relevant proliferative form, the intracellular amastigotes found in mammalian hosts. The main obstacle was the lack of a simple method to isolate viable intracellular amastigotes from host cells. In this work we describe the fast and efficient isolation of viable intracellular amastigotes by nitrogen decompression (cavitation), which allowed the analysis of amastigote endocytosis, with direct visualization of internalized cargo inside the cells. The method routinely yielded 5×10^7 amastigotes—with typical shape and positive for the amastigote marker Ssp4—from 5×10^6 infected Vero cells (48h post-infection). We could visualize the endocytosis of fluorescently-labeled transferrin and albumin by isolated intracellular amastigotes using immunofluorescence microscopy; however, only transferrin endocytosis was detected by flow cytometry (and was also analyzed by western blotting), suggesting that amastigotes internalized relatively low levels of albumin. Transferrin binding to the surface of amastigotes (at 4°C) and its uptake (at 37°C) were confirmed by binding dissociation assays using acetic acid. Importantly, both transferrin and albumin colocalized with cruzipain in amastigote LROs. Our data show that isolated *T. cruzi* intracellular amastigotes actively ingest macromolecules from the environment and store them in cruzipain-positive LROs functionally related to epimastigote reserosomes.

Introduction

The internalization of extracellular macromolecules by eukaryotic cells occurs by clathrin-mediated or clathrin-independent endocytosis [1–4]. In the protozoan parasite *Trypanosoma cruzi* (Euglenozoa: Kinetoplastea), a hemoflagellate that causes Chagas disease in humans [5–8], endocytic events are well characterized in epimastigotes, proliferative forms found in the insect vector.

T. cruzi epimastigotes ingest macromolecules via endocytic vesicles formed at two specialized cortical structures located at the anterior of the cell: the cytostome/cytopharynx complex and the flagellar pocket membrane [5, 6, 9]. After endocytosis, internalized macromolecules are directed to lysosome-related structures (LROs) called reservosomes, and co-localize with cruzipain, the major cysteine proteinase in *T. cruzi* [5, 10–12]. All *T. cruzi* developmental forms have LROs, as shown by the co-localization of serine carboxypeptidase, cruzipain and chagasin in axenic epimastigotes, intracellular and tissue culture-derived amastigotes, and trypomastigotes obtained from culture supernatants [13]. However, contrary to the role of reservosomes in epimastigotes, it is possible that the LROs of intracellular amastigotes may not be used for the storage of extracellular macromolecules internalized by the parasite [13].

The iron transporter transferrin [14] is a key molecule internalized by *T. cruzi* epimastigotes. In trypanosomatids, transferrin obtained by endocytosis is the main source of iron ions that are essential for DNA replication, antioxidant defense, mitochondrial respiration and also for the synthesis of the modified base 'J' [15]. Previous works indicate that transferrin uptake in epimastigotes occurs by receptor-mediated (but clathrin-independent) endocytosis, mainly through the cytostome/cytopharynx [6,16], while albumin internalization occurs by clathrin-dependent endocytosis at the flagellar pocket membrane [6–8].

While endocytosis by *T. cruzi* epimastigotes has been studied in detail, the endocytic activity of proliferative intracellular amastigotes—the most clinically relevant form of the parasite—is poorly understood. Morphologically, the presence of a cytostome [17] and of LROs with large electron-lucent rods [13] (similar to the reservosomes found in epimastigotes [8,18]) suggest that endocytosis is likely to occur in the amastigote form. However, endocytosis has rarely been detected in intracellular *T. cruzi* amastigotes.

A pioneering study in 1973 showed that intracellular *T. cruzi* “spheromastigotes” (i.e., amastigote-like forms) incorporated melanin granules from chick embryo pigmented epithelial cells, via the cytostome [19]. Also, *T. cruzi* amastigotes express receptors for human transferrin [20], and require iron for growth in axenic conditions [21], in peritoneal macrophages *in vitro*, and in mice [22]. Amastigotes internalize holo-transferrin (i.e., iron-loaded transferrin), as shown by the inability of acid treatment to dissociate amastigote-bound holo-transferrin at 37°C, when endocytosis is active, while dissociation occurs readily at 4°C, when endocytosis is blocked [20]. However, these authors could not demonstrate the intracellular localization of the internalized transferrin. More recently, Waghbi and co-workers (2005) showed that intracellular amastigotes internalize transforming growth factor- β (TGF- β) from host cardiomyocytes (by a poorly characterized process of receptor-mediated endocytosis), and that TGF- β uptake is important to regulate the intracellular life cycle of the parasite [23]. Nevertheless, the exact localization of the internalized TGF- β could not be determined. Finally, an ultrastructural study showed a few surface-bound transferrin-gold complexes in amastigotes collected from the supernatant of infected Vero cell cultures, but again no intracellular labeling was found [5].

The difficulty in detecting endocytosis in intracellular amastigotes is likely due to the fact that endocytic assays are technically challenging in this life cycle form. When assays are performed using infected cells, labeled tracers are first taken up by the host cells and, therefore, are mostly unavailable for uptake by intracellular amastigotes in the host cell cytoplasm [24]. Performing endocytosis assays with isolated amastigotes may represent an interesting alternative.

Intracellular amastigotes can be isolated directly from infected spleen and liver [25] or from infected tissue culture cells [26, 27] by density gradient centrifugation (using metrizamide and/or Percoll). Density gradient-based protocols are, however, very laborious and involve several medium changes, which can lead to a considerable loss of parasite viability. A different protocol, adapted from a method to purify *T. cruzi* metacyclic trypomastigotes [28, 29], used anion-exchange chromatography to separate *T. cruzi* intracellular amastigotes from cell debris and trypomastigotes, after needle-based disruption of infected cells [30]. Although this is a robust option to purify amastigotes in a larger scale, chromatography is also time consuming, and the positively-charged resin may induce changes in the parasite's surface glycoconjugates.

In the present work, we introduce a rapid cavitation procedure to isolate *T. cruzi* amastigotes from Vero cells. In this protocol, cavitation by nitrogen decompression is followed by a few centrifugation steps (but no density gradients), allowing the rapid purification of viable intracellular amastigotes that are competent for endocytosis. Flow cytometry, fluorescence microscopy and western blotting analyses demonstrated that the *T. cruzi* amastigotes isolated using this new methodology were capable of internalizing transferrin and albumin from the extracellular milieu, and that these molecules were directed efficiently to LROs. Importantly, we detected co-localization of ingested transferrin and albumin with cruzipain, in LROs. Our data also suggest that the LROs of *T. cruzi* intracellular amastigotes correspond to reservosomes.

Materials and Methods

Reagents

BCIP-NBT Color Development Substrate was purchased from Promega Corporation (Madison, WI, USA). Alkaline phosphatase (AP)-conjugated rabbit anti-goat IgG and AP-conjugated rabbit anti-mouse IgG were purchased from Santa Cruz Biotechnology (Santa Cruz, CA, USA). Holo-transferrin, bovine serum albumin, Roswell Park Memorial Institute-1640 (RPMI-1640) medium, Dulbecco's modified Eagle medium (DMEM) and anti-transferrin goat IgG were purchased from Sigma-Aldrich (St. Louis, MO, USA). Bench Mark Protein Ladder, albumin-Alexa 488, transferrin-Alexa 633, Hoechst 33342, goat anti-mouse antibody coupled to AlexaFluor 488 or 594, and rabbit anti-goat antibody coupled to AlexaFluor 594 were purchased from Invitrogen-Life Technologies (Carlsbad, CA, USA). Prolong Gold antifade reagent was purchased from Molecular Probes-Life Technologies (Eugene, OR, USA). Fetal bovine serum (FBS) was purchased from Cultilab Ltda (Campinas, SP, Brazil). The anti-Ssp4 2C2 monoclonal antibody [30] was kindly provided by Dr. Renato Mortara (UNIFESP, Brazil).

Parasites

Culture epimastigote forms of *Trypanosoma cruzi* clone Dm28c [31] were maintained by weekly passages in liver infusion tryptose (LIT) medium [32] supplemented with 10% heat-inactivated fetal bovine serum (FBS), at 28°C.

