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## POOR CLINICAL OUTCOME FOR MENINGITIS CAUSED BY *H. INFLUENZAE* SEROTYPE A STRAINS CONTAINING THE IS1016-BEXA DELETION

Josilene B. T. Lima<sup>1,\*</sup>, Guilherme S. Ribeiro<sup>1,2,\*</sup>, Soraia M. Cordeiro<sup>1</sup>, Edilane L. Gouveia<sup>1</sup>, Kátia Salgado<sup>3</sup>, Brian G. Spratt<sup>4</sup>, Daniel Godoy<sup>4</sup>, Mitermayer G. Reis<sup>1</sup>, Albert I. Ko<sup>1,5</sup>, and Joice N. Reis<sup>1,6,†</sup>

<sup>1</sup> Gonçalo Moniz Research Center, Oswaldo Cruz Foundation, Brazilian Ministry of Health, Salvador, Brazil

<sup>2</sup> Institute of Collective Health, Federal University of Bahia, Salvador, Brazil

<sup>3</sup> Hospital Couto Maia, Secretary of Health for the State of Bahia, Salvador, Brazil

<sup>4</sup> Department of Infectious Disease Epidemiology, Imperial College London, London, UK

<sup>5</sup> Department of Epidemiology and Public Health, Yale School of Medicine, New Haven, USA

<sup>6</sup> School of Pharmacy, Federal University of Bahia, Salvador, Brazil

### Abstract

Following introduction of *Haemophilus influenzae* type b (Hib) conjugate vaccines, meningitis caused by serotypes other than Hib has gained importance. We conducted active hospital-based surveillance for meningitis over an 11-year period in Salvador, Brazil. *H. influenzae* isolates were serotyped and analyzed by PCR, pulsed-field gel electrophoresis and DNA sequencing to identify strains with a specific deletion (IS1016) in the *bexA* gene (IS1016-*bexA*). We identified 43 meningitis cases caused by non-type b *H. influenzae*: 28 (65%) were caused by type a (Hia), 9 (21%) by non-capsulated strains and 3 (7%) each by types e and f. Hia isolates clustered in two clonal groups; clonal group A strains (n=9) had the IS1016-*bexA* deletion. Among children <5 years, meningitis caused by Hia from clonal group A had higher case-fatality than clonal group B. Despite small numbers, these results indicate that the presence of IS1016-*bexA* deletion is associated with enhanced virulence in non-type b *H. influenzae*.

### Keywords

*Haemophilus influenzae*; non-type b *H. influenzae*; meningitis; Hib conjugate vaccine; virulence; IS1016-*bexA* deletion; molecular epidemiology

### INTRODUCTION

Introduction of *Haemophilus influenzae* type b (Hib) conjugate vaccines into childhood immunization programs has dramatically reduced the incidence of Hib meningitis in

<sup>†</sup>Reprints or correspondence: Joice Neves Reis, Ph.D; Centro de Pesquisas Gonçalo Moniz, Fundação Oswaldo Cruz, Ministério da Saúde; Rua Waldemar Falcão, 121; Salvador, Bahia 40296-710; Brasil; Tel. (55 71) 3176-2301; Fax: (55 71) 3176-2281; joice@ufba.br; joice@conveniado.bahia.fiocruz.br.

\*These authors contributed equally to this work.

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countries using Hib vaccines [1–3]. Hib conjugate vaccines are highly efficacious against invasive Hib disease [4], decrease Hib carriage among vaccinated children and reduce transmission and invasive disease among non-immunized children [5].

