

1 **The predominance of Th1 Immune Response in Pleural Effusion of Patients with**
2 **Tuberculosis Among Other Exudative Etiologies**

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5 Running title: **Inflammatory mediators in pleural tuberculosis**

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22

23 **ABSTRACT**

24

25 Pleural tuberculosis (PITB), a common form of extrapulmonary TB, remains as a
26 challenge in the diagnosis among many causes of pleural effusion. We recently reported
27 that the combinatorial analysis of interferon-gamma (IFN- γ), IFN- γ -inducible protein 10
28 (IP-10), and adenosine deaminase (ADA) from the pleural microenvironment was
29 useful to distinguish pleural effusion caused by TB (microbiologically or not confirmed
30 cases) among other etiologies. In this cross-sectional cohort study, a set of inflammatory
31 mediators was quantified in blood and pleural fluid (PF) from exudative pleural effusion
32 cases, including PITB (n = 27) and non-PITB (nTB; n = 25) patients. The levels of IL-2,
33 IL-4, IL-6, IL-10, IL-17A, IFN- γ , TNF, IP-10, TGF- β 1, and ADA were determined
34 using cytometric bead assay, ELISA or biochemical tests. IFN- γ , IP-10, TNF, TGF- β ,
35 and ADA quantified in PF showed significantly higher concentrations in PITB patients
36 when compared to nTB. When blood and PF were compared, we have identified
37 significantly higher concentrations of IL-6 and IL-10 in PF, in both groups. TGF- β ,
38 solely, showed significantly increased levels in PF and blood from PITB when both
39 clinical specimens were compared to nTB patients. Principal components analysis
40 (PCA) revealed a T helper type 1 (Th1) pattern mainly attributed to higher levels of IP-
41 10, IFN- γ , TGF- β , and TNF in pleural cavity, which was distinct between PITB and
42 nTB. In conclusion, our findings showed a predominantly cellular immune response in
43 PF from TB cases rather than other causes of exudative effusion, commonly considered
44 in the differential diagnosis of PITB.

45

46 **KEYWORDS:** pleural tuberculosis, pleural effusion, adenosine deaminase, Th1
47 response, cytokines in pleural effusion.

48

49 **INTRODUCTION**

50

51 Tuberculosis (TB), caused by *Mycobacterium tuberculosis* (Mtb), is currently
52 endemic in the world and represents an important public health problem. Globally, in
53 2017, more than 10 million new cases of TB were reported with an estimated 1.3
54 million deaths. Among infectious diseases, TB is the leading cause of death from a
55 single agent, surpassing human immunodeficiency virus (HIV) infection (1). Although
56 TB affects mainly the lungs, extrapulmonary forms can appear as an initial
57 manifestation in approximately 25% of adults with the disease, of which the pleural
58 space is one of the most affected sites (2), although the incidence varies between
59 regions and/or due to the HIV infection, as recently reviewed by Shaw et al (3). In
60 Brazil, a high burden TB country, pleural tuberculosis (PITB) is responsible for more
61 than 40% of cases among many clinical sites of extrapulmonary TB (4) and still
62 imposes a challenging diagnosis mainly due to its paucibacillary nature and the need of
63 invasive procedures (5).

64 Cellular immune response involving CD4⁺ T-lymphocytes (T-helper type 1,
65 Th1), classically studied and associated with the containment of Mtb in pulmonary
66 parenchymal TB, is also predominant in tuberculous pleuritis, which is confirmed by
67 the higher levels of interferon-gamma (IFN- γ) and other inflammatory cytokines (e.g.,
68 IL-12) in pleural fluid in comparison to peripheral blood (2,6–8). IFN- γ promotes cell
69 differentiation, stimulates an increased phagocytic activity and intermediate nitrogen
70 and oxygen species production, which are bactericidal and participate in resistance to
71 Mtb infection (9,10). In addition, other T-cell effector patterns are involved in Mtb
72 control in the pleural microenvironment, such as Th17, which express the retinoic acid-
73 related orphan receptor gamma t (ROR γ t), and are characterized by secretion of large

74 quantities of IL-17 (also known as IL-17A), IL-21, and IL-22 (10,11). Th17 cells induce
75 the expression of many pro-inflammatory factors, chemokines, ultimately involved in
76 granulopoiesis and recruitment of innate cells, mainly neutrophils, especially in the
77 early stages of infection (12,13). It is well described that patients at early stages of PITB
78 (less than 2 weeks duration) or those who present pleural effusion with high complexity
79 (e.g., loculated pleural effusion, TB empyema) are more likely to have neutrophilic
80 exudates (14), which may contribute to injuries and decrease on pleuro-pulmonary
81 functions.