In vitro-derived *T. cruzi* metacyclic trypomastigotes were obtained by incubating epimastigotes in TAU3AAG medium, according to a previously described metacyclogenesis (i.e., epimastigote-to-trypomastigote differentiation) protocol [33]. After 72 h of cultivation in this medium, ~80% of the cells in the supernatant were trypomastigotes.

Vero cells (ATCC CCL-81) were maintained in 75-cm² cell culture flasks (Corning Incorporated, Corning, NY, USA), in RPMI medium supplemented with 5% FBS, at 37°C (in a humidified 5% CO₂ atmosphere). Cells were infected with *in vitro*-derived metacyclic trypomastigotes (at a ratio of 10 parasites/cell), 24h after passage. After 4 h of interaction, host cell monolayers were washed with PBS (to remove non-adherent parasites) and then incubated in the same conditions with 7–10 ml DMEM medium supplemented with 10% FBS for four days, when

trypomastigote production peaked. Then, culture supernatants were collected, and cell-derived trypomastigotes that had been released into the supernatant were harvested by centrifugation at 3,000g, for 15 min.

Axenic amastigotes were obtained by *in vitro* amastigogenesis [34]. Briefly, trypomastigotes were collected from the supernatant of infected Vero cell cultures (4-days post-infection), washed with PBS and incubated in high glucose DMEM medium, at pH 5, and 37°C (in a humidified 5% CO₂ atmosphere). After 24 hours, almost 100% of the cells had an amastigote shape.

Isolation of *T. cruzi* intracellular amastigotes by nitrogen cavitation

To isolate intracellular amastigotes from host cells, five culture flasks with 1x10⁶ infected Vero cells each were washed three times with PBS (under gentle agitation), 48 hours post-infection (i.e., at the peak of intracellular amastigote replication), to eliminate contamination with extracellular amastigotes. Then, cultures were trypsinized for 10 min at 37°C, and the trypsinization was halted by the addition of cold FBS 1:1 (v/v). The infected cells in suspension were lysed by nitrogen decompression (cavitation), in a 4639 cell disruption vessel (Parr Instrument Company, Moline, IL, USA), using 180 psi pressure, for 5 min. Intact Vero cells were removed by centrifugation at low speed (10 min, 800g), and intracellular amastigotes were recovered from the supernatant. Cell debris were removed from the amastigote fraction by three centrifugation steps at 2,000g for 5 minutes, to produce a supernatant of isolated intracellular amastigotes.

Endocytosis assay

Isolated intracellular amastigotes, axenic amastigotes and culture epimastigotes (positive control) were subjected to a previously described endocytosis assay [5], using 2x10⁶ parasites for flow cytometry analyzes, 5x10⁶ for fluorescence microscopy studies and 10⁷ for western blotting. Briefly, after 15 min under stress in PBS at 25°C, parasites were incubated with 50 µg/ml transferrin-AlexaFluor 633 or albumin-AlexaFluor 488, for 30 min, at 37°C (amastigotes) or 28°C (epimastigotes). Alternatively, parasites were incubated at 4°C to allow transferrin binding without internalization [6], or the retention of albumin in the flagellar pocket [10]. Negative control cells were incubated in the absence of labeled transferrin or albumin.

Transferrin dissociation assay

Membrane-bound transferrin was dissociated using a previously described method [17], with modifications. Parasites were subjected to endocytosis assays as described above (using 50 µg/ml transferrin-AlexaFluor 633) and then incubated for 5s at 4°C with 0.25 M acetic acid/0.5 M sodium chloride, pH 3.5, after which the pH was quickly neutralized with 1 M sodium acetate. Transferrin dissociation from the parasite's surface was analyzed by western blotting and flow cytometry, as described below.

Western blotting. For western blotting, 10⁷ epimastigotes or isolated intracellular amastigotes that had been subjected to endocytosis and transferrin dissociation assays (using 125 µg/ml transferrin-AlexaFluor 633) were washed, resuspended in 15 µL PBS + 5 µL denaturing buffer (final concentration: 40 mM Tris-HCl pH 6.8, 1% SDS, 2.5% β-mercaptoethanol, 6% glycerol and 0.005% bromophenol blue), boiled for 5 min and then vortexed. Samples were run on 10% SDS-PAGE gels, and then transferred (by wet transfer) onto nitrocellulose membranes (Hybond C, Amersham Biosciences, Buckinghamshire, United Kingdom) according to standard protocols [35]. Membranes were blocked in blocking buffer (5% non-fat milk/0.05% Tween-20 in PBS), which was also used for all antibody incubations. After blocking, membranes were incubated for 2 h with an anti-transferrin goat antiserum (1:200, dilution), and then for 1 h with a mouse antiserum against TcGAPDH (1:5000 dilution) [36]. After 3

washes with 0.05% Tween-20/PBS, membranes were incubated for 1h with AP-conjugated rabbit anti-goat (1:7000 dilution) and AP-conjugated rabbit anti-mouse (1:500 dilution) IgG antibodies, washed 3 times with 0.05% Tween 20/PBS, and reactive bands were visualized using the BCIP-NBT solution, according to the manufacturer's instructions. The Bench Mark Protein Ladder (10–220 kDa) was used to determine molecular weights.

Transferrin band densitometry was performed using the ImageJ 1.45s software (National Institute of Mental Health-NIMH, Bethesda, Maryland, USA). Integrated band densities estimated by ImageJ were used to calculate the ratios between the signal at 28°C (epimastigotes) or 37°C (amastigotes) and that at 4°C, for both untreated and acetic acid-treated parasites.

Flow cytometry

Live parasites that had internalized transferrin-AlexaFluor 633 or albumin-AlexaFluor 488 were analyzed in a FACSAria II flow cytometer (Becton-Dickinson, San Jose, USA), using 660/20 and 530/30 nm band-pass filters, respectively. A total of 20,000 events were acquired in the regions of the FSC x SSC plot previously shown to correspond to parasites [37]. Data analysis was performed using the FlowJo software (FlowJo, Ashland, OR, USA), and the normalized median fluorescence intensities of transferrin and albumin were calculated as the ratios between the median fluorescence intensities of treated and untreated cells. Statistical analysis was performed using the software GraphPad InStat (GraphPad Software Inc, La Jolla, CA, USA), by ANOVA followed by Tukey-Kramer multiple comparisons test.

To detect the amastigote-specific surface protein Ssp4 [38], *in vitro*-derived metacyclic trypomastigotes and amastigotes (intracellular and axenic) were washed twice in PBS and fixed for 15 min in 4% formaldehyde. Cells were then incubated for 30 min at 28°C with an anti-Ssp4 monoclonal antibody [38] diluted to 1:3200, in PBS (pH 7.2). Samples were washed with PBS and incubated for 30 min at 28°C with a goat anti-mouse secondary antibody coupled to AlexaFluor 488 (1:1000 in PBS). Cells were washed with PBS and immediately analyzed by flow cytometry (as described above), using a 530/30 nm band pass filter. In parallel, anti-Ssp4 stained cells were adhered to poly-L-lysine coated slides and observed under a Nikon E600 epifluorescence microscope (Nikon Instruments, Tokyo, Japan).

Immunofluorescence microscopy

To detect native cruzipain, isolated amastigotes and culture epimastigotes were washed twice in PBS, fixed for 30 min with 4% paraformaldehyde, permeabilized for 5 min in 0.5% Triton in PBS, and incubated for 2 h at 37°C with 50 µg/ml anti-cruzipain monoclonal antibody (CZP-315.D9; [39]), in PBS. Samples were then washed three times in PBS and incubated, for 2 h at 37°C, with a goat anti-mouse secondary antibody coupled to AlexaFluor 488 diluted to 1:600 in 'incubation buffer' (PBS with 1.5% BSA).

