

## Journal Pre-proofs

Protective immunity after COVID-19 has been questioned: what can we do without SARS-CoV-2-IgG detection?

Juliana Gil Melgaço, Tamiris Azamor, Ana Paula Dinis Ano Bom

PII: S0008-8749(20)30250-1

DOI: <https://doi.org/10.1016/j.cellimm.2020.104114>

Reference: YCIMM 104114

To appear in: *Cellular Immunology*

Received Date: 23 April 2020

Revised Date: 25 April 2020

Accepted Date: 26 April 2020

Please cite this article as: J. Gil Melgaço, T. Azamor, A. Paula Dinis Ano Bom, Protective immunity after COVID-19 has been questioned: what can we do without SARS-CoV-2-IgG detection?, *Cellular Immunology* (2020), doi: <https://doi.org/10.1016/j.cellimm.2020.104114>

This is a PDF file of an article that has undergone enhancements after acceptance, such as the addition of a cover page and metadata, and formatting for readability, but it is not yet the definitive version of record. This version will undergo additional copyediting, typesetting and review before it is published in its final form, but we are providing this version to give early visibility of the article. Please note that, during the production process, errors may be discovered which could affect the content, and all legal disclaimers that apply to the journal pertain.

© 2020 Elsevier Inc. All rights reserved.



2  
3  
4  
5  
6  
7  
8  
9  
10  
11  
12  
13  
14  
15  
16  
17  
18  
19  
20  
21  
22  
23  
24  
25  
26  
27  
28  
29  
30  
31  
32  
33  
34  
35  
36  
37

Article number: 200420-014848 (CIMM\_2020\_214)

Title Page

Title: Protective immunity after COVID-19 has been questioned: what can we do without SARS-CoV-2-IgG detection?

Authors

Juliana Gil Melgaço

Tamiris Azamor

Ana Paula Dinis Ano Bom

Filiation

Laboratory of Immunological Technology, Immunobiological Technology Institute, Bio-Manguinhos, Oswaldo Cruz Foundation, FIOCRUZ, Rio de Janeiro, Brazil

Corresponding author

Juliana Gil Melgaço

Address: Avenida Brasil, 4365, Manguinhos, Rio de Janeiro, Brazil.

Rocha Lima Building, 4<sup>th</sup> floor, room 414. Laboratory of Immunological Technology, Immunobiological Technology Institute, Bio-Manguinhos, Oswaldo Cruz Foundation, FIOCRUZ, Rio de Janeiro, Brazil.

Zip code: 21040-900

Contact: [juliana.melgaco@bio.fiocruz.br](mailto:juliana.melgaco@bio.fiocruz.br)

Phone#: +55 21 3882-9394

Declarations of interest: none

39

40 ~~Severe acute respiratory syndrome corona-virus 2 (The SARS-CoV-2)~~ induces a severe  
41 acute respiratory syndrome ~~that is called~~ ~~named as~~ COVID-19. Clinical  
42 manifestations of COVID-19 include diarrhea, pneumonia, lymphopenia, exhausted  
43 lymphocytes, and pro-inflammatory cytokine production. Immunology is part of the  
44 process of clinical evolution, but there are some questions around ~~immunity-based~~  
45 protection: (1) ~~why~~ ~~How some~~ infected people have only mild symptoms of the disease or  
46 are asymptomatic; (2) ~~w~~Why delayed and weak antibody responses are associated with  
47 severe outcomes; and (3) ~~w~~Why ~~the~~ positivity ~~in~~ molecular tests does not represent  
48 protective antibodies IgG. Perhaps T cell responses may be ~~the~~ key to solving those  
49 questions. ~~The~~ SARS-CoV-2-specific memory T cells ~~persist~~ ~~emerging~~ in peripheral  
50 blood and ~~may be capable of~~ ~~it is able to~~ providing effective information about protective  
51 immunity. The T cells studies can be helpful ~~into~~ elucidating the pathways for  
52 development of vaccines, therapies, and diagnostics for COVID-19 and ~~for~~ filling  
53 these immunology knowledge gaps.