82 The phenomenon termed “compartmentalization” has been well documented in
83 PITB given the marked accumulation of Th-lymphocytes in pleural cavity rather than
84 peripheral blood (6,7,15). It was shown that PITB patients present an increased
85 frequency of Th17 and polyfunctional effector memory T cells in the pleural cavity in
86 comparison to blood (16,17). Apart from this effector response, regulatory T cells
87 (Tregs), which act bringing down the enhanced immune-mediated damage (18), have
88 also been reported in pleural fluid from PITB patients (16,19,20). These observations
89 provide strong pieces of evidence that cytokine producing-T cells are capable to migrate
90 into the pleural space, not only favoring accumulation of many products and
91 components of the immune response against Mtb, as well as contributing for the
92 paucibacillary nature of the disease or yet reducing tissue damage.

93 In the present study, we aimed to identify immunological response patterns
94 represented by Th1, Th2, Th17 T-cells subsets in peripheral blood and pleural fluid
95 among exudative pleural effusion which could contribute to a better understanding of
96 PITB immunopathology and also present high potential of utility in the clinical
97 management of TB.

98 **MATERIAL AND METHODS**

99

100 **Study population and settings.** Patients aged ≥ 18 years with pleural effusion under
101 investigation and with thoracentesis indication were recruited in this cross-sectional
102 study, which was conducted at the Pulmonology and Tisiology Service, Pedro Ernesto
103 University Hospital/Rio de Janeiro State University (HUPE/UERJ), a tertiary care
104 center at Rio de Janeiro, RJ, Brazil. Patients who were under 18 years of age, pregnant,
105 or refused consent were not recruited. Of 62 recruited patients, 10 were excluded: 8
106 patients had transudative pleural effusion (cardiac or renal failure), and 2 patients were
107 HIV-seropositive. Thus, 52 patients with exudative pleural effusion were enrolled and
108 grouped as described: 27 PITB and 25 non-TB patients. *PITB cases* were defined by the
109 reviewed patient history, followed by a detailed physical examination, and at least one
110 diagnostic criteria: i) positive results in the microbiological tests (acid-fast bacilli smear
111 microscopy, mycobacterial culture, or Xpert MTB/RIF[®]) on pleural fluid or pleural
112 tissue; ii) histopathological analysis showing the presence of granuloma with or without
113 caseous necrosis; iii) clinical manifestations suggesting TB (fever, pain, dyspnea,
114 cough, night sweats, hyporexia, and/or weight loss) in combination with a lymphocytic
115 pleural effusion, followed by a full recovery after at least six months of anti-TB
116 treatment. *Non-TB cases* consisted of patients with pleural or pleuro-pulmonary
117 diseases, excluding active TB, based on clinical, laboratory, radiological,
118 microbiological, and/or pathological features. Malignant pleural effusions were
119 diagnosed by a positive pleural fluid cytology result or malignant cells identified in the
120 pleural fragment. Even when both of these test results were negative, malignant effusion
121 was diagnosed when a primary cancer was known to have disseminated and no other
122 cause of pleural effusion was identified. Patients who did not fit the criteria used for

123 PITB diagnosis as above and with unknown causes of pleural effusion were classified as
124 “undefined” pleural effusion and considered as non-PITB. Medical information,
125 peripheral blood, and pleural fluid sample collection were obtained from all recruited
126 subjects after signing a written consent. The study protocol was approved by the
127 respective institutional ethics committee (HUPE/UERJ; number 1.100.772).

128

129 **Sample collection.** Ultrasound-guided thoracentesis was performed by a trained
130 pulmonologist who collected pleural fluid which was directly drawn into collection
131 tubes for routine diagnostic tests, including chemistry panel, total and differential cell
132 count, ADA measurement by Hermes Pardini Laboratory according Giusti’s method
133 (21), cytopathology, microbiological analysis (bacteria, fungi and mycobacteria), and
134 inflammatory biomarkers for the purpose of the present study. Whole blood and pleural
135 fluid were appropriately collected in tubes without anticoagulant, immediately after
136 thoracentesis procedure and before any treatment. After collection, whole blood and
137 pleural fluid tubes were centrifuged at 1000 x g for 10 min and 25 °C or 4 °C,
138 respectively. Then, serum and pleural fluid (without cells) samples were aliquoted and
139 stored frozen at -20 °C until cytokine quantification.