To co-localize transferrin-AlexaFluor 633 or albumin-AlexaFluor 488 with cruzipain, parasites that had been subjected to endocytosis assays were fixed for 30 min in 4% paraformaldehyde and permeabilized for 5 min with 0.5% Triton in PBS. For co-localization with transferrin-AlexaFluor 633, samples were incubated with both CZP-315.D9 (50 µg/ml) and the anti-transferrin goat antiserum (to enhance the AlexaFluor 633 signal; diluted to 1:150 in incubation buffer), washed three times in PBS and then incubated with goat anti-mouse-AlexaFluor 488 (to detect cruzipain) and rabbit anti-goat—AlexaFluor 594 (to detect transferrin) secondary antibodies (diluted to 1:600 in incubation buffer). For co-localization with albumin-AlexaFluor 488, samples were incubated with CZP-315.D9 and then with a goat anti-mouse-AlexaFluor 594 secondary antibody (using the same dilution conditions mentioned above).

After antibody incubations, all samples were washed three times in PBS, incubated for 5 min with 1.3 nM Hoechst 33342, mounted with Prolong Gold antifade reagent and examined under a Nikon Eclipse E600 epifluorescence microscope.

Results and Discussion

Rapid and efficient isolation of viable *T. cruzi* intracellular amastigotes by nitrogen decompression

T. cruzi epimastigote forms internalize albumin and transferrin and store these molecules in reservosomes, the late endocytic organelles in this parasite stage [5,8]. In contrast, little is known about the endocytic activity of the proliferative intracellular amastigote form, which prevails in chronic chagasic patients and represents the most clinically relevant form of this parasite [40]. Thus, the aim of our study was to analyze the endocytic activity of amastigotes by using transferrin and albumin as probes.

Given that the study of endocytosis by intracellular amastigotes is hindered by the concomitant endocytic activity of host cells, we first attempted to make fluorescent-labeled endocytic tracers available to amastigotes directly in the host cell's cytoplasm, using mild detergent treatments (with saponin and lysolecithin) of infected cells; however, host cells were killed by the lowest detergent concentrations required for transferrin entry into the cytoplasm (data not shown).

Therefore, we developed a protocol to isolate viable, endocytosis-competent intracellular amastigotes from infected host cells, using nitrogen decompression (also known as nitrogen cavitation). Nitrogen decompression is an effective method for lysis and homogenization of cell suspensions [41], and is based on oxygen-free nitrogen dissolution under high pressure. After a sudden release of the pressure, nitrogen 'bubbles out' from the solution, including the cell interior, culminating in plasma membrane disruption. Depending on the cell type, higher pressures (leading to higher nitrogen dissolution) are needed for effective lysis. Mammalian cells are successfully disrupted after the release of 250–500 psi of pressure, while smaller cells with a resistant cell wall, such as bacteria, need around 1,500 psi [41]. Trypanosomatids have a sub-pellicular corset of microtubules that maintains parasite shape and provides resistance to mechanical pressure [42]. Hence, higher pressures are required to disrupt *T. cruzi* cells by cavitation, when compared with those needed to lyse mammalian cells, and we explored this difference efficiently to release intracellular amastigotes from infected cells.

Cell disruption by nitrogen decompression allowed the release of $\sim 5 \times 10^7$ amastigotes per 5×10^6 infected Vero cells (NIH 3T3 fibroblasts and H9C2 myoblasts were also used successfully for intracellular amastigote isolation; data not shown). Morphological analysis by light microscopy showed that the parasites obtained by nitrogen cavitation had the typical amastigote shape (Fig 1A). Flow cytometry analysis of parasites labeled for the amastigote-specific surface protein Ssp4 showed that isolated intracellular amastigotes had strong Ssp4 expression, similar to that observed in axenic amastigotes (Fig 1B), while trypomastigotes and epimastigotes did not express Ssp4. These data confirmed that the isolated parasites were indeed amastigotes. Interestingly, isolated intracellular amastigotes had a narrower profile of Ssp4 expression than axenic amastigotes, indicating that axenic amastigotes constitute a more heterogeneous population formed by parasites in a variety of differentiation stages.

Infected Vero cells containing intracellular amastigotes were more susceptible to cavitation than uninfected ones, and could be lysed effectively with as little as 180 psi, a condition that did not affect intracellular amastigotes (S1 Fig). Flow cytometry using a GFP-fluorescent *T. cruzi* clone [43] showed that, after cavitation, almost all infected Vero cells were disrupted, releasing GFP-positive viable intracellular amastigotes (S1 Fig). In contrast, uninfected Vero cells could only be lysed efficiently after the release of 350–400 psi, which also disrupted $\sim 25\%$ of

