Outcomes of HIV-positive patients with cryptococcal meningitis in the Americas


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ABSTRACT

Background: Cryptococcal meningitis (CM) is associated with substantial mortality in HIV-infected patients. Optimal timing of antiretroviral therapy (ART) in persons with CM represents a clinical challenge, and the burden of CM in Latin America has not been well described. Studies suggest that early ART initiation is associated with higher mortality, but data from the Americas are scarce.

Methods: HIV-infected adults in care between 1985–2014 at participating sites in the Latin America (the Caribbean, Central and South America network (CCASAnet)) and the Vanderbilt Comprehensive Care Clinic (VCCC) and who had CM were included. Survival probabilities were estimated. Risk of death when initiating ART within the first 2 weeks after CM diagnosis versus initiating between 2–8 weeks was assessed using dynamic marginal structural models adjusting for site, age, sex, year of CM, CD4 count, and route of HIV transmission.

Findings: 340 patients were included (Argentina 58, Brazil 138, Chile 28, Honduras 27, Mexico 34, VCCC 55) and 142 (42%) died during the observation period. Among 151 patients with CM prior to ART 56 (37%) patients died compared to 86 (45%) of 189 with CM after ART initiation (p = 0.14). Patients diagnosed with CM after ART had a higher risk of death (p = 0.03, log-rank test). The probability of survival was not statistically different between patients who started ART within 2 weeks of CM (7/24, 29%) vs. those initiating between 2-8 weeks (14/53, 26%) (p = 0.96), potentially due to lack of power.

Interpretation: In this large Latin-American cohort, patients with CM had very high mortality rates, especially those diagnosed after ART initiation. This study reflects the overwhelming burden of CM in HIV-infected patients in Latin America.

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Introduction

Cryptococcal meningitis (CM) is associated with substantial morbidity and mortality worldwide among HIV-infected patients. Mortality in settings across low, middle, and high income countries has ranged from 10–43%, despite availability of appropriate treatment (Jarvis and Harrison, 2007). In studies from Brazil and Argentina, mortality rates among those with CM have been as high as 30–63% (Bamba et al., 2012). However, other reports from Peru and Brazil demonstrate that when intracranial pressure is aggressively managed, mortality rates are lower, at 19% and 26%, respectively (Vidal et al., 2013). In many resource-constrained settings however, performing serial lumbar punctures or placing ventriculo-peritoneal shunts to manage intracranial pressure may not be possible. Additionally, the gold standard of effective induction therapy for CM requires potent fungicidal drugs such as flucytosine (5-FC) with amphotericin B (lipid formulation) (Perfect et al., 2010), which may be unavailable in resource-constrained settings such as some countries in Latin America.

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Further, without reconstitution of the immune system in patients with acquired immunodeficiency syndrome (AIDS), as well as consolidation and maintenance therapy after induction, relapse of CM may be as high as 15% (Perfect et al., 2010). Moreover, correctly timed introduction of antiretroviral therapy (ART) represents a clinical challenge given the risk for immune reconstitution inflammatory syndrome (IRIS) and fatal outcomes (WHO, 2011; Bisson et al., 2013; Department of Health and Human Services, 2016). A prospective randomized controlled trial from Zimbabwe found that patients who received ART within 72 h of diagnosis of CM had mortality rates of 88% versus 54% in those who delayed ART initiation to 10 weeks; all participants received 800 mg of fluconazole daily for CM induction therapy (Makadzange et al., 2010). Another randomized controlled trial in Uganda and South Africa demonstrated that patients who received early ART (within 2 weeks of diagnosis of cryptococcal meningitis) were at higher risk of mortality than those in whom ART initiation was delayed until 5 weeks after diagnosis (45% vs 30% at 26 weeks) (Boulware et al., 2014). The majority of studies of HIV-associated CM have been conducted in Sub-Saharan Africa, whereas studies of CM outcomes in HIV-infected patients in the Americas (which have a mix of low, middle, and high-income countries) are scarce. We investigated mortality and timing of ART initiation among patients with CM at study sites in South (3), Central (1), and North America (2).

