Genotypes of Cryptococcus neoformans and Cryptococcus gattii as agents of endemic cryptococcosis in Teresina, Piauí (northeastern Brazil)

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Throughout Brazil, Cryptococcus neoformans is the cause of cryptococcosis, whereas Cryptococcus gattii is endemic to the northern and northeastern states. In this study, the molecular types of 63 cryptococcal isolates recovered from the cerebrospinal fluid of meningitis patients diagnosed between 2008-2010 in Teresina, Piauí, Brazil, were analysed. Out of the 63 patients, 37 (58.7%) were human immunodeficiency virus (HIV)-positive and 26 (41.3%) were HIV-negative. URA5-restriction fragment length polymorphism analysis identified 37/63 (58.7%) isolates as the C. neoformans VNI genotype, predominantly in HIV-positive patients (32/37, 86.5%), and 24/63 (38.1%) as the C. gattii VGII genotype, mostly in HIV-negative patients (21/26, 80.8%). The occurrence of C. gattii VGII in six apparently healthy children and in seven adolescents/young adults in this region reaffirms the endemic occurrence of C. gattii VGII-induced primary cryptococcosis and early cryptococcal infection. Lethality occurred in 18/37 (48.6%) of the HIV-positive subjects and in 13/26 (50%) of the HIV-negative patients. Our results provide new information on the molecular epidemiology of C. neoformans and C. gattii in Brazilian endemic areas.

Key words: Cryptococcus gattii - Cryptococcus neoformans - genotypes - endemic mycoses - children - immunocompetent host

Cryptococcosis is a global and invasive systemic mycosis caused by Cryptococcus neoformans (genotypes VNI, VNII, VNIII and VNIV) and Cryptococcus gattii (genotypes VGI, VGII, VGIII and VGIV) (Meyer et al. 2003). The infection is acquired by inhalation of viable propagules present in the environment. It primarily colonizes the lung but often spreads to other organs, especially the central nervous system (CNS), causing meningoencephalitis and cryptococcomas (Galanis & MacDougall 2010).

Globally, cryptococcosis by C. neoformans is a major cause of morbidity and mortality in immunocompromised individuals [e.g., in those with acquired immune deficiency syndrome (AIDS) or lymphoproliferative disorders and in those undergoing corticosteroid therapy and following organ transplantation]. In contrast, C. gattii infections prevail in regions with tropical and subtropical climates, predominantly affecting immuno-

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Accepted 16 August 2011

competent hosts (Lazera et al. 2005, Jobbins et al. 2010). Moreover, C. gattii has been linked to human and animal outbreaks and has been isolated in countries of temperate climate, demonstrating that the fungus can adapt to new or formerly unknown environments (Kidd et al. 2004, Byrnes & Heitman 2009, Dixit et al. 2009).

In Brazil, cryptococcosis caused by C. neoformans occurs in all regions and it often causes systemic mycosis in AIDS patients and is the third leading cause of opportunistic CNS infection in these patients (Junior et al. 2006). Of the more than 215,000 registered AIDS patients in Brazil from 1980-2002, 6% were diagnosed with cryptococcosis (Nucci et al. 2010). However, C. gattii acts predominantly as a primary pathogen, attacking immunocompetent hosts, including children and young adults in North and Northeast, and is therefore considered endemic to the states of Amazonas (AM), Pará (PA), Roraima, Piauí (PI), Pernambuco and Bahia (Trilles et al. 2008). The southern and southeastern regions show sporadic infections by C. gattii (Severo et al. 2009, Mora et al. 2010, Pinto Junior et al. 2010). In PI, previous studies have shown that cryptococcosis caused by C. gattii is strongly associated with human immunodeficiency virus (HIV)-negative patients, afflicting a significant portion of children and young adults (Cavalcanti 1995, Martins 2003).