Hib conjugate vaccines do not prevent *H. influenzae* disease due to other serotypes, raising the potential for the emergence of *H. influenzae* disease due to virulent organisms with non-type b capsules [6–11]. Detection of meningitis due to non-type b *H. influenzae* has increased following widespread use of Hib conjugate vaccines as a result of improved surveillance and use of molecular techniques, which have reduced the serotyping errors associated with slide agglutination [12–14]. Molecular methods have also been used to identify genetic elements in invasive non-type b *H. influenzae* isolates, including presence of a partial deletion of IS1016 in the *bexA* gene commonly found in Hib isolates. The IS1016-*bexA* deletion is a putative virulence factor that has been identified in invasive Hia isolates from patients with severe disease in The Gambia and United States [9,10,15], but not in all areas where Hia strains have been isolated [11,16]. Acquisition of virulence factors from Hib strains could possibly lead to the emergence of non-type b *H. influenzae* disease.

Previously, we reported a transient increase in meningitis due to *H. influenzae* serotype a after introduction of Hib conjugate vaccine in Salvador, the third largest urban center in Brazil [17,18]. Clinical outcomes of meningitis cases due to non-type b *H. influenzae* were similar to those of Hib cases [17,18]. To investigate the role of the IS1016-*bexA* deletion in clinical outcomes of meningitis cases due to non-type b *H. influenzae*, we analyzed data from 11 years of active, hospital-based meningitis surveillance in Salvador, Brazil.

## METHODS

### Surveillance

Meningitis is a nationally notifiable disease in Brazil, with mandatory reporting of all suspect meningitis cases to public health authorities. We conducted active surveillance for meningitis among patients admitted to Couto Maia Hospital in Salvador, Brazil. According to state health guidelines, all suspected cases of meningitis in the region are referred to Couto Maia Hospital for diagnostic procedures, including lumbar puncture and examination of cerebrospinal fluid. Couto Maia Hospital accounted for 98% of reported meningitis cases among persons from the metropolitan area of Salvador during the study period [19].

We analyzed data for *H. influenzae* meningitis cases identified between March 9, 1996 and September 8, 2007. A case of *H. influenzae* meningitis was defined as a patient who had: (1) clinical presentation of meningitis, characterized by fever, meningismus, and altered mental status; (2) abnormal cerebrospinal fluid examination; and (3) cerebrospinal fluid or blood culture positive for *H. influenzae*. The study team reviewed laboratory records 5 days a week to identify new culture isolations of *H. influenzae*. Patients were enrolled in the study according to informed consent procedures approved by the Institutional Review Boards of the Oswaldo Cruz Foundation, Brazilian Ministry of Health and the New York-Presbyterian Hospital, United States. We used a standardized data entry form to collect information on demographics, clinical presentation, laboratory results and outcome from the patient's medical records. Number of doses of Hib conjugate vaccine received prior to hospitalization and dates of vaccination were obtained from patient immunization records.

### Strains identification and serotyping

*H. influenzae* was identified by Gram stain morphology and growth requirement for hemin and nicotinamide adenine dinucleotide. Commercial antiserum (Becton, Dickinson and Company, Franklin Lakes, NJ) was used to determine capsular serotype. Each isolate was tested for slide agglutination with the complete panel of type a to type f-specific antisera

(Becton, Dickinson and Company) and a saline control. A semi-nested polymerase chain reaction (PCR) method was used to amplify serotype-specific and nonspecific DNA sequences from the *H. influenzae* capsular loci [20]. Isolates were defined as non-capsulated if agglutination was not observed with the six type-specific antisera and if PCR capsular loci sequences conserved among serotypes were not detectable by PCR [20].

### Pulsed-field gel electrophoresis characterization

*H. influenzae* non-type b clinical isolates were examined by pulsed-field gel electrophoresis (PFGE) after digestion of bacterial DNA with *Sma I* (New England Biolabs), as previously described [21,22]. The *Sma I* fingerprints were analyzed using GelCompar II software (Applied Maths, Kortrijk, Belgium). A 1.5% band position tolerance was used for gel comparisons. Cluster analysis was performed using the unweighted-pair-group (UPGMA) method and the relatedness between isolates was interpreted according to the criteria of Tenover [23].