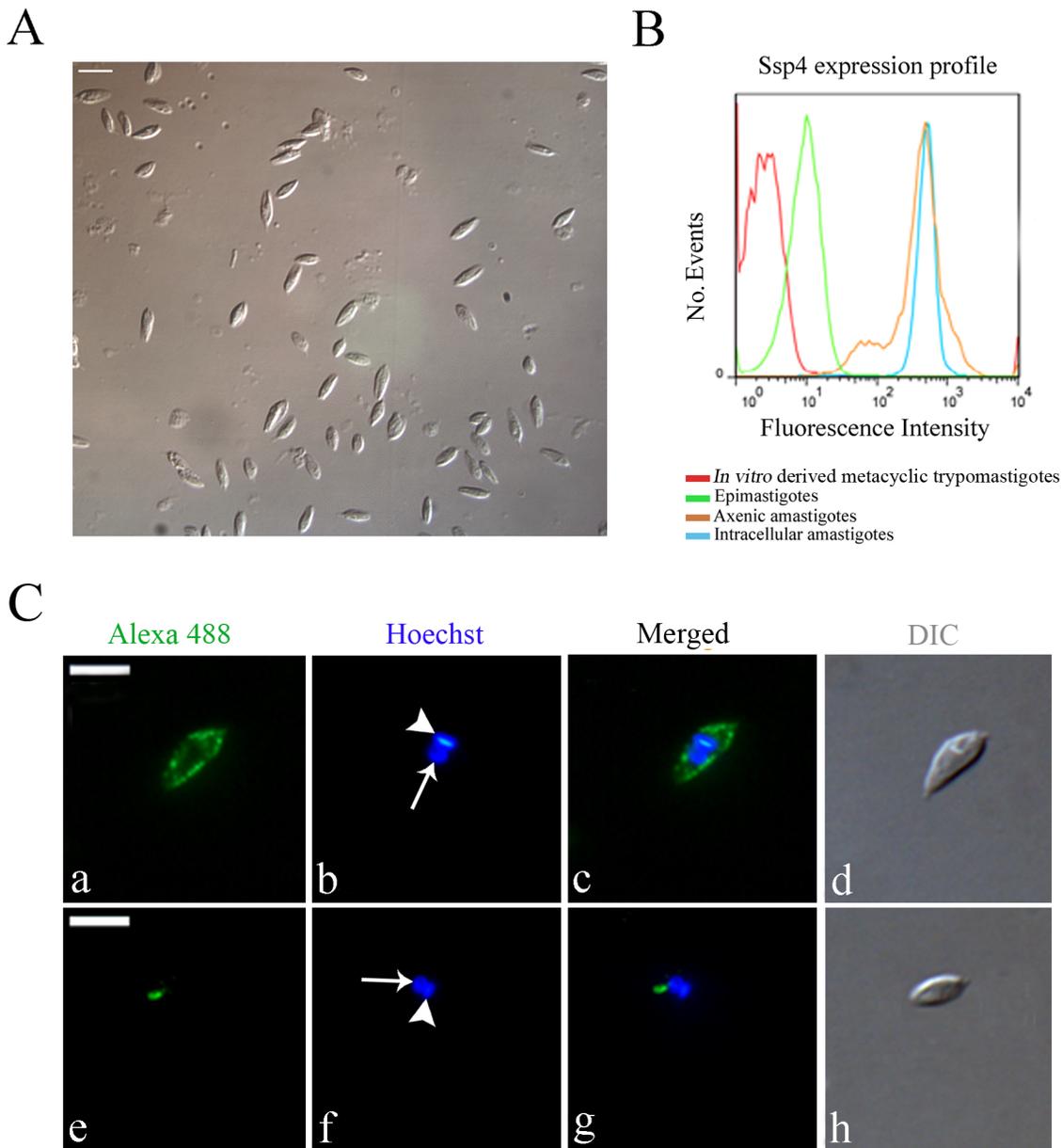


Fig 1. *Trypanosoma cruzi* intracellular amastigotes isolated by nitrogen decompression have normal shape, high levels of Ssp4, and cruzipain labeling in posterior organelles. (A) Differential interference contrast (DIC) image of the fraction of isolated intracellular amastigotes obtained after nitrogen decompression and differential centrifugation. Note that most cells have the typical amastigote shape. Scale bar, 10 μ m. (B) Flow cytometry analysis of axenic and isolated intracellular amastigotes, culture epimastigotes and *in vitro*-derived trypomastigotes labeled with an antibody against Ssp4, a specific amastigote marker. Trypomastigotes and epimastigotes had low levels of fluorescence signal (possibly due to auto-fluorescence), while axenic and intracellular amastigotes showed higher fluorescence intensity. (C) Immunofluorescence microscopy of isolated intracellular amastigotes labeled with an anti-Ssp4 antiserum (green, in a-d), or with the anti-cruzipain monoclonal antibody CZP-315.D9 (green, in e-h). The nucleus (arrow) and the kinetoplast (arrowhead) are stained blue with Hoechst 33342, and parasite morphology was visualized by DIC. While Ssp4 localizes to the cell surface, the cruzipain signal is found specifically in lysosome related organelles posterior to the nucleus. Scale bars, 5 μ m.

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intracellular amastigotes (not shown). Hence, by performing nitrogen cavitation at 180 psi, only infected cells were disrupted, resulting in increased recovery of intact amastigotes and a reduction in the amount of cell debris, which could be removed easily by successive washes

(Fig 1A). We used a 5-min cavitation period routinely, and longer cavitation periods (10 min) did not increase parasite yield (data not shown).

We confirmed the expression of Ssp4 by indirect immunofluorescence, and also to analyzed the localization of the reservosome/LRO marker cruzipain in intracellular amastigotes (Fig 1C). We observed a strong Ssp4 signal on the cell surface of isolated intracellular amastigotes (Fig 1C), as previously described for extracellular amastigotes obtained from the transformation of blood or cell culture trypomastigotes [38]. The anti-cruzipain monoclonal antibody CZP-315.D9 recognized an LRO-like structure posterior to the nucleus (Fig 1C), a localization compatible with that of LROs [13].

Previously described methods for the isolation of *T. cruzi* amastigotes are laborious and involve several medium changes and/or anion-exchange chromatography [25–29], with considerable loss of parasite viability and likely changes in the amastigote surface glycoconjugates (due to the interaction with the positively-charged resin). The nitrogen decompression method for intracellular amastigote isolation described here is easier and faster than previously described protocols, and yields viable amastigotes efficiently, and is likely to represent an excellent tool for studies on different aspects of amastigote biology.

Isolated intracellular amastigotes internalize fluorescently-labeled transferrin

Most data suggestive of endocytosis by amastigotes is indirect [19–23]. Soares and De Souza (1991) showed direct evidence of transferrin binding to the surface of cell-derived amastigotes, but not of transferrin internalization, suggesting a low level of endocytic activity by amastigotes [5]. In our work we have also tried to visualize transferrin endocytosis directly by transmission electron microscopy (TEM) in isolated intracellular amastigotes, but no intracellular transferrin-gold complexes were observed (data not shown). These results were likely due to the relatively low endocytic activity of amastigotes, compared with that of epimastigotes, where cargo-gold complexes can be readily detected by TEM. Thus, we attempted to detect endocytosis in isolated intracellular amastigotes by more sensitive techniques than TEM, such as western blotting and flow cytometry.

Using western blotting, we confirmed the presence of holo-transferrin (MW 76–81 kDa) in protein extracts of amastigotes and epimastigotes (positive control cells) subjected to a transferrin uptake assay (Fig 2). The anti-TcGAPDH antiserum used as a loading control recognized a polypeptide of the correct molecular weight (~40 kDa) in all *T. cruzi* developmental forms (Fig 2A).

Whole cell extracts of isolated intracellular amastigotes incubated at the endocytosis-permissive temperature of 37°C (likely to include both surface bound and internalized transferrin) contained more transferrin than extracts of parasites incubated at 4°C, when endocytosis does not occur and, thus, only surface-bound transferrin should be detected (Fig 2A). After a rapid (5s) acetic acid treatment, which leads to the dissociation of surface-bound transferrin [20], holo-transferrin levels in amastigotes incubated at 37°C remained similar to those observed without acetic acid treatment. In epimastigotes, transferrin localizes inside the flagellar pocket and the cytostome/cytopharynx complex, and then accumulates in the reservosomes [5,8]. While the intracellular pool of labeled transferrin is not accessible to acetic acid treatment, this treatment is expected to remove most surface-bound transferrin, in parasites incubated at 4°C. In this study, we observed a residual signal after acetic acid treatment in parasites incubated at 4°C (Fig 2A), probably due to surface-bound transferrin that could not be readily removed from to the interior of the cytostome/cytopharynx or from the flagellar pocket (Fig 2A). Densitometry analysis showed that the ratio between the transferrin signal at 28°C and that at 4°C was higher for parasites treated with acetic acid compared with untreated parasites (Fig 2B), in