54

55

56

57

58

59

60

61

62

63

64

65

66

67

68

69

70

71

72

73

75

76 Revised Manuscript – Correspondence – with track changes

77 Currently, the world is ~~experiencing~~ experiencing ~~the~~ novel and highly  
78 transmissible coronavirus (SARS-CoV-2) outbreak, which also with high transmissibility  
79 ~~and causes~~ high mortality [1,2]. ~~The~~ SARS-CoV-2 induces a severe acute respiratory  
80 syndrome, termed ~~named as~~ COVID-19, in which immunology is part of the process of  
81 clinical evolution consisting of ~~with~~ lung tissue damage induced by an inflammatory  
82 response, such as a cytokine storm and, macrophages and neutrophils activation [1,2].  
83 ~~During infection,~~ A few studies have presented ~~showed some~~ information about the immune  
84 response during this infection ~~attempting to control the infection~~, which involves ~~is driven~~  
85 ~~to the~~ antibody production and lymphocytes T cell activation, but the information is  
86 restricted to those hospitalized ~~patients~~ who were hospitalized because they had the virus  
87 and were symptomatic. ~~Over~~ In the natural course of the disease in ~~history with those~~ the  
88 hospitalized patients who recovered, ~~s,~~ antibody production was shown to increase ~~is~~  
89 ~~increasing~~ after the first weeks of symptoms onset, which is ~~in recovery patients with~~  
90 ~~hospitalization history, with a~~ suggestive positive correlation with disease severity [3,4],  
91 while T cells were also ~~are~~ activated; it ~~and~~ seems that memory phenotype also showed an  
92 increase ~~has also risen~~ after 14 days of hospitalization [5,6]. However, there are some  
93 questions around ~~immunity-based~~ protection with respect to who does and does not need  
94 hospitalization, ~~and~~ The non-hospitalized ~~is~~ population is considered as viral host by,  
95 carrying the virus around, and contributing ~~collaborating~~ to the spread of the virus ~~virus~~  
96 spread. Also, the other barrier in this outbreak is related to asymptomatic cases, mainly in  
97 health care professionals in the hospital, which could contribute to increase ~~the increase in~~  
98 the number of ~~the~~ cases. The solution to stopping the viral spread appears to ~~has been~~ be  
99 ~~direct to~~ social distancing and massive testing, mainly for antibody detection.  
100 Surprisingly, some a part of people who are ~~presented~~ ing positivity in ~~results from~~ the

102 ~~furthermore, even more,~~ neutralizing antibodies ~~were are~~ lower or not at all present, even  
103 ~~though~~ in hospitalized patients [3,4]. This situation raises ~~sd~~ questions about protective  
104 immunity and about the time needed ed for quarantine. Given that, a few studies have already  
105 showned that T cells might be the key to solving this ~~-dilemma~~ issue. Despite the finding  
106 that the virus can induce lymphopenia and cause a the delay in T cells pathway activation  
107 during ~~on~~ the first days of infection, after two weeks of symptoms, SARS-CoV-2-specific  
108 memory T cells phenotypes (central memory for CD4 and effector memory for CD8  
109 lymphocytes) start to emergeing in the peripheral blood. This process is capable ~~d and it is~~  
110 ~~able of to~~ provideing useful effective information about protective immunity [6]. The data  
111 that are needed to describe ~~about~~ how the memory phenotypes of T cells can differentiate  
112 ~~on a has~~ follow-up study is not been elucidated yet. ~~, and~~ The minimal amount of few  
113 information ~~available~~ is restricted to preprinted manuscripts, but it is enough to start a have  
114 ~~some~~ discussion about how the immune response should be evaluated. Nowadays, we have  
115 some vaccines targeting only T cell activation, thus providing robust memory T cell  
116 response, but these studies are still ~~i~~ on the preclinical phase. Actually, we have seen a  
117 change in the protective immunity status ~~ofn~~ viral diseases during vaccination, in which  
118 ~~where no n-~~ antibody ies detection does not relate to with protective status because memory  
119 T cells can be activated and protect people from ~~to~~ subsequently reinfection [7,8].  
120 Regarding respiratory infections, it also should be noted that viruses are ~~on~~ constantly  
121 changeing via the, induction ofing viral mutations that can contribute to the viral escape of  
122 the host immune system. One of our hypotheses concerning around the novel coronavirus  
123 suggest it has theis about its power to reduce B cell activity. ~~and~~ T this pathway should be  
124 further explored. There is urgent need for solutions addressing around the time needed for  
125 quarantine in order to prevent shutting the economy down. There to do not shut down the  
126 economy may be have an answer to this problem in cellular response assays, in which the  
127 cost is similar compared to neutralizing antibodies tests. Once we can evaluate a small

129 cells after disease, ~~("in vitro" assays)~~, this will be enough to guarantee the immunity  
130 protection. Lymphocytes T cell assays, ~~have as Elispot tests (e.g.), has~~ high specificity  
131 and sensitivity. ~~and T~~ there is a lot of information about how to assay set up the T cell  
132 immunity after infection, such as proliferation assays using viral particles as stimulators  
133 [9,10] and, also by optimizing the assays in Biosafety Llevel 2 labs. The T cell assays  
134 could help ~~to~~ estimate the population's (hospitalized or not) immunity, ~~hospitalized or not,~~  
135 and will be feasible for developing countries with specialized immunology laboratories.  
136 Adding to that, the cellular assays will provide information that is useful for ~~for~~ vaccine  
137 development to prevent and control this viral disease.