### Methods

#### Data collaboration

The Caribbean, Central and South America network for HIV epidemiology (CCASAnet) cohort (www.ccasanet.org) has been described elsewhere (McGowan et al., 2007). The collaboration was established in 2006 as Region 2 of the International Epidemiologic Databases to Evaluate AIDS (IeDEA; www.iedea.org) with the purpose of collecting retrospective clinical HIV data to describe the unique characteristics of the epidemic in Latin America and the Caribbean. Five CCASAnet sites that routinely collect clinical endpoints contributed patient data to this study: Centro Medico Huesped/Hospital Fernandez, Buenos Aires, Argentina (CMH/HF-Argentina); Instituto de Pesquisa Clínica Evandro Chagas, Fundação Oswaldo Cruz, Rio de Janeiro, Brazil (FC- Brazil); Fundación Arriarán, Santiago, Chile (FA-Chile); Instituto Hurtado de Seguridad Social and Hospital Escuela, Tegucigalpa, Honduras (IHSS/HE-Honduras); and Instituto Nacional de Ciencias Médicas y Nutrición Salvador Zubirán, Mexico City, Mexico (INCMNSZ-Mexico). Data were also obtained from the Vanderbilt Comprehensive Care Clinic in Nashville, Tennessee, U.S. A. (VCCC-US), which provides care to HIV-infected individuals in a large region of the southeastern United States.

