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MANIFESTATIONS OF TUBERCULOSIS IN HIV INFECTED PATIENTS IN RIO DE IANEIRO-BRAZIL

<u>Veloso, Valdiléa G.*</u>, Grinsztejn, B.*, João,E. C.***, Pilotto, J.H.****, Lourenço, M.C.*, Perez, M.A.**, Nogueira, S.A**. Evandro Chagas Hospital/IOC/Fiocruz*, HU-UFRJ**, HSE/RJ***, HGNI.****

Objective: To study the clinical manifestations, response to treatment and survival of tuberculosis in a cohort of HIV infected patients.

Methods: Charts of 130 HIV patients with tuberculosis followed at the Evandro Chagas Hospital (HEC) from 1986 to 1994 were reviewed.

Results: Tuberculosis occurred in 43,5% of AIDS patients followed at hec at that period, and was the aids defining disease in 56.9% of the patients. The mean age was 35 years, the male/female rate was 14:1, and the most frequent risk factor was homo/bisexuality. The diagnosis was confirmed by culture in 55,5% of the cases. Empiric treatment was initiated in only 17,7% of cases. The disseminated form was the most frequent 88(67.7%). In 64% the chest radiograph was normal, and the typical radiological pattern was found in only 3.2%, and atypical in 32.8%. In 22.7% of the patients with normal X-ray, M. tuberculosis was isolated. Response to treatment was considered good in 78,8% of the cases. Tuberculosis was the cause of death as the cause of death in 23,6% and autopsy was performed in 28.5%. The mean survival was 16.9 months, and it was longer among patients with localized forms. There was a significant association between survival and the use of anti-retroviral therapy and PCP prophylaxis.

Conclusion: Tuberculosis is a very common disease in the HIV infected patients in Brazil, it can occur in any stage of the immunodeficiency and must be diagnosed because usually patients respond well to treatment.

Valdilea G. Veloso Dos Santos, Md Fax: 55 21 2460493 Rua Alzira Cortes, 5/308, Rio De Janeiro - Brazil. Cep 22260-050