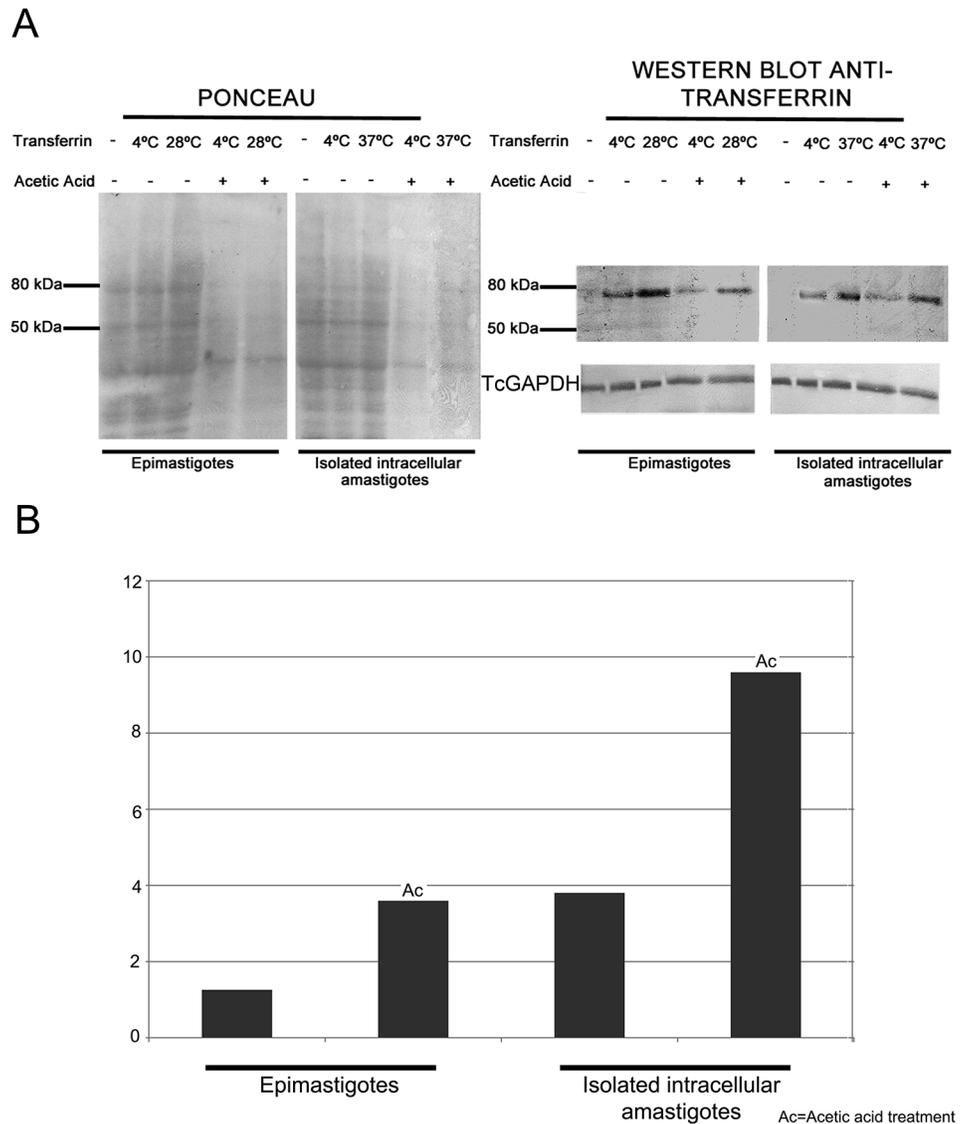


Fig 2. Western blotting analysis of transferrin-AlexaFluor 633 uptake in isolated *Trypanosoma cruzi* intracellular amastigotes. (A) Detection of holo-transferrin (using anti-transferrin goat antiserum) in total protein extracts of isolated intracellular amastigotes and epimastigotes (positive control for endocytosis) endocytosis assays at different temperatures. The panel on the left shows the Ponceau-stained membrane used for transferrin immuno-blotting analysis (on the right). The protein band with approximately 80 kDa corresponds to transferrin. Protein extract from isolated intracellular amastigotes incubated with transferrin at 37°C showed a strong band, indicating transferrin internalization. TcGAPDH (~40 kDa) was used as a loading control. (B) Ratios between the integrated densities of the transferrin band at 28 or 37°C and 4°C (Y-axis), based on measurements performed using ImageJ.

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agreement with the hypothesis that acid treatment removed the predominantly surface-bound transferrin at 4°C, while the internalized transferrin prevalent in parasites incubated at 37°C was resistant to acid treatment.

Overall, the western blotting data suggest that transferrin binds to the surface of amastigotes (at 4 and 37°C) and is internalized by parasites (at 37°C). A positive control for endocytosis using epimastigotes (at an endocytosis-permissive temperature of 28°C, instead of 37°C)

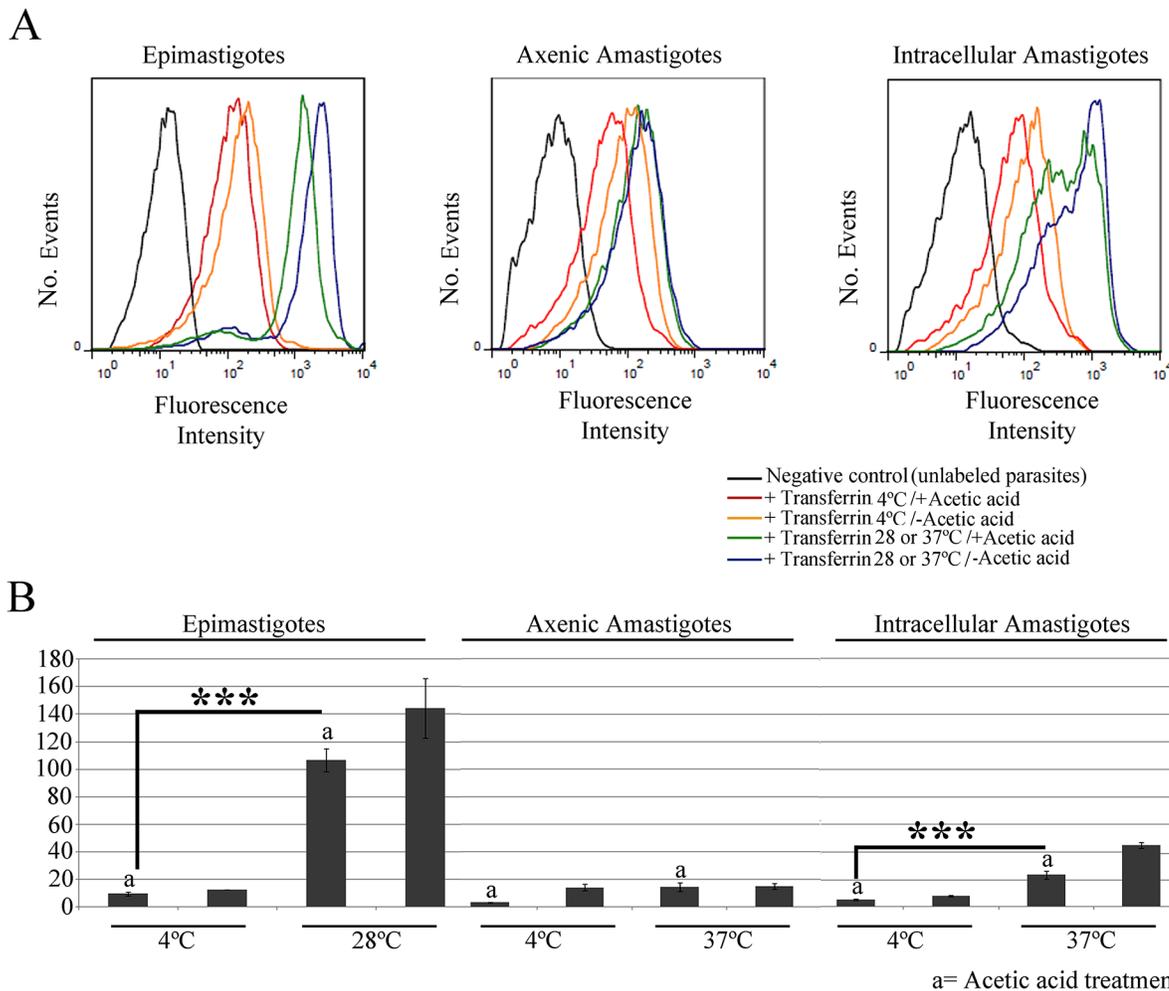


Fig 3. Flow cytometry analysis of transferrin-AlexaFluor 633 endocytosis by amastigotes and epimastigotes of *Trypanosoma cruzi*. (A) Flow cytometry histograms of parasites incubated with transferrin at different temperatures, and then treated with acetic acid, or left untreated. Epimastigotes were used as positive control, and negative control parasites (black) were incubated in medium without labeled transferrin. These data show that isolated intracellular amastigotes internalize transferrin at 37°C. (B) Normalized medians (stained/unstained control) of the fluorescence peaks. Note the low endocytosis levels in axenic amastigotes (N = 3). ***p<0.001. a, acetic acid treatment.

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showed a very similar pattern to that observed for amastigotes, supporting our interpretation of the amastigote data.

Isolated intracellular amastigotes have higher intracellular levels of labeled transferrin than axenic amastigotes

Flow cytometry analysis provided further support to the notion that transferrin is internalized by isolated intracellular amastigotes, since the transferrin-AlexaFluor 633 signal in these parasites increased significantly ($p < 0.001$) when endocytic assays were performed at the endocytosis-permissive temperature 37°C, compared with samples incubated at 4°C (Fig 3A). The fluorescence signal increased in cells incubated at 4°C, compared with controls without transferrin, in line with the western blotting data that suggest that binding of transferrin to the surface of isolated intracellular amastigotes occurs at this temperature. The transferrin-AlexaFluor 633 signal decreased after acetic acid treatment in isolated intracellular amastigotes incubated

at 4°C, and also in those incubated at 37°C. However, the fluorescence intensity of cells incubated at 37°C and treated with acetic acid remained higher than that of cells incubated at 4°C, but not subjected to acid treatment (Fig 3A). These results suggest that a considerable proportion of the labeled transferrin in cells incubated at 37°C was found in internal organelles and, thus, was resistant to acid treatment (Fig 3A).

Similar results were obtained for a positive control for endocytosis using epimastigotes (at an endocytosis-permissive temperature of 28°C, instead of 37°C): the fluorescence signal was higher in cells incubated at 28°C, when compared with those incubated at 4°C (Fig 3A). Also, acetic acid treatment decreased the fluorescence intensity in both cases, although a higher signal remained in cells incubated at 37°C, indicating transferrin internalization.

Interestingly, we observed a relatively low fluorescence signal in axenic amastigotes incubated at 37°C, similar to that seen in cells incubated at 4°C (Fig 3A). These data indicate that axenic amastigotes ingest only a limited amount of transferrin and, therefore, do not represent a reliable model for studies on *T. cruzi* endocytosis. Normalized medians of the fluorescence peaks showed that the endocytic activity is higher in epimastigotes than in isolated intracellular amastigotes, while axenic amastigotes showed only minimal endocytic activity (Fig 3B).

