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#### LETTER TO THE EDITOR



# Bilateral Ampiginous Choroiditis following Confirmed SARS-CoV-2 Infection

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#### ABSTRACT

**Introduction:** Ampiginous Choroiditis is a rare posterior uveitis that combines clinical features of Acute Multifocal Posterior Placoid Pigment Epitheliopathy and Serpiginous Chorioretinitis. Its pathophysiology is poorly understood and further studies are necessary to understand which mechanisms start the immunologic reaction.

**Case report:** The purpose of this article is to report a well-documented case of Ampiginous Choroiditis following in seven days a RT-PCR confirmed SARS-CoV-2 infection, suggesting that the infection might have contributed as a trigger.

**Conclusion:** Timely diagnosis and correct treatment are paramount to improve the visual outcomes, and the patient had successful response to systemic steroids.

#### **ARTICLE HISTORY**

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#### **KEYWORDS**

COVID-19; Ampiginous choroiditis; white dot syndromes

Dear Editor,

Ampiginous Choroiditis is an inflammatory choriore tinopathy<sup>1</sup> that combines clinical features of Acute Multifocal Posterior Placoid Pigment Epitheliopathy (APMPPE) and Serpiginous Chorioretinitis (SC). While APMPPE is often a self-limited condition with good visual prognosis, SC is a progressive condition with high risk of visual disability. The characteristic ampiginous lesions are yellowish white plaques with geographical borders, being smaller than those found in SC and APMPPE.<sup>2</sup>

Although autoimmune etiology is the most commonly described, the disease pathogenesis remains unknown. There are case reports secondary to conditions such as tuberculosis,<sup>3</sup> presumed SARS-CoV-2 infection<sup>4</sup> and following quadrivalent human papilloma virus vaccine.<sup>5</sup> Also, APMMPE is often

followed by a flu-like illness and has been reported in a convalescent COVID-19 patient. Treatment of the acute lesions is generally based on the association of corticosteroids with immunosuppressants.

A 22-year-old man, with no comorbidities, underwent RT-PCR examination from nasopharyngeal swab because he had been in contact with a patient with confirmed COVID-19. Three days after collection and confirmation of Severe Acute Respiratory Syndrome Coronavirus-2 (SARS-CoV-2), he began with headache, myalgia and cough. He started taking Dipyrone 500 mg every 6 h to relieve the symptoms, and after 4 days, he evolved with a bilateral and painless reduction in visual acuity. Tuberculin skin test, chest radiography, HIV, and syphilis antibodies were all negative. On



Figure 1. Retinography showing multiple bilateral placoid lesions throughout the posterior pole.

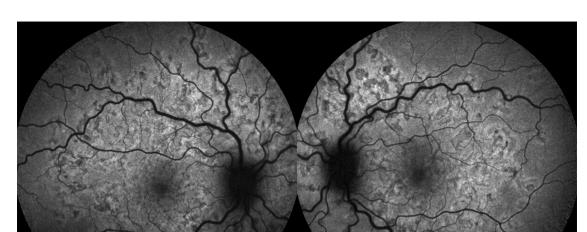


Figure 2. Fundus autofluorescence showing hipoautofluorescent lesions with hiperautofluorescent margins.

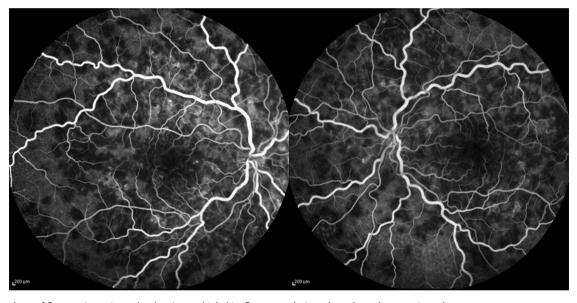


Figure 3. Early phase of fluorescein angiography showing multiple hipofluorescent lesions throughout the posterior pole.

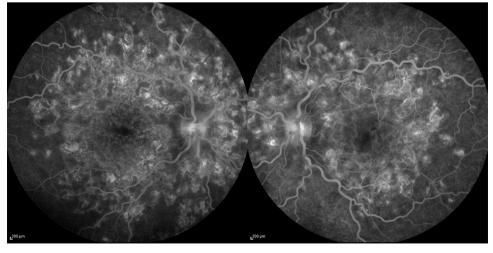


Figure 4. Late phase of fluorescein angiography showing staining of the lesions.

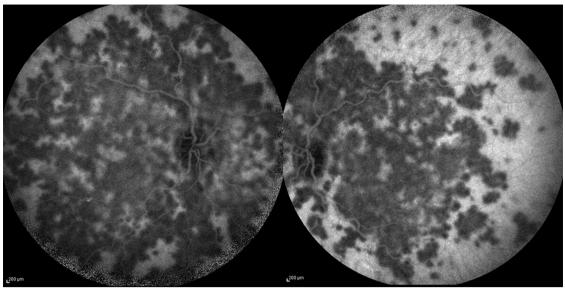


Figure 5. Indocyanine green angiography showing hipofluorescent lesions through the entire exam.

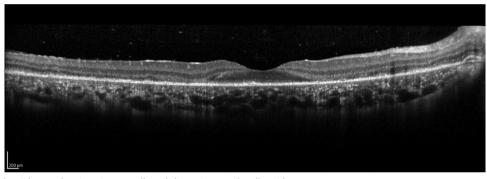


Figure 6. OCT image of the right eye showing vitreous cells and disruptions on the ellipsoid zone.

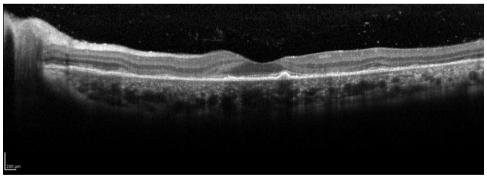


Figure 7. OCT image of the left eye showing vitreous cells, disruptions on the ellipsoid zone and areas of focal thickening of the RPE/Bruch's membrane.

examination, he had a visual acuity of 20/50 in both eyes and an anterior chamber reaction of +0.5/+4. The anterior vitreous exhibited discrete cells. Funduscopy showed bilateral placoid lesions throughout the macula and midperiphery (Figure 1) that were hypoautofluorescent with a hyperautofluorescent margin (Figure 2). On fluorescein angiography, hypofluorescence was noted in the early phase (Figure 3), with late staining (Figure 4). Hypofluorescent lesions were observed on indocyanine green angiography through the entire exam (Figure 5). OCT showed vitreous

cells, disruptions on the ellipsoid zone and areas of focal thickening of the RPE/Bruch's membrane (Figure 6, 7). The patient was treated with Prednisolone 0.5 mg/kg/day, with slow tapering over 2 months, reaching 20/20 of vision in both eyes. To the best of our knowledge, there has not been reports of this disease following a confirmed COVID-19 infection. This case suggests that infectious entities such as the SARS-CoV-2 may work as an immunogenic trigger mechanism to the development of the Ampiginous Choroiditis in susceptible hosts.



# **Disclosure statement**

The authors report no conflict of interest. The authors alone are responsible for the content and writing of the paper.

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