### Identification of the IS1016-bexA partial deletion and sequencing

*H. influenzae* non-type b isolates and a random sample of 20 Hib isolates were evaluated by PCR for identification of a partial deletion of the *bexA* gene, using the IS1016 and *bexA* primers as previously described [15]. For DNA sequencing, PCR products were purified with the QIAquick PCR purification kit (QIAGEN Inc., Valencia, CA, USA) and subjected to sequence analysis. The DNA sequences from both strands were edited, assembled, and aligned using MEGA4 and BioEdit software. The sequences were compared to those of the Hib strains AF549213 [24], S62752 [25] and the type a strain DQ086152 [10], available in the NCBI Gene bank.

### Multilocus sequence typing

Multilocus sequence typing (MLST) was performed for two *H. influenzae* type a isolates that were randomly-selected among the isolates which had and did not have the IS1016-*bexA* deletion. Chromosomal DNA was extracted using a Qiagen genomic Kit (Qiagen Inc.). PCR was used to amplify 450-bp internal fragments of seven housekeeping genes (*adh*, *atpG*, *frdB*, *fucK*, *mdh*, *pgi*, and *recA*), according to previously described methods [26]. Sequences were submitted to the online MLST database (<http://www.mlst.net>), which in turn assigned alleles at each locus and a sequence type.

### Statistical analysis

Data were entered and analyzed using Epi-Info (Version 3.3.2; Center for Disease Control and Prevention, Atlanta, US). Fisher's exact test and Wilcoxon rank-sum test were used for comparison of proportions and continuous data, respectively. A significant difference was defined by a two-tailed *P*-value less than 0.05.

Mean annual incidence of *H. influenzae* meningitis was compared for the period prior to introduction of Hib vaccination (March 1996 to July 1999) and after Hib vaccine introduction (August 1999 to September 2007). Incidence was calculated for the metropolitan area of Salvador by dividing the number of cases among residents of metropolitan Salvador by the estimated population from the 2000 national census [27].

## RESULTS

During the study period, we identified 615 cases of *H. influenzae* meningitis. Among the 573 (93%) cases for which an isolate was serotyped, 43 (8%) episodes were caused by *H. influenzae* non-type b strains (Table 1). The majority of *H. influenzae* non-type b isolates were type a (28 isolates, 65%), followed by non-capsulated (9 isolates, 21%), type e (3

isolates, 7%) and type f (3 isolates, 7%). The proportion of *H. influenzae* meningitis cases due to a non-type b isolate increased from 2% (8 of 424) to 23% (35 of 149) after the introduction of routine Hib immunization ( $P<0.001$ ). This increase was largely explained by the 91% reduction in the incidence of Hib meningitis between the pre and post vaccine periods (from 2.45 to 0.24 cases per 100,000 population,  $P<0.001$ ). The incidence of meningitis due to non-type b *H. influenzae* increased after the introduction of the Hib conjugate vaccine, mainly because of an increase in disease due to Hia. Meningitis cases due to Hia did not cluster spatially with respect to the neighborhood of residence during pre and post vaccine periods.

Hia and Hib meningitis occurred mainly among children <5 years of age while meningitis due to *H. influenzae* types e, f and non-capsulated strains occurred in older age groups (Table 2). Case-fatality of Hia and Hib meningitis cases was also higher than for meningitis cases due to other serotypes. (Table 2). The age group distribution and case fatality rate for *H. influenzae* type a cases did not differ between the pre and post-vaccine period.

We were able to obtain information on immunization status for 26 (74%) of the 35 meningitis cases due to non-type b *H. influenzae* identified in the post-vaccine period. While 75% (13 of 17) of the cases due to *H. influenzae* type a isolate had received two or three Hib vaccine doses, only 11% (1 of 9) of the cases due to *H. influenzae* type e, f and non-capsulated isolates received the same number of Hib vaccine doses ( $P<0.01$ ).