Labeled transferrin co-localizes with cruzipain in lysosomal-related organelles (LROs) of isolated intracellular amastigotes

To examine the destination of the internalized transferrin, isolated intracellular amastigotes were subjected to endocytosis assays and then processed for immunofluorescence for the detection of transferrin and also of cruzipain, a marker of LROs (i.e., the reservosomes), the final destination of internalized transferrin in epimastigotes. In positive control cells (epimastigotes) incubated at 4°C, only cruzipain was detected in the reservosomes, located at the posterior end of the cell (Fig 4A and 4D), while transferrin was found at the anterior end of the cell (likely

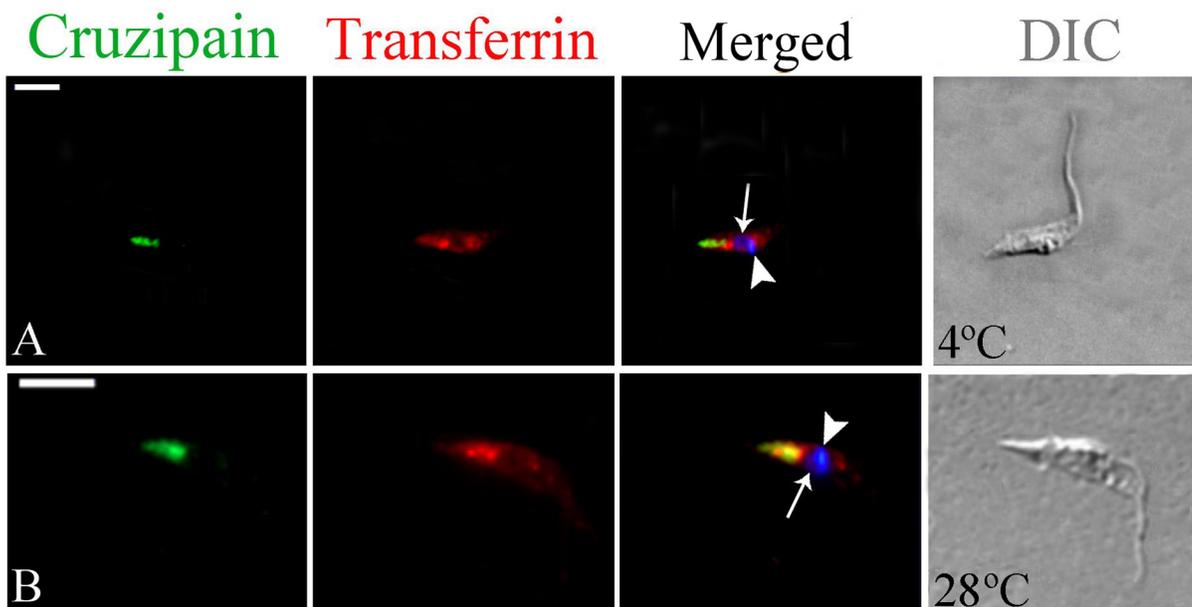


Fig 4. Fluorescence microscopy analysis of transferrin-AlexaFluor 633 endocytosis by *Trypanosoma cruzi* epimastigotes. Cells were allowed to ingest transferrin and were then labeled with an anti-transferrin antibody (in red) and with the anti-cruzipain mAb CZP-315.D9 (CZP; in green). At 4°C no co-localization was observed (A), while transferrin and cruzipain co-localized at the posterior region of the cell after incubation at 28°C (B), resulting in yellow staining of the reservosomes. The nucleus (arrow) and kinetoplast (arrowhead) are stained with Hoechst 33342 (in blue). DIC, differential interference contrast. Scale bars, 5 μm.

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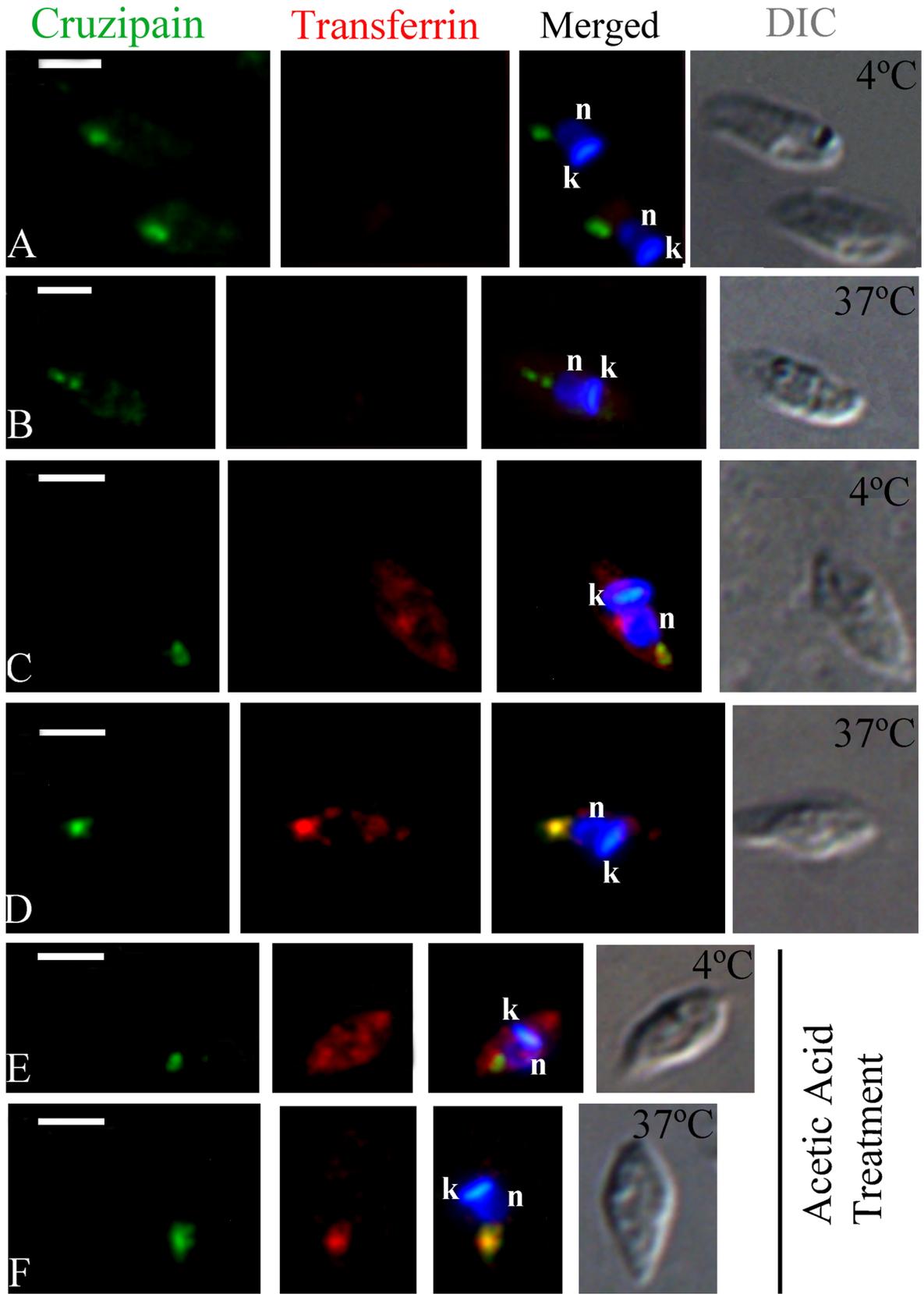


Fig 5. Fluorescence microscopy analysis of transferrin-AlexaFluor 633 endocytosis by isolated intracellular amastigotes of *Trypanosoma cruzi*.