Because cryptococcosis is considered to be an opportunistic infection instead of a disease that requires reporting, there is a lack of epidemiologic data, labora-

Financial support: Post Graduate Program of Biotechnology/RENOR-BIO, Research and Technological Development Program/UFPI (PIP-DT 20091.013 - IPEC-FIOCRUZ)

tory resources and therapeutic options, which together complicate the management of severe cryptococcosis infections. Nevertheless, with inexpensive diagnostic tests [e.g., polymerase chain reaction (PCR) of the cerebral spinal fluid], a hightened awareness and a pragmatic approach to antifungal therapy, good therapeutic outcomes can be achieved. Here, we report on the identification of the molecular pattern of the *Cryptococcus* species that caused meningitis in patients in Teresina, which is the capital of the northeastern state of PI, Brazil, providing a quick tool for diagnosis.

PATIENTS, MATERIALS AND METHODS

Patients - A total of 63 patients diagnosed with cryptococcal meningitis were analysed from January 2008-July 2010 at Natan Portella Institute of Tropical Diseases, the main reference centre for infectious diseases in PI. The study was approved by the Ethics Committee for Research of the State University of Piauí under protocol 079/2008.

Epidemiological data - The epidemiological, clinical and laboratory information from each patient were obtained from medical records and transferred to an epidemiological database. After hospital discharge, there was no clinical follow-up of the patients. The variables selected for this study were age, geographical location (e.g., rural versus urban) and host factors. Host factors were analysed according to the immunological status of the patient, which was classified as immunocompetent, HIV-negative or HIV-positive. The overall death rate was calculated using the number of deaths divided by the total number of patients diagnosed with cryptococcal meningitis. This concept was applied separately for HIV-positive and negative patients. Because many patients were from another state and arrived with a diagnosis of meningitis, we assumed that their original location was the possible source of infection.

Identification of Cryptococcus isolates - One Cryptococcus isolate was analysed per patient. The isolates were plated on niger seed agar (NSA) medium, transferred to 15% glycerol and stored at -20°C. For the identification of pathogenic Cryptococcus species, isolates were subjected to morphological and physiological tests, including the production of phenol oxidase on NSA medium, sensitivity to cycloheximide, carbon and nitrogen assimilation (Vitek ICB, bioMérieux, Durham, USA) and growth on canavanine-glycine-bromothymol blue medium.

Reference strains - The following set of standard laboratory strains representing each molecular type was used as controls in the *URA5*-restriction fragment length polymorphism (*URA5*-RFLP) analysis: WM 148 (serotype A, VNI), WM 626 (serotype A, VNII), WM 628 (serotype AD, VNIII), WM 629 (serotype D, VNIV), WM 179 (serotype B, VGI), WM 178 (serotype B, VGII), WM 161 (serotype B, VGIII) and WM 779 (serotype C, VGIV).

DNA extraction - High molecular weight DNA was obtained as described by Ferrer et al. (2001) with some modifications. The isolates were grown in Sabouraud dextrose agar at 37°C for 48 h. Then, approximately 150 mg of the cell pellet was transferred to a microtube and frozen at -20°C overnight. Five hundred microlitres

of lysis solution [1.5% NaCl, 0.5% sodium dodecyl sulfate, 0.25 M ethylenediamine tetraacetic acid (EDTA) pH 8.0 and Tris-HCl 10 mM, pH 7.5] and 5 µL of 2-mercapto-ethanol (Sigma Aldrich, USA) were added to the microtube. The tube was incubated at room temperature and vortexed for 5 min before being placed in a 65°C dry bath with occasional stirring. The lysate was centrifuged for 15 min at 14,100 g and the aqueous phase was transferred to a new tube. Five hundred microlitres of phenol-chloroform-isoamyl alcohol (25:24:1, v:v:v) was added and the sample was stirred for 4 min to obtain a homogenous suspension and then centrifuged for 15 min at 14,100 g. To the DNA precipitate, cold isopropanol (1:1) was added, mixed lightly and incubated at -20°C overnight. The DNA pellet was washed with 70% ethanol, air-dried and suspended in 500 µL of TE (10 mM Tris-HCL, pH 7.5, 0.5 M EDTA, pH 8.0) containing 50 µg/mL RNAse A (Invitrogen, USA), incubated at 37°C for 40 min and stored at -20°C. The extracted DNA was analysed using a 1% agarose gel with visualisation under ultraviolet light. The DNA concentration was determined using a spectrophotometer at 260/280 nm.