PFGE analysis for the 43 *H. influenzae* non-type b isolates discriminated fifteen distinct patterns (Figure 1). The 28 *H. influenzae* type a isolates had two different patterns, cluster A (9 isolates) and cluster B (19 isolates), while *H. influenzae* types e, f and non-capsulated strains were heterogeneous. (Figure 1). MLST analysis determined that PFGE clusters A and B corresponded to sequence type (ST) 4 and 23, respectively. PCR analysis identified the 339bp *IS1016-bexA* partial deletion product in nine of the 43 *H. influenzae* non-type b isolates. All of the nine *H. influenzae* isolates containing the *IS1016-bexA* deletion were serotype a and belonged to PFGE cluster A (ST4). Among the 28 Hia isolates, 5 and 23 were isolated during the pre- and post-vaccine periods, respectively. The proportion of Hia isolates with the *IS1016-bexA* deletion was 40% (2 of 5) and 30% (7 of 23) in the pre and post-vaccine periods, respectively, and this difference was not significantly different ( $P=0.65$ ).

Meningitis cases caused by Hia isolates belonging to cluster A or B were similar with respect to gender, age and characteristics of cerebrospinal fluid (Table 3). However, case-fatality for meningitis cases caused by Hia isolates that had the *IS1016-bexA* deletion was 33% (3 of 9), versus 5% (1 of 19) for cases caused by Hia strains with complete *IS1016-bexA* ( $P=0.06$ ) (Table 3). Among children <5 years of age with *H. influenzae* type a meningitis, 38% (3 of 8) of cases from which the isolate contained the *IS1016-bexA* deletion died whereas none of the 16 cases from which the isolate did not contain the *IS1016-bexA* deletion died ( $P=0.03$ ) (Table 3).

Sequencing of the PCR products confirmed the presence of an *IS1016-bexA* deletion in the nine *H. influenzae* type a ST4 isolates. The size and location of the deletion, as well as the flanking region sequences, was identical to that previously-reported for an invasive serotype a strain that was isolated from Georgia, USA in 2005 (Genbank accession number DQ086152) (Figure 2). However, the sequence of the regions flanking the *IS1016-bexA* deletion for the ST4 isolates differed at four nucleotide sites from corresponding sequences for two previously-reported Hib strains (Genbank accession numbers AF549213 [HI 1007 – Georgia, USA] and S62752 [RM 7004 – Gambia]) and 3 of 4 Hib stains isolated during surveillance in Salvador. One Hib strain isolated from Salvador had a flanking region

sequence that differed at only one nucleotide from the corresponding sequence in serotype a ST4 isolates (Figure 2).

## DISCUSSION

Widespread use of Hib conjugate vaccines have substantially reduced the incidence of Hib meningitis [1–3,28,29], resulting in increased awareness of meningitis due to other *H. influenzae* serotypes [7,8,11]. As Hib conjugate vaccines are effective in reducing Hib nasopharyngeal carriage [30,31], it was hypothesized that non-type b strains could potentially occupy the niche left by Hib and consequently increase the risk of invasive disease by non-type b strains. To date, however, there has been little evidence of a substantial replacement of Hib disease by disease caused by other serotypes, a phenomenon known as serotype replacement [17,32].

Among the capsulated *H. influenzae* strains that are not type b, type a has the capsular polysaccharides most closely related to that of type b. In animal challenge studies, reports have found that Hia is the most virulent capsulated *H. influenzae* after Hib [33]. The *H. influenzae* type a meningitis cases from this study affected similar age groups and had similar case-fatality rates to the Hib cases. In contrast, cases due to serotypes e, f and non-capsulated occurred at older ages and tend to have a better prognosis. These findings are consistent with prior clinical and epidemiological characterizations of invasive disease due to *H. influenzae* non-type b and support the hypothesis that type a isolates are the most virulent capsulated *H. influenzae* serotype after type b [33]. While *H. influenzae* type a invasive infections typically occur in healthy children [9,10,12,16,34], type e, f and non-capsulated types mostly occur in adults with underlying conditions such as cancer [8,35,36].