Cells were allowed to ingest transferrin-AlexaFluor 633 and were then incubated with anti-transferrin antibody (in red) and anti-cruzipain mAb (GZP-315.D9; in green). (A-B) Isolated intracellular amastigotes incubated without transferrin at 4°C or 37°C, showed no transferrin labeling (negative control), while cruzipain was located at the posterior region of the cell. (C) Isolated intracellular amastigotes incubated with transferrin at 4°C. No co-localization with cruzipain was observed. (D) Isolated intracellular amastigotes incubated with transferrin at 37°C. Co-localization with cruzipain was observed at the posterior region of the cell. (E-F) Isolated intracellular amastigotes incubated with transferrin at 4°C and 37°C and then subjected to acetic acid treatment. No co-localization of transferrin with cruzipain was observed at 4°C (E), while co-localization with cruzipain occurred at the posterior region at 37°C (F). The nucleus (n) and the kinetoplast (k) were stained with Hoechst 33342 (in blue). DIC, differential interference contrast. Scale bars, 2.5 µm.

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corresponding to the cytostome) and in dense spots close to the nucleus, likely corresponding to the bottom of the cytopharynx [9,17,44]. In epimastigotes incubated at 28°C there was co-localization of transferrin with cruzipain at the reservosomes (Fig 4E and 4H), as previously shown [11,12,39].

As expected, transferrin labeling in isolated intracellular amastigotes (4 or 37°C) was not intense, but was clearly detectable in most cells. No co-localization with cruzipain occurred at 4°C: transferrin labeling was prominent at a discrete spot close to the nucleus and the kinetoplast (corresponding to the location of the bottom of the cytopharynx), while cruzipain localized to the posterior region of the cell (Fig 5A and 5B). In contrast, we detected co-localization of transferrin and cruzipain in LROs at the posterior region of the cell, in amastigotes incubated at 37°C, although co-localization was not clear in all cells (Fig 5C and 5D). A similar result was obtained when amastigotes were subjected to endocytosis assays and then treated with acetic acid (Fig 5E and 5F). These data indicate a low level of protein uptake; nevertheless, internalized transferrin was delivered to (and stored in) cruzipain-positive LROs at the posterior of the cell.

Ingested albumin co-localizes with cruzipain in isolated intracellular amastigotes, confirming a storage function for amastigote LROs

To examine the internalization of a different endocytic marker, we analyzed the uptake of albumin-AlexaFluor 488 complexes by isolated intracellular amastigotes, using flow cytometry. As expected, we observed an intense fluorescence signal indicative of albumin internalization in epimastigotes (i.e., positive control cells) incubated with Albumin-AlexaFluor 488 at 28°C; this signal was significantly higher ($p < 0.001$) than that observed in controls cells incubated at 4°C or not given the labeled tracer (Fig 6). However, only a weak albumin-AlexaFluor 488 fluorescence signal was detected in isolated intracellular amastigotes, regardless the experimental condition (Fig 6), indicating minimal endocytosis of albumin by this developmental form.

Despite the failure to detect albumin-AlexaFluor 488 internalization by flow cytometry, we could detect endocytosis of this labeled tracer by isolated intracellular amastigotes using fluorescence microscopy (Fig 7); however, labeling was relatively weak and not observed in all cells. Control experiments with epimastigotes showed that, at 4°C, albumin-AlexaFluor 488 complexes were occasionally found at the flagellar pocket region, but did not co-localize with cruzipain in the reservosomes (Fig 7A). However, at 28°C albumin and cruzipain co-localized in reservosomes, as shown here for the first time (Fig 7B). Similar results were obtained with isolated intracellular amastigotes: at 4°C no co-localization was observed (Fig 7C), while at 37°C albumin and cruzipain occasionally co-localized at LROs (Fig 7D). At both temperatures cruzipain was also detected in the anterior region of cell, maybe *en route* to LROs and/or to the secretory pathway. These results, combined with the flow cytometry data, indicate that amastigotes are capable of albumin uptake, albeit only at low levels.

Thus, contrary to the suggestion that amastigote LROs are not *bona fide* components of the endocytic pathway [13], our findings show that *T. cruzi* amastigote forms internalize

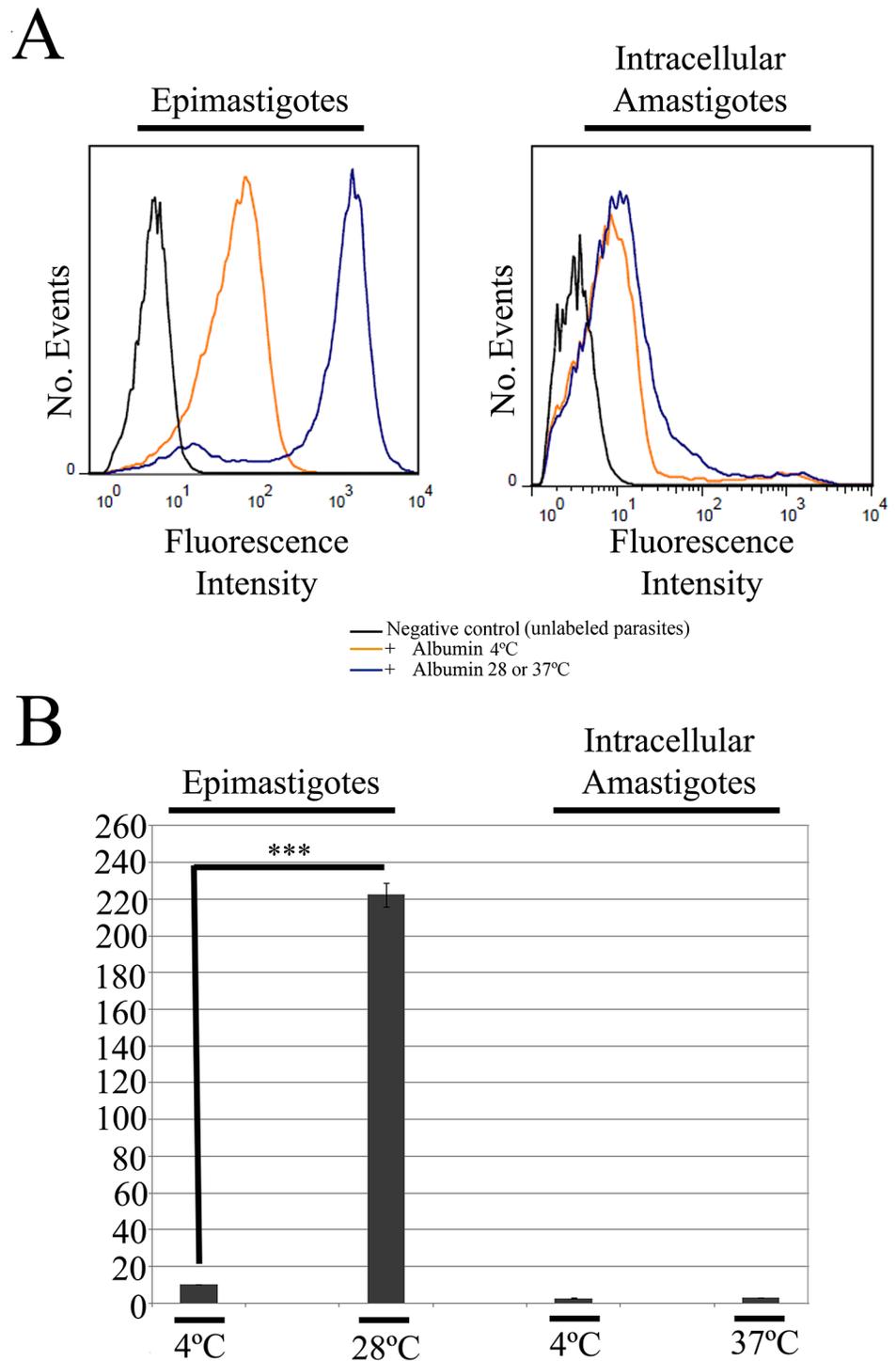


Fig 6. Flow cytometry analysis of albumin-AlexaFluor 488 endocytosis in *T. cruzi* by isolated intracellular amastigotes. (A) Flow cytometry histograms of cells incubated with labeled albumin at different temperatures. Epimastigotes were used as positive control, and negative control parasites (black) were incubated in medium without labeled albumin. These data show that isolated intracellular amastigotes internalize low amounts of albumin at 37°C. (B) Normalized medians of the fluorescence peaks, relative to the negative control (N = 3). ***p<0.001.