Establishment of the genotype by URA5-RFLP analysis - The reaction for amplification of the URA5 gene was carried out in a final volume of 30 µL. Each reaction contained 50 ng genomic DNA. 1 x PCR buffer (20 mM Tris-HCL, pH 7.5, 100 mM NaCl, 0.1 mM EDTA, 2 mM DCT, 50% glycerol, 0.1% Tween-20), 0.2 mM each of dATP, dCTP, dGTP and dTTP (Roche Diagnostics GmbH), 2 mM magnesium chloride, 2.5 units (U) of Taq DNA polymerase (Bioline) and 25 ng of each primer: URA5 (5' ATGTCCTCCCAAGCCCTCGACTCCG 3') and SJ01 (5' TTAAGACCTCTGAACACCGTACTC 3'). The PCR was performed using the following parameters: 94°C for 5 min followed by 35 cycles of 94°C for 45 s, 63°C for 1 min, 72°C for 2 min and an extension cycle of 72°C for 10 min. The PCR product was double digested with Sau96I (10 U/ μ L) and HhaI (20 U/ μ L) for 3 h. The DNA fragments were separated by electrophoresis in a 3% agarose gel and stained with ethidium bromide. RFLP standards were visually assessed by comparison with the enzymatic digestion profile obtained from the reference strains described above.

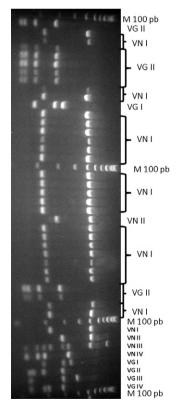
Statistical analysis - The data from patients and the isolated fungi were analysed with the chi-square test using SPSS software, version 10.0. p values of less than 0.05 were considered significant.

RESULTS

Sixty-three patients diagnosed with mycological cryptococcal meningitis were studied. The patients were predominantly male (38/63, 60.3%) and came from rural or urban areas of PI (38/63, 60.3%), Maranhão (MA) (23/63, 36.5%) and PA (2/63, 3.2%). The majority of patients were HIV-positive (37/63, 58.7%) and 26 (41.3%) were HIV-negative. The ages ranged from seven-72 years old, with means of 34.1 years in HIV-positive and 28.1 years in HIV-negative patients. All HIV-positive patients were older than 23 years old and 13 out of the 26 (50%) HIV-negative patients were younger than 19 years old.

Gel electrophoresis was used to identify the molecular types of C. neoformans and C. gattii of the 63 clinical isolates (Figure). The C. neoformans VNI genotype was the most frequent molecular type (37/63, 58.7%), followed by the C. gattii VGII genotype (24/63, 38.1%). In the HIV-positive group, 32 out of 37 (86.5%) cases were caused by C. neoformans VNI, followed by C. gattii VGII (3/37, 8.1%), C. gattii VGI (1/37, 2.7%) and C. neoformans VNII (1/37, 2.7%). In the HIV-negative group, 21 out of 26 (80.8%) cases were caused by C. gattii VGII, followed by C. neoformans VNI (5/26, 19.2%). The mean age of the patients with C. neoformans VNI was 20 years old, which was not significantly different from those infected by C. gattii VGII (28.6 years old) (p = 0.567). However, the age range was significantly wider for C. gattii (p < 0.001), which was found in children and adults who were predominantly from rural areas, while C. neoformans occurred only in adults living predominantly in urban areas (31/61; p < 0.002).

Overall, death occurred in 49.2% of the cases, consisting of 18/37 (48.6%) HIV-positive patients and 13/26 (50%) HIV-negative patients. This number was significantly higher for patients infected by the *C. neoformans* VNI genotype, with an almost two-fold greater risk of death than those infected with the *C. gattii* VGII genotype (odds ratio = 1.875).



URA5-restriction fragment length polymorphism analyses obtained after double digestion with the enzymes Sau96I (10 U/µL) and HhaI (20 U/µL) representing the VNI and VNII (*Cryptococcus neoformans*), the VGI and VGII (*Cryptococcus gattii*) and standard genotypes. M: 100 bp DNA ladder (Gibco - BRL, USA).