140

141 **Cytokine assays.** Cytokine levels in clinical samples were assessed using the following
142 commercially available kits: i) human Th1/Th2/Th17 Cytokine Kit (BD Bioscience, San
143 Jose, CA, USA) based on the principle of cytometric bead array (CBA) technology for
144 simultaneous detection of seven cytokines (IL-2, IL-4, IL-6, IL-10, TNF, IFN- γ , and IL-
145 17A). Briefly, capture beads labeled with distinct fluorescence intensity
146 (allophycocyanin; APC) conjugated to specific antibodies for cytokines were incubated
147 for about 3 hours in the dark at room temperature with undiluted samples, and

148 fluorescent detection antibody (phycoerythrin; PE). All unbound antibodies were
149 washed, and data acquired on a BD fluorescence-activated cell sorting (FACS) analyzer
150 FACSCanto II. Cytokine standard curves ranged from 0-5,000 pg/mL. ii) IP-10 and
151 TGF- β levels were measured by sandwich enzyme-linked immunosorbent assay
152 (ELISA) using human IP-10 DuoSet ELISA (R&D Systems Inc, MN, USA) and
153 human/mouse TGF beta 1 ELISA Ready-SET-Go! Kit (2nd Generation; Affymetrix,
154 eBioscience), respectively, following the manufacturer's instruction. The range of these
155 assays was 31.3-20,000 pg/mL for IP-10 and 15.6-1,000 pg/mL for TGF- β . Readings
156 higher than the upper limit were set at 20,000 (IP-10) or 1,000 (TGF- β) pg/mL for
157 analytical purposes.

158

159 **Statistical analysis.** For the description of the population included in the study,
160 according to their sociodemographic and clinical characteristics among the individuals
161 with exudative pleural effusion due to PITB or other causes (non-TB), non-parametric
162 Mann-Whitney test was used for continuous variables or Fisher's exact test for
163 comparison of the relative frequencies of the different levels of nominal/categorical
164 variables. In the comparison between the levels of log-transformed expression (base 10)
165 of proteins in peripheral blood/serum and pleural fluid (tissue effect) between
166 individuals with or without TBPI (TB effect), the expected mean marginal values
167 obtained from multiple linear regression (log-linear) models of fixed effects were used
168 with the inclusion of first-order interactions between the main tissue and TB effects. For
169 the adjusted models, graphical analysis of residuals was performed to confirm their
170 randomness. In the comparisons between expected mean marginal values obtained from
171 linear regression models, adjustments of the confidence level were made by Sidak's
172 method and p-value adjustments by multiple comparisons by Tukey's method. Finally,

173 for log₁₀-transformed protein and ADA expression data, a multivariate principal
174 component analysis (PCA) was performed to visualize the distribution of sample
175 individuals in 2D dimensional spaces. After imputation of missing data by a k-Nearest
176 Neighbor (k = 10) algorithm, we proceeded with a greedy iterative data reduction until
177 finding a conventionally acceptable level of 0.8 for the standardized Cronbach's
178 coefficient alpha (22) for scale reliability, selecting a subset of "highly predictive"
179 variables. The proportion of variation explained was calculated after each eigenvalue.
180 The cumulative percentage explained is obtained by adding the successive proportions
181 of variation explained to obtain the running total. The contributions (in percentage) of
182 the variables to the principal components were calculated as (var. cos² x 100)/(total
183 cos² of the component); where cos² indicates square cosine or squared coordinates.
184 Accordingly, the contributions (in percentage) of individuals to the principal
185 components were calculated as (ind. cos² x 100)/(total cos² of the component). Ellipses
186 of the quantiles 66% of the normal distribution adjusted to the individuals of the
187 different interest groups in these new dimensional spaces are presented. The level of
188 significance, $P \leq 0.05$, was used in the analysis, and all analyses were performed in R
189 software version 3.6.1.

190

191 **RESULTS**

192

193 **Patients and characteristics.** The study population was composed by 52 individuals
194 who were diagnosed as PITB (n = 27) or non-TB (n = 25), according to the previously
195 described criteria (8). Their sociodemographic and clinical data are shown in Table 1.
196 We observed a significant difference between the age distributions between the groups,
197 which presented medians corresponding to 63 years (IQR: 18) in the non-TB group, and

198 40 years (IQR: 20.5) in the PITB group ($p < 0.0001$). Smoking and alcoholic habits
199 among participants did not show statistical differences. Likewise, signals and symptoms
200 were not dissimilar among groups. Fourteen patients in the non-TB group (14/25) had
201 one or more associated diseases, showing that this group had a significantly higher
202 number of patients with comorbidities than observed in the PITB group, which had 6
203 individuals (6/27) with other diseases ($p = 0.0217$). The most prevalent comorbidity was
204 hypertension, which was reported in 9 (36%) non-TB patients and 3 (11%) PITB
205 patients. A significant mononuclear cell count in pleural fluid was observed in PITB
206 group in comparison to non-TB ($p = 0.0148$), while polymorphonuclear cells were
207 significantly higher in non-TB patients ($p = 0.021$). Regarding the biochemical panel,
208 glucose concentration was significantly increased in non-TB patients in comparison to
209 PITB ($p = 0.0288$). The majority of the PITB patients had diagnostic confirmation based
210 on microbiological and/or histopathological criteria. Among non-TB patients, 18
211 presented malignancies (10 adenocarcinomas, 2 lymphomas, 6 unspecified neoplasms),
212 2 autoimmune diseases (systemic lupus erythematosus), 1 bacterial parapneumonic
213 effusion and 4 undefined pleural effusion.