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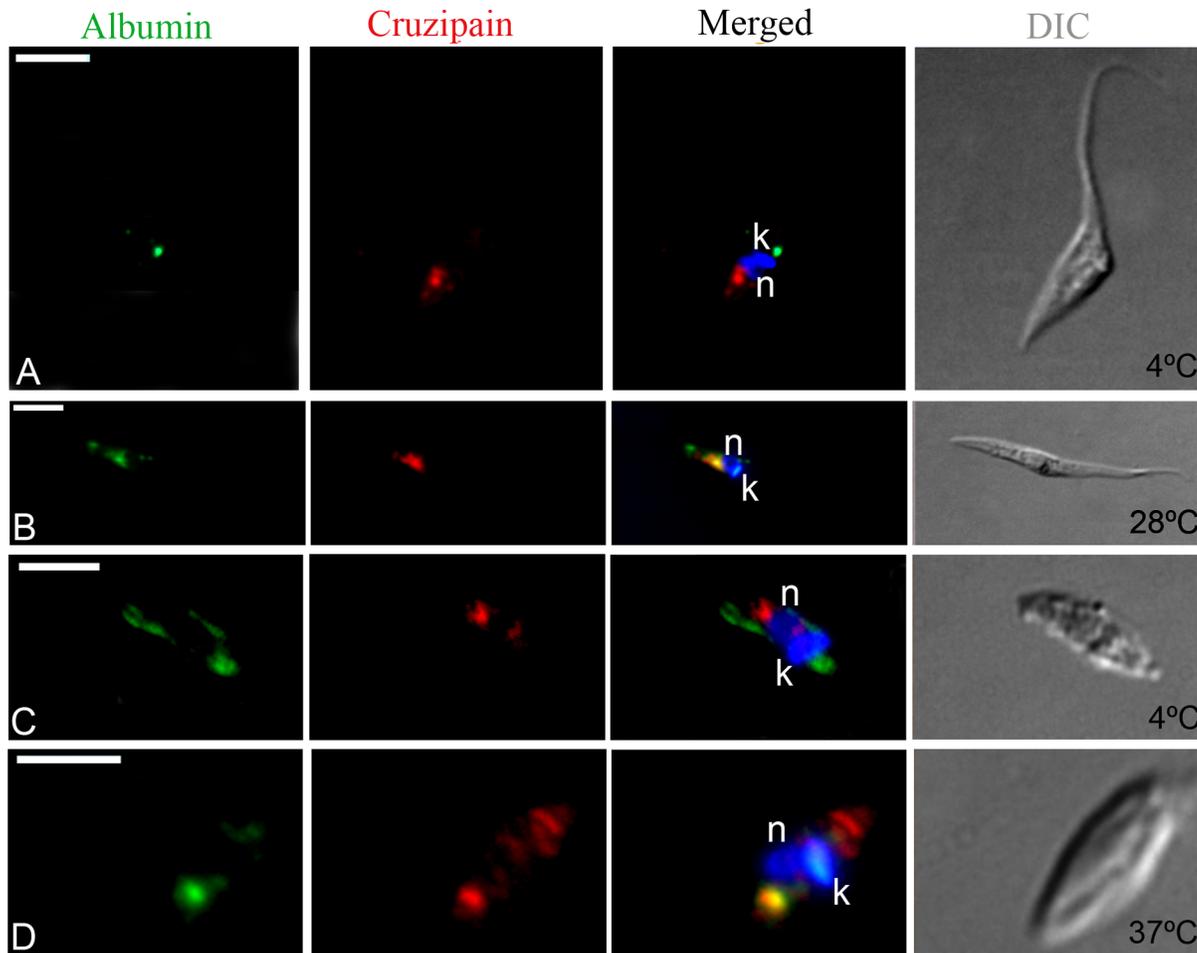


Fig 7. Fluorescence microscopy analysis of albumin-AlexaFluor 488 endocytosis by isolated intracellular amastigotes of *T. cruzi*. Cells were allowed to ingest albumin-AlexaFluor 488 (in green) and were then labeled with the anti-cruzipain mAb CZP-315.D9 (in red). In epimastigotes (A) and isolated intracellular amastigotes (C) incubated at 4°C, we did not observe co-localization of albumin (at the anterior end of the cell, nearest to the kinetoplast—k) and cruzipain (at the posterior end of the cell, nearest to the nucleus—n). In contrast, in epimastigotes (B) and isolated intracellular amastigotes (D) incubated at endocytosis-permissive temperatures (28°C or 37°C, respectively), we detected co-localization of albumin and cruzipain at the posterior region of the cell. The nucleus (n) and kinetoplast (k) are stained with Hoechst 33342 (in blue). DIC, differential interference contrast. Scale bars, 5 μm.

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macromolecules and target ingested cargo to cruzipain-positive LROs. To our knowledge, these data represent the first direct evidence that amastigote LROs correspond to the reservosomes observed in epimastigote forms (Fig 8).

Conclusions

Host cell lysis by nitrogen decompression (cavitation) allows rapid and efficient isolation of viable *T. cruzi* intracellular amastigotes that have the typical amastigote shape and are positive for the amastigote-specific antigen Ssp4. Our data show that isolated intracellular amastigotes of *T. cruzi* display endocytic activity, although at lower levels than epimastigotes. Also, we show that internalized cargo (transferrin and albumin) accumulates in amastigote LROs, a clear indication that these organelles are functionally related to the reservosomes observed in epimastigotes.

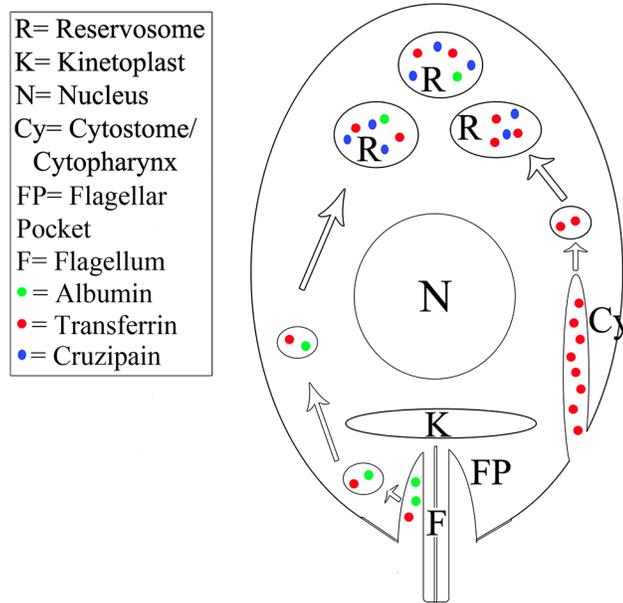


Fig 8. Schematic model of transferrin and albumin uptake by isolated *Trypanosoma cruzi* intracellular amastigotes. As in epimastigotes, transferrin uptake by amastigotes occurs mainly through the cytosome/cytopharynx complex (Cy). After internalization, transferrin is directed to the reserosomes (R), where it is stored together with lysosomal proteases such as cruzipain (Cz), the major cysteine protease of this parasite. Albumin (A) is internalized via the flagellar pocket region, but albumin endocytic activity is low. The destination of ingested macromolecules is the reserosomes.

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Supporting Information

S1 Fig. Flow cytometry analysis of intracellular amastigotes release by nitrogen cavitation.

Density plots showing the distribution of cell populations before and after Vero cell lysis by nitrogen decompression at 180 psi, compared with the profile obtained after trypsinization, but before nitrogen decompression. Vero cell cultures were infected with a GFP-expressing (GFP+) *T. cruzi* cell line, to verify host cell disruption and amastigote (Ama) release. Almost all infected Vero cells were disrupted after cavitation, releasing GFP+ amastigotes. Cell gates are marked in the plot on the right.

(TIF)

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Author Contributions

Conceived and designed the experiments: IE MJS. Performed the experiments: CMB RLK. Analyzed the data: CMB RLK IE MJS. Contributed reagents/materials/analysis tools: MJS. Wrote the paper: CMB RLK IE MJS.

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