## 138 References

139

- 140 [1] C. Qin, L. Zhou, Z. Hu, S. Zhang, S. Yang, Y. Tao, C. Xie, K. Ma, K. Shang, W.  
141 Wang, D.-S. Tian, Dysregulation of immune response in patients with COVID-19 in  
142 Wuhan, China, *Clin. Infect. Dis.* (2020). <https://doi.org/10.1093/cid/ciaa248>.
- 143 [2] Y. Shi, Y. Wang, C. Shao, J. Huang, J. Gan, X. Huang, E. Bucci, M. Piacentini, G.  
144 Ippolito, G. Melino, COVID-19 infection: the perspectives on immune responses,  
145 *Cell Death Differ.* (2020) s41418-020-0530-3. [https://doi.org/10.1038/s41418-020-](https://doi.org/10.1038/s41418-020-0530-3)  
146 [0530-3](https://doi.org/10.1038/s41418-020-0530-3).
- 147 [3] A.T. Huang, B. Garcia-Carreras, M.D.T. Hitchings, B. Yang, L. Katzelnick, S.M.  
148 Rattigan, B. Borgert, C. Moreno, B.D. Solomon, I. Rodriguez-Barraquer, J. Lessler,  
149 H. Salje, D.S. Burke, A. Wesolowski, D.A.T. Cummings, A systematic review of  
150 antibody mediated immunity to coronaviruses: antibody kinetics, correlates of  
151 protection, and association of antibody responses with severity of disease, *Infectious*  
152 *Diseases (except HIV/AIDS)*, 2020. <https://doi.org/10.1101/2020.04.14.20065771>.
- 153 [4] F. Wu, A. Wang, M. Liu, Q. Wang, J. Chen, S. Xia, Y. Ling, Y. Zhang, J. Xun, L.  
154 Lu, S. Jiang, H. Lu, Y. Wen, J. Huang, Neutralizing antibody responses to SARS-  
155 CoV-2 in a COVID-19 recovered patient cohort and their implications, *Infectious*  
156 *Diseases (except HIV/AIDS)*, 2020. <https://doi.org/10.1101/2020.03.30.20047365>.
- 157 [5] I. Thevarajan, T.H. Nguyen, M. Koutsakos, J. Druce, L. Caly, C.E. van de Sandt, X.  
158 Jia, S. Nicholson, M. Catton, B. Cowie, S. Tong, S. Lewin, K. Kedzierska, Breadth  
159 of concomitant immune responses underpinning viral clearance and patient recovery  
160 in a non-severe case of COVID-19, *Infectious Diseases (except HIV/AIDS)*, 2020.  
161 <https://doi.org/10.1101/2020.02.20.20025841>.
- 162 [6] D. Weiskopf, K.S. Schmitz, M.P. Raadsen, A. Grifoni, N.M.A. Okba, H. Endeman,  
163 J.P.C. van den Akker, R. Molenkamp, M.P.G. Koopmans, E.C.M. van Gorp, B.L.  
164 Haagmans, R.L. de Swart, A. Sette, R.D. de Vries, Phenotype of SARS-CoV-2-  
165 specific T-cells in COVID-19 patients with acute respiratory distress syndrome,  
166 *Infectious Diseases (except HIV/AIDS)*, 2020.  
167 <https://doi.org/10.1101/2020.04.11.20062349>.

- 169 individuals who had lost protective antibodies after hepatitis B vaccination, *Vaccine*.  
170 24 (2006) 572–577. <https://doi.org/10.1016/j.vaccine.2005.08.058>.
- 171 [8] J.G. Melgaço, L.N. Morgado, M.A. Santiago, J.M. de Oliveira, L.L. Lewis-Ximenez,  
172 B. Hasselmann, O.G. Cruz, M.A. Pinto, C.L. Vitral, A single dose of inactivated  
173 hepatitis A vaccine promotes HAV-specific memory cellular response similar to that  
174 induced by a natural infection, *Vaccine*. 33 (2015) 3813–3820.  
175 <https://doi.org/10.1016/j.vaccine.2015.06.099>.
- 176 [9] E.J. Grant, S.M. Quiñones-Parra, E.B. Clemens, K. Kedzierska, Corrigendum to  
177 “Human influenza viruses and CD8+ T cell responses” [*Curr. Opin. Virol.* 16 (2016)  
178 132-142], *Curr Opin Virol.* 19 (2016) 99.  
179 <https://doi.org/10.1016/j.coviro.2016.08.015>.
- 180 [10] A. Pizzolla, L.M. Wakim, Memory T Cell Dynamics in the Lung during Influenza  
181 Virus Infection, *J. Immunol.* 202 (2019) 374–381.  
182 <https://doi.org/10.4049/jimmunol.1800979>.  
183  
184