214

215 **Cytokine measurement in blood and pleural fluid from PITB and non-TB patients.**

216 In order to evaluate the pattern of Th1/Th2/Th17 cytokines and other inflammatory
217 mediators such as IP-10, TGF- β and ADA in exudative cases of pleural effusion, serum
218 and pleural fluid samples from PITB and non-TB patients were analyzed. As recently
219 reported by our group (7) and others (21–23), IFN- γ and IP-10 levels were significantly
220 increased ($p < 0.0001$ in both) in pleural fluid comparison to serum in PITB group
221 (Figure 1A and H). As shown in Figure 1B, TNF concentration also showed a

222 significant increase in the pleural fluid when compared to serum in PITB patient (p =
223 0.0016).

224 When cytokines were compared with discriminatory objectives between PITB
225 and non-TB patients, significant differences in the pleural fluid were predominantly
226 observed. IL-6 and IL-10 levels presented the same behavior when serum and pleural
227 fluid were compared in PITB or non-TB groups (Figure 1G and E, respectively). Both
228 IL-10 and IL-6 concentrations show that patients in both PITB (p < 0.0001 in both) and
229 non-TB (p < 0.0001 in both) groups show increased concentrations of this cytokine in
230 pleural fluid when compared to serum in their respective groups. As expected, ADA
231 levels were significantly higher in the pleural fluid of PITB patients compared to non-
232 TB (p < 0.0001). Interestingly, TGF- β concentrations were significantly higher in the
233 serum (p < 0.0001) and pleural fluid of PITB patients, compared to concentrations
234 found in non-TB patient samples (p < 0.0001). Concentrations of TGF- β showed no
235 significant serum and pleural fluid differences when compared in the same group
236 (Figure 1I).

237 Finally, IFN- γ , TNF, IP-10, TGF- β and ADA concentrations in the pleural fluid
238 presented a differentiated profile between PITB and non-TB patients. Cytokines IL-
239 17A, IL-4, and IL-2 did not show significant differences in their concentrations.

240

241 **Principal component analysis of pleural fluid cytokines.** Finally, it was examined
242 whether PITB would be associated with a particular inflammatory pattern against other
243 causes of exudative pleural effusion. Since that our most significative results were
244 observed in the pleural microenvironment, all subsequent analyses were performed in
245 pleural fluid. A Principal Components Analysis (PCA) plot illustrated 66.7% of the total
246 variance in response to 8 biomarkers was expressed by 2 principal components. The

247 first component accounted for a total of 47.8%, while the second accounted for 18.9%
248 of the total variance (Table 2; Figure 2A). Altogether, these 8 biomarkers were able to
249 partially discriminate PITB and non-TB cases. The most determinant variables of each
250 of these two principal components were ADA, IP-10, TGF- β , IFN- γ , and TNF, for the
251 first principal component (Dim1), and IL-2, and IL-4 for the second principal
252 component (Dim2) (Table 2). Curiously, 2 clusters were identified among the main
253 inflammatory mediators with discriminative potential between PITB and non-TB
254 (Figure 2B). IP-10, IFN- γ , TGF- β , and TNF were considered the main contributors for
255 the observed variance and were capable to show a clear separation between PITB and
256 non-TB groups (Figure 2C). Additionally, the individual mean variation of the study
257 population was analyzed showing that among top-ten cases with the highest
258 contributions were identified PITB patients who presented diagnostic confirmation
259 based on microbiological and/or histopathological criteria (3/5), while non-TB patients
260 consisted of confirmed cases of malignant effusion (5/5) (Figure 2D).

261

262 **DISCUSSION**

263

264 Among many known causes of pleural effusion, heart failure, malignant
265 conditions, pneumonia, and PITB are responsible for three-quarters of all cases (23).
266 The present work extends previous data of our group, which proposed a model where
267 IFN- γ and ADA can be used in the differential diagnosis of PITB with high
268 performance in microbiologically unconfirmed cases of PITB (8). Herein, we
269 demonstrate that among Th1/Th2/Th17 and other inflammatory mediators, such as IP-
270 10, TGF- β and ADA, there is a predominant inflammatory pattern associated to cellular
271 (Th1) immune response in PITB patients in comparison to other common exudative

272 causes of pleural effusion, which, to our knowledge, have not been previously
273 described. PCA analysis revealed that IP-10, IFN- γ , TGF- β , and TNF showed the
274 largest variations associated with a clear distinction between PITB and non-TB patients.