#### Table 1

<table>
<thead>
<tr>
<th>Patient characteristics by site</th>
<th>CMH/HF-Argentina (n = 58)</th>
<th>FC-Brazil (n = 138)</th>
<th>FA-Chile (n = 28)</th>
<th>IHSS/HE-Honduras (n = 27)</th>
<th>INCMNSZ-Mexico (n = 34)</th>
<th>VCCC-United States (n = 55)</th>
<th>CCASAnet (n = 285)</th>
<th>Combined (n = 440)</th>
<th>p-value*</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Patient age at enrollment (years)</strong></td>
<td>35 (31–39)</td>
<td>35 (29–41)</td>
<td>34 (28–43)</td>
<td>37 (31–43)</td>
<td>35 (29–44)</td>
<td>41 (36–45)</td>
<td>35 (29–41)</td>
<td>36 (30–43)</td>
<td>&lt;0.001</td>
</tr>
<tr>
<td><strong>Male sex</strong></td>
<td>51 (88%)</td>
<td>105 (76%)</td>
<td>26 (93%)</td>
<td>16 (59%)</td>
<td>29 (85%)</td>
<td>44 (80%)</td>
<td>227 (80%)</td>
<td>271 (80%)</td>
<td>1.000</td>
</tr>
<tr>
<td><strong>CD4 at enrollment</strong></td>
<td>46 (19–75)</td>
<td>111 (40–242)</td>
<td>46 (4–104)</td>
<td>50 (45–110)</td>
<td>37 (13–96)</td>
<td>29 (8–58)</td>
<td>51 (21–132)</td>
<td>46 (15–105)</td>
<td>&lt;0.001</td>
</tr>
<tr>
<td><strong>Missing CD4 at enrollment, n (%)</strong></td>
<td>34 (59%)</td>
<td>92 (67%)</td>
<td>19 (68%)</td>
<td>10 (37%)</td>
<td>1 (3%)</td>
<td>0 (0%)</td>
<td>156 (55%)</td>
<td>156 (46%)</td>
<td>0.065</td>
</tr>
<tr>
<td><strong>CD4 at diagnosis of CM</strong></td>
<td>22 (13–45)</td>
<td>83 (31–182)</td>
<td>28 (10–142)</td>
<td>5 (4–65)</td>
<td>28 (10–51)</td>
<td>38 (11–69)</td>
<td>47 (17–112)</td>
<td>45 (16–100)</td>
<td>0.065</td>
</tr>
<tr>
<td><strong>Missing CD4 at diagnosis of CM, n (%)</strong></td>
<td>26 (45%)</td>
<td>61 (44%)</td>
<td>14 (50%)</td>
<td>8 (30%)</td>
<td>1 (3%)</td>
<td>21 (38%)</td>
<td>110 (39%)</td>
<td>131 (39%)</td>
<td>0.495</td>
</tr>
<tr>
<td><strong>CD4 at ART initiation</strong></td>
<td>30 (14–65)</td>
<td>110 (43–251)</td>
<td>31 (13–51)</td>
<td>56 (17–90)</td>
<td>51 (24–128)</td>
<td>25 (12–41)</td>
<td>141 (41%)</td>
<td>0.442</td>
<td></td>
</tr>
<tr>
<td><strong>Missing CD4 at ART initiation, n (%)</strong></td>
<td>25 (43%)</td>
<td>68 (49%)</td>
<td>16 (57%)</td>
<td>3 (11%)</td>
<td>9 (26%)</td>
<td>121 (42%)</td>
<td>0.001</td>
<td></td>
<td></td>
</tr>
<tr>
<td><strong>Route of HIV transmission, n (%)</strong></td>
<td><strong>Heterosexual</strong></td>
<td>16 (26%)</td>
<td>50 (36%)</td>
<td>16 (59%)</td>
<td>13 (38%)</td>
<td>24 (44%)</td>
<td>104 (36%)</td>
<td>128 (38%)</td>
<td>0.001</td>
</tr>
<tr>
<td><strong>MSM</strong></td>
<td>18 (31%)</td>
<td>53 (38%)</td>
<td>27 (48%)</td>
<td>2 (41%)</td>
<td>20 (59%)</td>
<td>16 (29%)</td>
<td>110 (39%)</td>
<td>126 (37%)</td>
<td>0.001</td>
</tr>
<tr>
<td><strong>Other</strong></td>
<td>19 (33%)</td>
<td>9 (7%)</td>
<td>1 (4%)</td>
<td>0 (0%)</td>
<td>29 (10%)</td>
<td>8 (5%)</td>
<td>29 (10%)</td>
<td>37 (11%)</td>
<td>0.442</td>
</tr>
<tr>
<td><strong>Unknown</strong></td>
<td>5 (9%)</td>
<td>26 (19%)</td>
<td>10 (37%)</td>
<td>3 (13%)</td>
<td>7 (13%)</td>
<td>42 (15%)</td>
<td>49 (14%)</td>
<td>0.442</td>
<td></td>
</tr>
<tr>
<td><strong>Deaths</strong></td>
<td>11 (19%)</td>
<td>85 (62%)</td>
<td>9 (33%)</td>
<td>13 (38%)</td>
<td>13 (38%)</td>
<td>124 (44%)</td>
<td>142 (42%)</td>
<td>0.182</td>
<td></td>
</tr>
<tr>
<td><strong>Never started on ART</strong></td>
<td>1 (2%)</td>
<td>14 (10%)</td>
<td>3 (11%)</td>
<td>2 (7%)</td>
<td>4 (12%)</td>
<td>3 (5%)</td>
<td>24 (8%)</td>
<td>27 (8%)</td>
<td>0.636</td>
</tr>
<tr>
<td><strong>CM before ART initiation</strong></td>
<td>27 (47%)</td>
<td>29 (21%)</td>
<td>15 (56%)</td>
<td>10 (29%)</td>
<td>34 (62%)</td>
<td>90 (32%)</td>
<td>124 (36%)</td>
<td>&lt;0.001</td>
<td></td>
</tr>
<tr>
<td><strong>CM after ART initiation</strong></td>
<td>102 (52%)</td>
<td>30 (59%)</td>
<td>16 (57%)</td>
<td>10 (37%)</td>
<td>20 (59%)</td>
<td>18 (33%)</td>
<td>171 (60%)</td>
<td>189 (56%)</td>
<td>&lt;0.001</td>
</tr>
<tr>
<td><strong>Days from ART initiation to diagnosis of CMb</strong></td>
<td>1025 (168–2383)</td>
<td>832 (125–2404)</td>
<td>988 (125–2404)</td>
<td>69 (125–2404)</td>
<td>363 (125–2404)</td>
<td>734 (125–2404)</td>
<td>743 (97–198224)</td>
<td>0.888</td>
<td></td>
</tr>
<tr>
<td><strong>Follow-up after CM (years)</strong></td>
<td>4 (0.8–8)</td>
<td>3 (0.2–6)</td>
<td>6.3 (3–9)</td>
<td>6.3 (1.6–8.4)</td>
<td>1.3 (0.3–4.5)</td>
<td>3.5 (1.4–7)</td>
<td>3.5 (0.5–7.5)</td>
<td>0.39</td>
<td></td>
</tr>
</tbody>
</table>