In this study, we found that patients with *H. influenzae* type a meningitis have an increased risk of death when the IS1016-*bexA* partial deletion was present in the clinical isolate. The association did not appear to be confounded by other prognostic factor such as patients' age and disease duration prior to hospitalization. This finding is both plausible and analogous with what is known about virulence factors for Hib, for which the IS1016-*bexA* deletion stabilizes duplicated loci and leads to increased production of capsular polysaccharide [25,33]. Hib capsular loci amplification has been found to inhibit complement-mediated bacteriolysis and opsonization [37]. Capsular amplification and the IS1016-*bexA* deletion have been identified in Hia invasive isolates [9,10,12,15]. However, this study provides the first evidence for the significant association between the IS1016-*bexA* deletion and poor clinical outcome from Hia invasive disease.

However, the IS1016-*bexA* partial deletion was present in the minority of the *H. influenzae* type a isolates (9 of 28). Other investigations have also identified isolates of *H. influenzae* type a causing invasive infections resembling Hib invasive disease in the absence of the IS1016-*bexA* partial deletion [11,16]. Additional studies in other geographical settings and with larger sample sizes are warranted to confirm the role of the IS1016-*bexA* deletion as a virulence factor in *H. influenzae* type a invasive disease. Furthermore, we did not evaluate whether the presence of the IS1016-*bexA* deletion was associated with neurological sequelae, hearing impairment or other markers of disease severity. Finally, further studies are needed to determine whether clinical isolates with the IS1016-*bexA* deletion exhibit enhanced virulence in animal models for Hia infection.

Results of this study suggest that Hia strains causing meningitis in Salvador have been stable over time. Sequence type 23 (ST 23) has been isolated in Malaysia, Canada and New Guinea [11,26], suggesting worldwide spread of these clones. Interestingly, sequence type 4 (ST4), previously isolated in Kenya and The Gambia [26], was the first non-type b strain identified

as having the *IS1016-bexA* partial deletion [15]. In addition, Sill et al described in Canada a case of *H. influenzae* type a invasive disease due to a ST4 strain containing the *IS1016-bexA* partial deletion [38]. This isolate was closely related on the basis of PFGE analysis to two Hia strains possessing the *IS1016-bexA* deletion that were isolated from cases of invasive disease in Georgia, USA [10]. Future studies are needed to investigate whether the ST4 clone is entirely responsible for the global spread of *H. influenzae* type a strains containing the *IS1016-bexA* partial deletion. These findings highlight the need to continue surveillance for *H. influenzae* invasive disease to monitor for the potential emergence of non-type b *H. influenzae* virulent clones.