Cryptococcal meningitis caused by *C. gattii* VGII occurred in six apparently healthy children (up to 12 years old) and in seven adolescents/young adults aged 13-19; all were HIV-negative and 38.4% (5/13) of these patients died.

Our analysis showed that *C. neoformans* VNI predominated in HIV-positive patients, while *C. gattii* VGII predominated in HIV-negative patients (21/26, 80.8%; p < 0.001). Only 3/37 (8.1%) of the HIV-positive cases were caused by *C. gattii* VGII, whereas 5/21 (23.8%) of the HIV-negative cases were caused by *C. neoformans* VNI. Table summarizes the distribution of the molecular types according to patient data, HIV infection and outcome.

DISCUSSION

The epidemiology of fungal infections caused by pathogenic Cryptococcus species has been extensively studied worldwide. Unfortunately, few molecular epidemiological studies have been performed in Brazil and the absence of an efficient reporting system restricts the understanding of the clinical and epidemiological data. Another factor that restricts the understanding of the epidemiology of these infections is diagnosis, which is especially important in determining the disease. The tools used to identify these pathogenic yeasts have limitations that make a final diagnosis difficult. However, more recent molecular methods have allowed amplification of specific gene sequences that can be used to detect C. neoformans and C. gattii from clinical and environmental samples. These sequences can be used for identification and genotyping and for studying the population genetics. Here, we used the URA5-RFLP genotyping methodology to determine the molecular types of cryptococcosis. As it is not a disease of compulsory notification in Brazil, an actual estimate of its incidence and prevalence has been limited. We showed that the C. neoformans VNI genotype has a higher occurrence mainly in HIV-positive adults from urban areas and that it had a 1.8-fold higher risk of death when compared to the C. gattii VGII genotype. Importantly, C. gattii, the second most prevalent species causing CNS cryptococcosis, was found in a high percentage of HIV-negative children and young adults, who were mostly living in rural areas. These results are in agreement with the epidemiological findings in the literature for pathogenic Cryptococcus species worldwide. Previous studies attest that C. neoformans VNI is strongly associated with AIDS throughout Brazil with a higher incidence in the South and Southeast. This result can be explained by the fact that these Regions include the largest cities in the country, where anthropic actions are more evident (Horta et al. 2002, Nishikawa et al. 2003, Matsumoto et al. 2007, Trilles et al. 2008, Mora et al. 2010). Moreover, the ease of obtaining environmental isolates of C. neoformans VNI in urban areas of the South and Southeast Brazil strongly suggest that immunocompromised hosts living in these areas may be continuously exposed to inhalation of viable propagules of this fungus in their everyday life (Igreja et al. 2004). On the other hand, cryptococcosis caused by C. gattii VGII occurs sporadically in these regions, mostly detected as isolated cases coming from the northern and northeastern regions (Severo et al. 2009).

TABLE

Distribution of molecular types of *Cryptococcus neoformans* and *Cryptococcus gattii* according to gender, age, human immunodeficiency virus (HIV) infection, state, type of dwelling and outcome of 63 patients with cryptococcal meningitis from the states of Piauí, Maranhão and Pará, Brazil (January 2008-July 2010)

