Glaucoma and Congenital Zika Syndrome

Ocular lesions are a prominent feature of congenital Zika virus (ZIKV) infection, in addition to microcephaly and severe central nervous system defects. Such manifestations, which include chorioretinal atrophy, focal pigmented mottling, and optic nerve abnormalities, have been for the most part restricted to the posterior segment. Glaucoma is a rare sequel of congenital infections and at present, has not been described among infants exposed to ZIKV during gestation.

Herein, we report a 3-month-old male infant who was born during the microcephaly outbreak in the city of Salvador, Brazil, and presented with an enlarged right eye, photophobia, and persistent tearing. During the fourth week of pregnancy, the mother had an acute illness characterized by cutaneous rash, fever, and arthralgia that lasted 3 days. An infant weighing 1.892 kg was delivered by caesarian section at 38 weeks of gestation who had severe microcephaly (−4.54 standard deviation below the Inter-Growth standard), bilateral lower extremity arthrogryposis, and according to cranial computed tomography, ventriculomegaly, diffuse parenchymal calcifications, dysgenesis of the corpus callosum, and a simplified gyral pattern. An ophthalmologic evaluation, performed 3 days after birth, found chorioretinal atrophy and focal pigmented mottling in both eyes and optic nerve hypoplasia in the right eye, signs consistent with glaucoma were not identified. Sera obtained at birth tested positive for anti-ZIKV immunoglobulin M antibodies and negative for anti-dengue virus immunoglobulin M antibodies, as well as for other causes of congenital infection. Real-time reverse transcriptase polymerase chain reaction testing of newborn blood did not detect ZIKV RNA.

During an outpatient visit 95 days after birth, the infant was found to have an enlarged right eye and persistent tearing. The mother did not report additional ocular symptoms before the evaluation. The infant displayed significant irritability and severe photophobia. The right eye had an increased horizontal corneal diameter in comparison to the left eye (13 mm in the right eye vs 10 mm in the left eye; Fig 1) and an increased intraocular pressure (30 mm Hg in the right eye vs 14 mm Hg in the left eye). The right cornea was severely edematous, but the angle was gonioscopically unremarkable. The left eye demonstrated posterior embryotoxon and gonioscopy showed a white membrane in the peripheral iris extending through Schwalbe’s line. The angle was open without evidence of inflammation. The patient underwent trabeculectomy of the right eye 114 days after birth, which resulted in normalization of the ocular pressure (15 mmHg) and significant reduction of the corneal edema, tearing, and photophobia. Examination indicated mild atrophy of the iris in the right eye and retinal lesions bilaterally unchanged from the examination performed at birth. Real-time reverse transcriptase polymerase chain reaction did not detect ZIKV-specific RNA in samples of the aqueous humor and vitreous obtained during surgery.

To our knowledge, this is the first report that describes glaucoma as a manifestation of congenital ZIKV infection. Clinicians should be aware of the possibility given the morbidity associated with glaucoma among infants. Furthermore, this case suggests that ZIKV may mediate damage to the anterior segment in addition to the posterior chamber of the eye. We reported a case of an infant with congenital ZIKV infection who presented with iris coloboma and lens subluxation at birth. Recently, uveitis has been reported as a manifestation of acute ZIKV infection in adults. With an infection occurring many months before birth, we did not detect viral RNA in the aqueous humor; however, further study is needed to determine whether glaucoma and anterior segment lesions are owing to the direct or indirect effects of the virus during gestation or postpartum, as well as the risk that these sequelae pose for newborn infants with congenital ZIKV infection.
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