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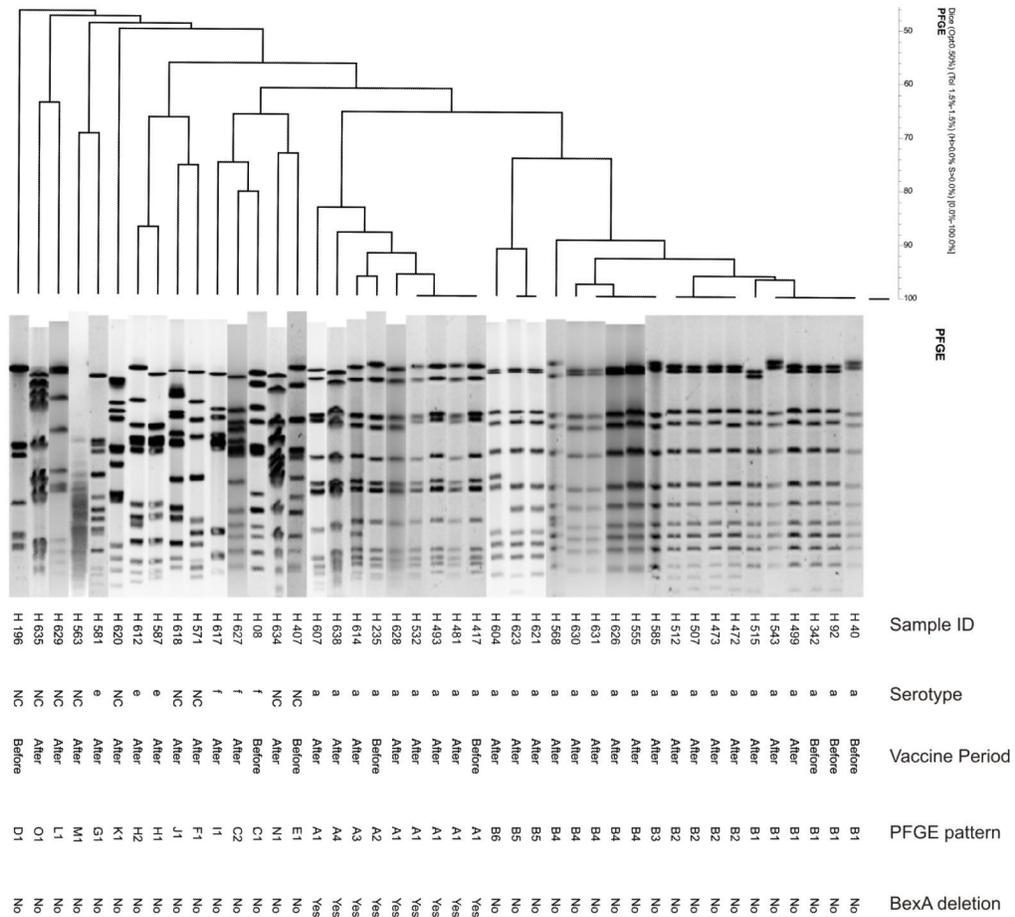
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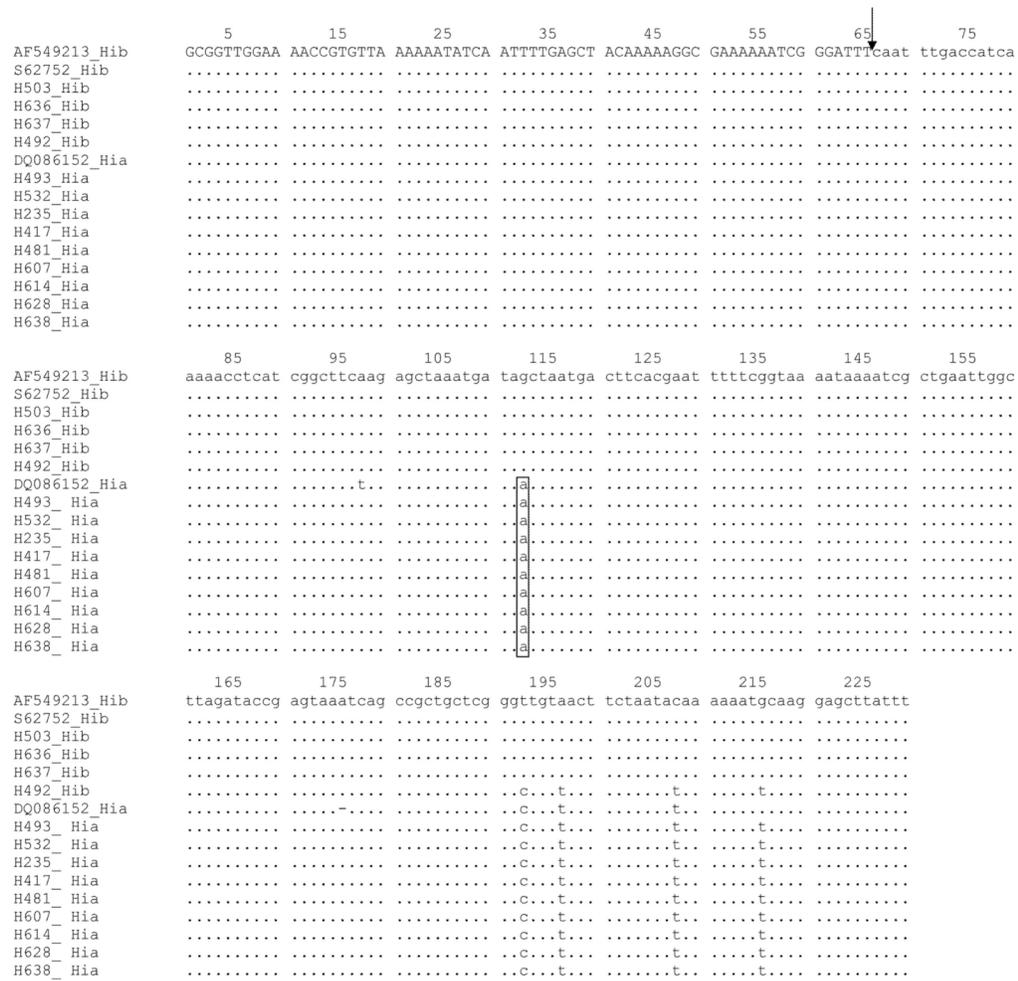
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**FIGURE 1.** Dendrogram showing the genetic relationships among the 43 non-type b *H. influenzae* isolates obtained from meningitis cases in Salvador, Brazil, as determined by pulsed-field gel electrophoresis. The columns, from left to right, show the isolate identification number, serotype, period of isolation in relation to introduction of Hib conjugate vaccine, the PFGE pattern designation, and presence of the *IS1016bexA* partial deletion. Note: NC, non-capsulated.