275 In the clinical practice, values > 40 IU/L of adenosine deaminase (ADA) in
276 pleural effusion, a purine-degrading enzyme found predominantly in T-lymphocytes,
277 associated with a lymphocytic exudate, and clinical suspicious of TB, altogether,
278 indicates that the most likely diagnosis is tuberculosis (24–26). However, high pleural
279 fluid ADA values can also be found in certain conditions, such as adenocarcinoma,
280 lymphoma, mesothelioma, rheumatoid arthritis, and pleural empyema of bacterial
281 etiology, making the differential diagnosis very hard (27,28), once that the gold
282 standard for the diagnosis of PITB, that is, the detection of Mtb in the sputum, pleural
283 fluid or pleural biopsy has a discrete and variable yield (29,30).

284 Currently, IFN- γ measurement (a classical Th1 response) in pleural effusion has
285 raised its importance as an auxiliary method for the diagnosis of PITB, becoming an
286 example of a test used for this purpose, since this cytokine is at high levels during the
287 active phase of the disease (31,32). Therefore, the IFN- γ -release assay (IGRA) has also
288 been highlighted in this context. This test evaluates the activity of T lymphocytes under
289 the stimulation of Mtb ESAT-6 and CFP-10 antigens. However, as reviewed by
290 Aggarwal and collaborators (2015), there are many conflicting results regarding this
291 diagnostic method of active TB, both in pulmonary and pleural forms (33). Moreover,
292 as recently delineated by our group, IGRA has a poor clinical meaning in PITB (8),
293 perhaps due to their paucibacillary nature or due to the enrichment of inflammatory
294 mediators in pleural space, without needing of an additional antigen-stimuli. TNF is
295 another important mediator in the response against Mtb and it is directly related to the
296 maintenance of the granuloma structure, the colonization bacillus and necrosis area

297 (34). Li and collaborators (2014) found a higher diagnostic value in TNF measurements
298 than in ADA (35). IP-10 is well studied as a possible biomarker in TB and is directly
299 associated with IFN- γ since its production is mainly induced by this cytokine. As
300 revised by Porcel (36), IP-10 is not an essential biomarker for the PITB diagnosis but
301 has been the subject of several studies in this context, based on its participation in the
302 immunopathogenesis of the disease and its correlation with IFN- γ (8,37). In the present
303 study, these three biomarkers (IFN- γ , TNF and IP-10) were found in significantly
304 higher levels in pleural fluid from PITB patients and were identified as the main
305 contributors for the variance observed in PCA analysis.

306 The cytokine pattern related to the Th2 effector phenotype was also evaluated.
307 In the methodology employed, we did not detect significant levels of IL-4. This finding
308 confirms the literature data that show little influence of this effector phenotype in TB
309 cases (2,36), although IL-4 concentrations in miliary TB have already been reported (6).
310 In addition, our study has shown higher concentrations of IL-10 in the pleural fluid of
311 patients with PITB compared to serum, and in the same way in the non-TB group.
312 However, the methodology used in this study was not able to identify which cells
313 present in the pleural fluid were responsible for the increase of IL-10 concentrations, as
314 well as the other cytokines. Geffner et al. (2013) showed an increased IL-10 production
315 after stimulation of mononuclear cells in pleural fluid and peripheral blood with Mtb
316 antigens, and the decrease of this cytokine after removal of Tregs cells providing
317 evidences that Tregs is also responsible for the production of IL-10 from the pleural
318 cavity (20).

319 Another important finding in our study was the quantification of TGF- β in serum
320 and pleural fluid. This growth factor, secreted by monocytes, is a chemotactic agent for
321 fibroblasts and plays an important role in extracellular matrix remodeling (38). One of

322 the possible contributions of TGF- β to the pathophysiology of PITB is its ability to
323 induce fibrosis, as shown in the study by Sasse and collaborators (2003), where animals
324 infected with Mtb showed increased pleural thickening in proportion to the increase in
325 TGF- β (39). Seiscento and collaborators (2007) also found elevated TGF- β levels in
326 serum and pleural fluid of PITB patients, associating with the degree of pleural
327 thickening in these patients (40). Our findings, together with the evidence found in the
328 literature, reinforce the hypothesis that this mediator may be related to the development
329 of pleural effusions in TBP1 patients since TGF- β levels were found to be significantly
330 higher in the pleural fluid of these patients, compared to the results found in non-TB
331 patients. Although the cited studies found a significant increase of TGF- β in pleural
332 fluid and serum, the comparison group in the experimental model of these studies was
333 composed of patients with transudative pleural effusion. Our work was able to detect
334 the increase of TGF- β in the serum and pleural fluid of PITB patients, compared to
335 blood and pleural fluid in patients with other causes of exudative effusion. This finding
336 may contribute to future investigations, associating TGF- β as a possible biomarker to
337 aid in the differential diagnosis of PITB.