Strain	Gender	Age	HIV	State of residence	Type of dwelling	Molecular type	Outcome
2	F	27	+	Piauí	Urban	VNI	Death
3	М	49	+	Piauí	Urban	VNI	Death
9	F	28	+	Maranhão	Rural	VNI	Death
11	М	57	+	Maranhão	Rural	VNI	Cured
12	М	42	+	Piauí	Urban	VNI	Death
13	F	27	+	Maranhão	Rural	VNI	Cured
14	М	26	+	Maranhão	Urban	VNI	Cured
15	М	45	+	Piauí	Urban	VNI	Death
16	М	28	-	Maranhão	Urban	VNI	Death
17	F	24	+	Piauí	Rural	VNI	Death
18	М	28	-	Pará	Urban	VNI	Death
19	М	42	-	Piauí	Rural	VNI	Death
20	Μ	36	+	Maranhão	Urban	VNI	Cured
21	F	24	+	Maranhão	Urban	VNI	Death
23	М	53	+	Piauí	Urban	VNI	Death
24	M	36	+	Piauí	Urban	VNI	Death
25	F	21	+	Piauí	Urban	VNI	Cured
26	F	26	+	Maranhão	Urban	VNI	Death
27	М	29	+	Piauí	Urban	VNI	Death
28	F	34	+	Maranhão	Urban	VNI	Cured
31	F	30	+	Piauí	Urban	VNI	Cured
32	М	25	+	Piauí	Urban	VNI	Cured
33	М	24	+	Piauí	Urban	VNI	Cured
38	М	36	+	Maranhão	Urban	VNI	Cured
40	F	31	+	Maranhão	Urban	VNI	Cured
41	F	24	+	Piauí	Urban	VNI	Death
43	М	29	+	Piauí	Urban	VNI	Cured
44	М	32	+	Maranhão	Urban	VNI	Death
45	F	25	-	Piauí	Urban	VNI	Death
48	М	41	+	Piauí	Urban	VNI	Cured
51	М	32	+	Piauí	Urban	VNI	Cured
53	М	26	+	Maranhão	Urban	VNI	Death
54	F	43	+	Piauí	Urban	VNI	Cured
55	М	34	+	Piauí	Rural	VNI	Death
56	М	38	+	Piauí	Urban	VNI	Cured
62	F	44	-	Maranhão	Rural	VNI	Cured
63	М	28	+	Piauí	Urban	VNI	Death
4	М	16	-	Maranhão	Rural	VGII	Cured
5	F	7	-	Piauí	Urban	VGII	Cured
6	М	31	+	Piauí	Rural	VGII	Cured
7	F	19	-	Maranhão	Urban	VGII	Cured
8	F	15	-	Maranhão	Rural	VGII	Death
1	М	8	-	Piauí	Urban	VGII	Cured
29	М	67	-	Piauí	Urban	VGII	Death
30	М	44	-	Piauí	Rural	VGII	Death
34	F	49	-	Piauí	Urban	VGII	Cured
35	F	11	-	Piauí	Urban	VGII	Death
36	F	37	-	Maranhão	Rural	VGII	Cured
37	М	31	+	Maranhão	Rural	VGII	Death
57	F	35	_	Piauí	Urban	VGII	Death
58	M	14	-	Maranhão	Rural	VGII	Death
59	F	8	-	Piauí	Rural	VGII	Death
60	M	13	-	Pará	Rural	VGII	Cured
61	F	7	_	Maranhão	Rural	VGII	Cured
01	Г М	7	-	Piauí	Rural	VGII	Death

Strain	Gender	Age	HIV	State of residence	Type of dwelling	Molecular type	Outcome
50	F	19	-	Piauí	Urban	VGII	Cured
39	М	44	-	Maranhão	Urban	VGII	Cured
42	М	69	+	Piauí	Urban	VGII	Cured
46	М	72	-	Piauí	Rural	VGII	Cured
47	М	14	-	Maranhão	Rural	VGII	Death
52	F	58	-	Piauí	Urban	VGII	Cured
10	М	38	+	Piauí	Urban	VGI	Death
22	М	37	+	Piauí	Urban	VNII	Cured

F: female; M: male; +: positive; -: negative.

However, autochthonous cases of *C. gattii* VGII meningoencephalitis in these regions may also be expected to occur, as was recently reported in a child from Rio de Janeiro (RJ) (Pinto Junior et al. 2010). The discovery of *C. gattii* in North America, coming from the recent outbreak in Canada, suggests that tree and lumber exportation, air currents, water currents and biotic sources such as birds, insects and other animals (Springer & Chaturvedi 2010) may act as vectors for the spreading of the disease to other regions of the world, far removed from its original endemic region.