**FIGURE 2.**

Nucleotide sequence of the *IS1016-bexA* deletion region of *H. influenzae* type b and type a strains. The arrowhead identifies the site of the deletion (bp 66) with the sequence of the *bexA* gene and IS1016 denoted in capital and lower case letter, respectively. The consensus sequence was obtained from the *H. influenzae* type b isolates (Genbank AF549213) from the US and the Gambia (Genbank S62752) and compared with a *H. influenzae* type a isolate from the US (Genbank DQ086152) and four *H. influenzae* type b (H503, H636, H637 and H492) and nine *H. influenzae* type a (H493, H532, H235, H417, H481, H607, H614, H628 and H638) isolates from Salvador, Brazil. Dots indicate identical nucleotides to the consensus sequence. The box denotes nucleotides specific to *H. influenzae* type a.

Table 1

Cases and incidences of *Haemophilus influenzae* meningitis in Salvador, Brazil, according to period of identification and serotype.

Isolate type	Pre-vaccine period (n=424) <sup>a</sup>		Post-vaccine period (n=149) <sup>b</sup>		Total period (n=573)	
	No. cases (%) <sup>c</sup>	Incidence <sup>d</sup>	No. cases (%)	Incidence <sup>d</sup>	No. cases (%) <sup>c</sup>	Incidence <sup>d</sup>
Type b	416 (98)	2.45	114 (77)	0.24	530 (92)	0.90
Non-type b	8 (2)	0.04	35 (23)	0.07	43 (8)	0.06
Type a	5 (1)	0.02	23 (15)	0.05	28 (5)	0.04
Type e	0 (0)	0.00	3 (2)	0.01	3 (1)	0.00
Type f	1 (0)	0.00	2 (1)	0.01	3 (1)	0.00
Non-capsulated	2 (0)	0.02	7 (5)	0.01	9 (2)	0.01

NOTE. The Hib conjugate vaccine was introduced in the childhood immunization program in August 9, 1999.