338 Malignancy is the most prevalent etiology of exudative pleural effusion,
339 preceded by TB (23,41). In our study, the non-TB group was composed by around 70%
340 (18/25) of malignancies among exudative cases excluding TB, which in part could be
341 explained by the characteristic of the recruitment unit (a Tertiary Care Hospital). Atef et
342 al (2016) have shown that although the TNF levels are significantly high in pleural fluid
343 from exudative cases in comparison to transudative ones, there was a significant
344 increase of TNF levels in pleural fluid from PITB patients versus malignant effusion
345 (42). Our work is in accordance with these data, since we did not find significant
346 variations of TNF levels in the blood and pleural fluid from non-TB patients. In another

347 report, it was shown a prevalence of Th17 response in the pleural liquid from patients
348 with lung cancer in comparison to those with TB. IFN- γ , IL-6, IL-10 and IL17A
349 production by CD4⁺ T-cells stimulated with phorbol 12-myristate 13-acetate (PMA) and
350 ionomycin showed significant differences in lung cancer group compared to PITB (43).
351 However, transcriptional analysis of cytokine genes highlighted an increased expression
352 of Th17 pattern in PITB patients against common causes of exudative pleural effusion,
353 including malignancies and parapneumonic effusion (44). Our presented results show
354 high concentrations of IL-6 and TGF- β in pleural compartment of PITB patients
355 compared to serum. These two biomarkers are critical in the differentiation of Th17
356 cells (45). Therefore, although our study did not focus on the characterization of Th17
357 cells, it is quite probable that the microenvironment, through the high concentration of
358 IL-6, TGF- β , and the low concentrations of IL-2, might favor the differentiation of this
359 T-lymphocytes effector phenotype in PITB.

360 Some limitations should be considered in our study. First, it was conducted in a
361 single center, imposing a validation in other reference centers and in different
362 populations. Another consideration is the relatively low number of patients included per
363 group. However, patients were included prospectively, in a real routine of clinical
364 practice in a tertiary reference center, which reflected in variable clinical characteristics
365 inherent of each group of study, as can be observed in Table 1. Moreover, we have
366 excluded transudative cases which could add some bias in our analysis, and we have
367 analyzed only exudative cases of pleural effusion, the main confounders in the
368 differential diagnosis of TB.

369 In summary, the pleural fluid screening for a panel of inflammatory mediators
370 was useful to provide new hypotheses and better comprehension about the
371 microenvironment of the pleural cavity during the immunopathology of Mtb infection.

372 Based on this approach we could identify a predominance of cellular (Th1) immune-
373 related response pointing biomarkers with high potential for clinical use, which may
374 increase the sensitivity of diagnosis and prompt the TB treatment, especially in cases of
375 difficult identification and distinction by conventional diagnostic methods.
376

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381

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402

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- 547
- 548

549 **FIGURE LEGENDS**

550

551 **Figure 1. Inflammatory mediators in serum and/or pleural fluid from PITB and**
552 **nTB patients.** Cytokines were measured in serum and pleural fluid by CBA (IL-2, IL-4,
553 IL-6, IL-10, TNF, IFN- γ , and IL-17A), ELISA (IP-10 and TGF- β) and biochemical test
554 (ADA). The levels obtained from each inflammatory mediator were analyzed on a
555 logarithmic (base = 10) scale and illustrated using boxplots to compare serum (S) and
556 pleural fluid (PF) data between the non-TB (nTB) and PITB groups. The small grey
557 dots represent individual cases and the boxplots represent the interquartile range and the
558 median of the sample (solid grey central line). Larger black dots and vertical bars
559 represent expected mean marginal values estimated by the linear model and its 95%
560 confidence intervals (95% CI). Comparisons of means between groups were performed
561 by contrasts/differences obtained after linear bi and multivariate models, adjusted by
562 regressions by ordinary least squares. * $p < 0.05$; ** $p < 0.01$.