In PI, the species *C. neoformans* and *C. gattii* have previously been isolated from the hollows of native trees, with both species occasionally sharing the same hollow. Therefore, this region of Brazil has the epidemiological conditions that may allow both species to cause cryptococcosis in humans (Cavalcanti 1995, Trilles et al. 2003).

A series of cases point to the high prevalence of *C. neoformans* VNI as the agent of cryptococcosis reported in Rio Grande do Sul (82.9%), São Paulo (95.7%), RJ (82.9%), Minas Gerais (93.82%), PA (85.7%) and Goiás (96.7%) (Casali et al. 2003, Igreja et al. 2004, Santos et al. 2008, Souza et al. 2009, Mora et al. 2010).

In our study, the occurrence of cryptococcal meningitis caused by *C. gattii* was high among children and young adults (not older than 20 years) (13/63, 19.9%). This result was similar to studies from 1995-2003 in this same region (Martins 2003), as well as in AM and PA (Santos 2000, Santos et al. 2008). In all of these studies, it is worth noting that none of the children showed signs of pulmonary compromise at the time of their diagnosis with cryptococcal meningitis. Therefore, with pulmonary infections overlooked by physicians, the diagnosis of the mycosis usually occurs when the infection has already spread to the CNS, which certainly aggravates the prognosis.

Epidemiological studies of *C. gattii* infections in British Columbia, Canada (1999-2007), reported by Galanis and MacDougall (2010), showed that out of the 218 cases, 76.6% were diagnosed with only pulmonary involvement with a low mortality rate (8.7%). In a study of nine non-HIV children in Taiwan, all survived and only one became blind (Huang et al. 2010). In the present study, 34.7% of the *C. gattii* patients died, suggesting that the diagnosis was too late as the fungus had already infected the CNS. Besides, delay in making a proper diagnosis is also aggravated due to the large distances to reach a mycological diagnosis and specific treatment at Natan Portella Institute of Tropical Diseases. Although *C. neoformans* VNI has an approximately two-fold higher risk of death, it is necessary to consider that this finding may be strongly correlated with the HIV immunocompetence condition because it is the main infectious agent in this group of patients.

Another interesting finding of our study was the identification in one case, as this is a very rare genotype in Brazil. Santos et al. (2008) also reported a case of *C. gattii* VGI in PA. The VGI genotype has been frequently isolated in Canada and the Netherlands (Springer & Chaturvedi 2010).

Until recently, C. gattii was not well studied because infection by this microorganism represented only 1% of the cryptococcosis cases worldwide (Hansong & Robin 2009). Even in areas where C. gattii is endemic, such as Australia, the infection rate is 0.94 cases per million residents per year (Chen et al. 2000, Sorrell 2001). Nevertheless, the recent cryptococcosis epidemic caused by C. gattii has stimulated more studies on this species. This epidemic was initially observed in 1999 in Vancouver Island, Canada. From 2002-2006, the annual average incidence of cryptococcosis in the affected region was 6.5 cases per million in British Columbia and 27.9 cases per million in Vancouver Island (DeBess et al. 2010, Galanis & Mac-Dougall 2010, Springer & Chaturvedi 2010). The increase in the epidemiology of C. gattii is likely a consequence of alterations in the ecology and biology of this fungus, including its increasing ability to cause life-threatening disease. The colonisation of environments in Vancouver Island and possibly in other neighbouring regions indicates that C. gattii is capable of adapting to new environmental conditions (Dixit et al. 2009). The temperate climate of Vancouver may provide a favourable niche for the survival and spread of C. gattii. Global warming also could favour its colonisation into new geographical regions.

The growing number of recent cryptococcosis cases is irrefutable. In this current study, we showed that the *C. gattii* VGII genotype is possibly spreading in several cities of PI and MA (Brazilian Middle-North). More eco-epidemiology studies are necessary for a better understanding of its risk factors, virulence and geoclimatic distribution, as well as its correlation with the outbreak in Vancouver Island and the extent of the expansion of this pathogen in Northeast Brazil. It is likely that the geographical distribution is much wider than currently documented.

ACKNOWLEDGEMENTS

To João Batista de Oliveira Silva Júnior, for manuscript's translation into English.

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