<sup>a</sup>From March 9, 1996 to August 8, 1999.

<sup>b</sup>From August 9, 1999 to September 9, 2007.

<sup>c</sup>Sum of percents are not equal to 100% due to rounding.

<sup>d</sup>Mean annual cumulative incidence (per 100,000 population) was calculated for the cases of *H. influenzae* type b (365), type a (16), type e (2), type f (2), and non-capsulated (4) which resided within Metropolitan Salvador.

**Table 2**  
 Characteristics of *H. influenzae* meningitis cases from Salvador, Brazil, according to serotype.

Characteristics	Type b (n=530)		Type a (n=28)		Other types (n=15) <sup>f</sup>	
	No. Responses <sup>b</sup>	N (%) or median (IQR)	No. Responses <sup>b</sup>	N (%) or median (IQR)	No. Responses <sup>b</sup>	N (%) or median (IQR)
Male sex	527	301 (57)	28	18 (64)	15	8 (53)
Age <5 years	520	473 (91)	28	24 (86)	15	4 (27) <sup>c</sup>
<2 years	520	327 (63)	28	14 (50)	15	3 (20) <sup>c</sup>
2–4 years	520	146 (28)	28	10 (36)	15	1 (7)
CSF examination <sup>d</sup>						
Cells ( $\times 10^3/\text{mm}^3$ )	525	5.8 (2.2–10.0)	28	8.4 (1.5–10.0)	13	6.6 (2.8–8.6)
Glucose (mg/dL)	529	20 (20–35)	28	20 (20–30)	15	20 (20–38)
Protein (mg/dL)	529	300 (200–400)	28	290 (185–500)	15	300 (180–400)
Outcome						
Neurological deficit <sup>e</sup>	481	70 (15)	28	4 (14)	15	1 (7)
ICU admission	504	108 (21)	28	4 (14)	14	4 (29)
Death	518	88 (17)	28	4 (14)	14	0 (0)

NOTE: IQR, interquartile range; CSF, cerebrospinal fluid.

<sup>a</sup>Includes 15 meningitis cases due to *H. influenzae* non-capsulated (9) type e (3) and type f (3) strains.

<sup>b</sup>Number for which information was obtained.

<sup>c</sup>Significant difference ( $P$  value <0.01) when compared with *H. influenzae* type b meningitis cases.

<sup>d</sup>Initial examination performed during hospital admission.

<sup>e</sup>Neurological deficit on discharge among survivors included ataxia (34 cases, all serotype b), motor deficit (16 cases, serotype b [15] and other type [1]), auditory deficit (9 cases, serotype b [6] and a [3]), hydrocephalus (7 cases, serotype b [6] and a [1]), and others (9 cases, all serotype b).

Characteristics for the *H. influenzae* type a meningitis cases identified through active surveillance in Salvador, Brazil, according to the presence on the isolate of the IS1016-bexA partial gene deletion.

**Table 3**

Characteristics	Presence of IS1016-bexA deletion in <i>H. influenzae</i> type a isolates		P value
	With (n=9)	Without (n=19)	
	N (%) or median (IQR)		
Male sex	5 (56)	13 (68)	0.68
Age <5 years	8 (89)	16 (84)	1.00
CSF exam			
Cells ( $\times 10^3/\text{mm}^3$ )	10.0 (4.5–10.0)	7.8 (1.2–10.0)	0.27
Glucose level (mg/dL)	20 (20–28)	20 (20–30)	0.55
Protein level (mg/dL)	280 (100–500)	300 (200–500)	0.94
Neurological deficit	1 (17)	7 (39)	0.62
Death	3 (33)	1 (5)	0.08
<5 years of age <sup>a</sup>	3 (38)	0 (0)	0.03

NOTE:

<sup>a</sup> Among the cases of *H. influenzae* type a with and without the IS1016-bexA deletion, 8 and 16 had <5 years of age, respectively.