563

564 **Figure 2. The pattern of inflammatory biomarkers in pleural fluid discriminates**
565 **between PITB and non-TB patients.** The analysis of variance of cytokine
566 concentrations by CBA (IL-2, IL-4, IL-6, IL-10, TNF, IFN- γ , and IL-17A), and ELISA
567 (TGF- β and IP-10) and a biochemical test (ADA) were evaluated in PITB (n = 27) and
568 non-TB (n = 25) patients. All but IL-6 and IL-17A, with reliability (standardized
569 Cronbach's coefficient alpha) of 0.81, were included in a Principal Component Analysis
570 (PCA). (A) A 2D representation given by the two first principal components with
571 47.78% and 18.9% variation explained (66.68% cumulative percentage explained) of
572 PITB (yellow dots) and non-TB (blue dots) with dot sizes proportional to individuals
573 mean contribution to either principal components, while variables (biomarkers) are

574 expressed by colored vectors also indicating their mean contribution to the principal
575 components. (B) A representation where the vector represents the correlation between a
576 variable (biomarker) and a principal component (PC) is used as the coordinates of the
577 variable on the PC. Variables are colored accordingly to the results of a divisive k-
578 means ($k = 2$) clustering. (C) Bar graphs indicating the top-five variables (biomarkers)
579 according to their mean contribution to either principal components. (D) Bar graphs
580 indicating the top-ten individuals (patients) according to their mean contribution to
581 either principal components.
582

583 **Table 1. Sociodemographic and clinical characteristics of the study population.**

Characteristics / Group	nTB (N = 25)	PITB (N = 27)	P value
Age, years median (IQR)	63 (18)	40 (20)	0.0001
Gender (%)			
Female	10 (19.2)	9 (17.3)	0.7743
Male	15 (28.8)	18 (34.6)	
Current smoker (%)	2 (3.8)	2 (5.8)	0.2119
Alcohol use (%)	3 (5.8)	11 (21.2)	0.0542
Comorbidities, yes (%)			
Hypertension	14 (26.9)	6 (11.5)	0.0217
Diabetes	9 (17.3)	3 (5.8)	0.049
Cardiac insufficiency	5 (9.6)	2 (3.8)	0.2407
Hepatitis	3 (5.8)	0 (0)	0.1041
	3 (5.8)	1 (1.9)	0.3409
Signals and symptoms (%)			
Fever	5 (9.6)	11 (21.2)	0.1318
Cough	19 (36.5)	12 (23.1)	0.0792
Chest pain	8 (15.4)	12 (23.1)	0.3991
Dyspnea	18 (34.6)	15 (28.8)	0.3823
Night sweats	5 (9.6)	4 (7.7)	0.7224
Weight loss	9 (17.3)	10 (19.2)	1
Pleural fluid characteristics (IQR)			
Total cells/mm ³	1600 (2048)	3000 (3075)	0.1479
Mononuclear cells, %	70 (45)	92 (26.5)	0.0148
Polymorphonuclear cells, %	30 (45)	8 (26.5)	0.021
Glucose, mg/dL	99 (43)	88 (43)	0.0288
Total proteins, g/dL	5.3 (1.1)	5.7 (0.85)	0.0129
Albumin, g/dL	3.1 (0.6)	3 (0.5)	0.6982
LDH, IU/L	464 (853)	387 (444.5)	0.8835
PITB diagnostic criteria (%)[#]			
Microbiology		5 (18.5)	
Histopathology		11 (40.7)	
Clinical findings and full recovery after anti-TB treatment		11 (40.7)	
Cause of effusion (%)			
Tuberculosis		27 (51.9)	
Malignancy	18 (34.6)		
Autoimmune disease	2 (0.04)		
Parapneumonic effusion	1 (0.02)		
Undefined	4 (0.07)		

584 PITB, Pleural tuberculosis; nTB, non-TB; IQR, Interquartile range; LDH, lactate
585 dehydrogenase. Values expressed as n (%; from the total population) unless otherwise stated.[#]
586 percentage from the PITB group.
587

588 **Table 2. Principal components analysis.**

Component	Eigenvalue	Variance Percent	Cumulative
Dim.1	3.822383375	47.77979218	47.77979218
Dim.2	1.512311812	18.90389764	66.68368983
Dim.3	0.935411982	11.69264978	78.3763396
Dim.4	0.698769724	8.73462155	87.11096115
Dim.5	0.585125808	7.314072601	94.42503376
Dim.6	0.346572257	4.33215321	98.75718697
Dim.7	0.097384212	1.217302645	99.97448961
Dim.8	0.002040831	0.025510389	100

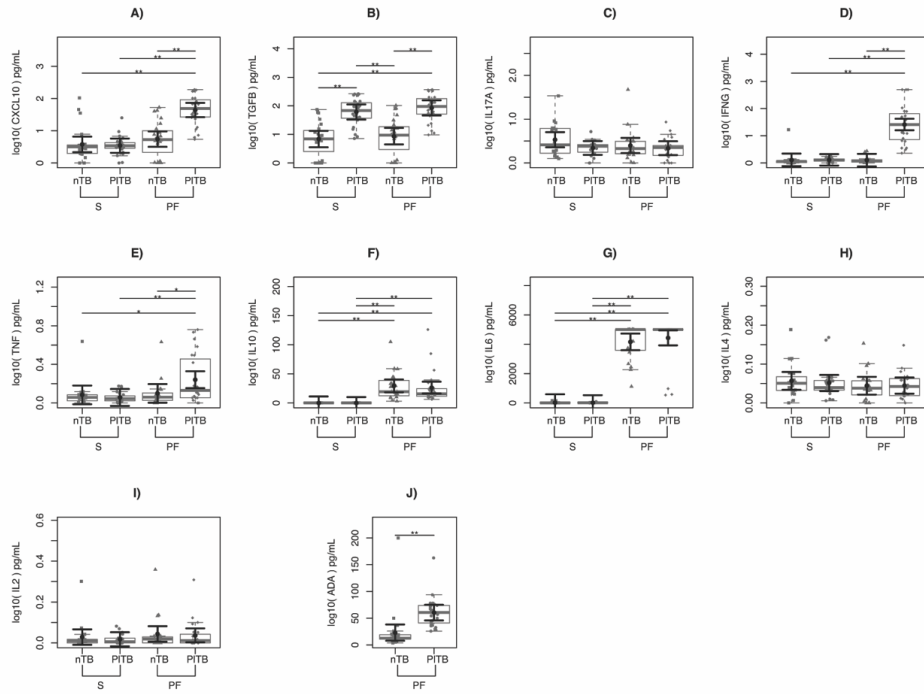
Variable	Dim. 1	Dim. 2
ADA	0.702175941	-0.162822821
IP-10	0.884960511	-0.308501329
TGF- β	0.873625099	-0.304114026
IFN- γ	0.900769802	-0.229363506
TNF	0.803134056	0.374374796
IL-10	0.337137736	0.300322131
IL-4	0.365873564	0.679167637
IL-2	0.281105917	0.744255307

589 Principal component analysis of inflammatory biomarkers in pleural fluid from patients with
590 pleural effusion by PITB and other diagnoses. Shaded values represent the most important
591 biomarkers in the component definition.
592

593

594 **FIGURE 1**

595

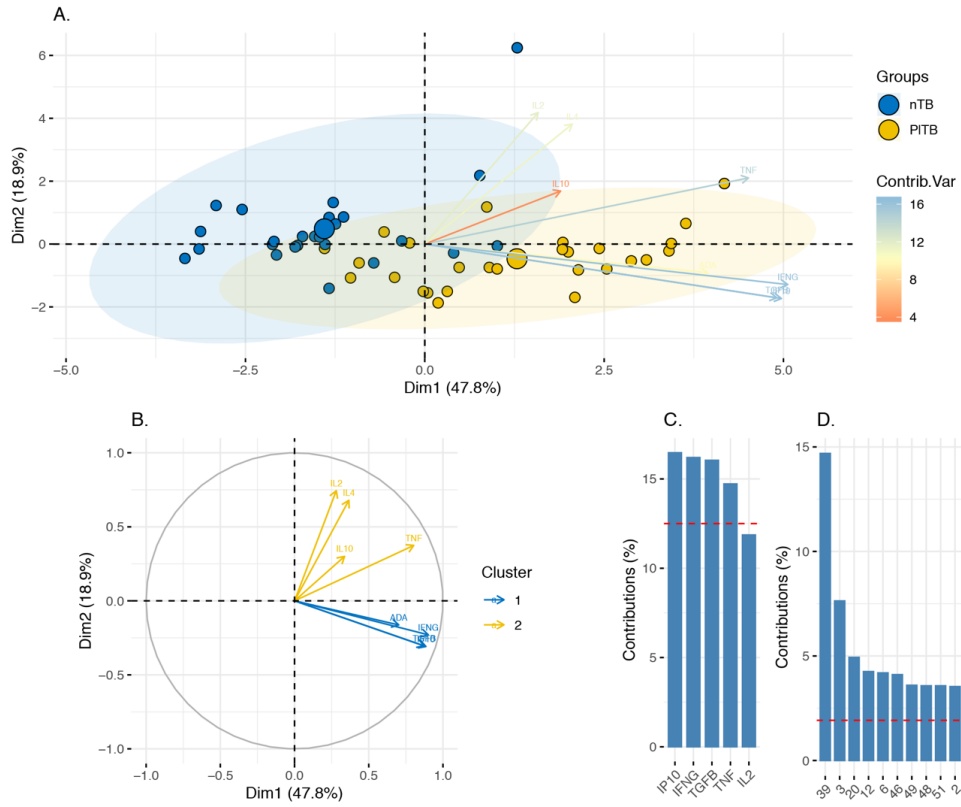


596

597

598 FIGURE 2

599



600