Continuous variables are reported as medians (interquartile range).  
CMH/HF-Argentina – Centro Medico Huesped/Hospital Fernandez, Buenos Aires, Argentina.  
FC-Brazil – Instituto de Pesquisa Clínica Evandro Chagas, Fundação Oswaldo Cruz, Rio de Janeiro, Brazil.  
FA-Chile – Fundación Arriarán, Santiago, Chile.  
IHSS/HE-Honduras – Instituto Hurtado de Seguridad Social and Hospital Escuela, Tegucigalpa, Honduras.  
INCMNSZ-Mexico – Instituto Nacional de Ciencias Médicas y Nutrición Salvador Zubirán, Mexico City, Mexico.  
VCCC-US – US Vanderbilt Comprehensive Care Clinic, Nashville, Tennessee, U.S.A.  
CM Cryptococcal meningitis.  
MSM – Men who have sex with men.  
* p-values between CCASAnet and Vanderbilt.  
*a Time to ARV estimated only in patients with a cryptococcosis event reported before ARV initiation.  
b Time since ARV initiation to cryptococcosis event estimated only in patients with a cryptococcosis event reported after ARV initiation.
Study population and statistical analysis

The study included all HIV-infected patients ≥18 years of age in care from 1985–2014 at CCASAnet sites in Latin America and VCCC-US sites who were diagnosed with CM. The primary endpoint was all-cause mortality. Mortality rates were compared between patients with CM diagnosis before versus after ART initiation using Kaplan-Meier techniques. A multivariable Cox regression model was used to assess predictors of the hazard of mortality after stratifying by study site. Predictor variables included sex, age at CM diagnosis, route of HIV transmission, CD4 count at CM diagnosis, whether the patient had initiated ART prior to CM diagnosis (yes/no), and years between CM diagnosis and the calendar year of the start of combination ART (cART) era for each site. Additionally, a similar model was used comparing all CCASAnet sites with VCCC-US. The cART era started in 2000 in CMH/FH-Argentina, 1997 in FC-Brazil, 2001 in FA-Chile, 2002 in IHSS/HE-Honduras, 2001 in INMNSZ-Mexico, and 1996 in the VCCC-US. The continuous variables CD4 count, age, and years between CM diagnosis and start of cART era, were included in the models using restricted cubic splines with three knots.

Survival probabilities were estimated using Kaplan-Meier techniques among patients who had CM prior to ART initiation; according to the COAT trial (Boulware et al., 2014) we divided patients into those who initiated ART within the first two weeks after CM diagnosis were compared with those who initiated ART between 2–8 weeks. Curves were weighted by the inverse probability of starting ART within the first two weeks after CM diagnosis estimated in a logistic model adjusting by site, CD4 count at CM diagnosis, age, sex, route of HIV transmission, and number of years from CM diagnosis to the era of cART in each country.

A dynamic marginal structural model was used to compare the treatment strategies: 1) ART start within the first two weeks after CM diagnosis (immediate arm) versus 2) ART start between 2–8 weeks after CM diagnosis (deferred arm). Following standard dynamic marginal structural model methods (Cain et al., 2016) all patients with CM diagnosis prior to starting ART contributed data to both treatment strategy arms until their data were no longer consistent with a particular treatment strategy, at which time their data were artificially censored from that study arm. Inverse probability weights were used to account for potential bias due to artificial censoring. A pooled logistic model including time in days was used to estimate the probability of starting ART at each week for the first eight weeks following CM diagnosis. This model included study site, age, sex, route of transmission, time-updated CD4 count, and year of CM diagnosis. Inverse probability weights were computed as the inverse probability of not being artificially censored from a given treatment strategy based on the probability of starting (or not starting) ART and the inverse probability of having a CD4 count. Weights were truncated at the 95th percentile (9.75); results were similar truncating weights at the 97.5th percentile (12.3). These truncated weights were then included in a pooled logistic regression model including time from CM diagnosis (both linear and quadratic terms) and treatment strategy indicator (immediate versus defer); confidence intervals were constructed using robust standard errors. The predicted survival probability over time for each treatment strategy was computed using this model for illustration in Figure 3.

Results

Clinical characteristics of study population

A total of 340 patients with CM were included. Of these, 58 were from CMH/FH-Argentina, 138 from FC-Brazil, 28 from FA-Chile, 27 from IHSS/HE-Honduras, 34 from INMNSZ-Mexico, and 55 from VCCC-US (Table 1). The median patient age at enrolment in care was 36 years (interquartile range [IQR] 30–43) and 80% were male. Median CD4 count at diagnosis of CM was 45 cells/mm³ (IQR 16–100). One hundred and fifty-one (44%) patients had CM before initiating ART initiation, and among these, 27 (8% of the study population) never initiated ART. CD4 counts were not statistically different for those who presented with CM after starting ART compared to those with CM before ART (55 vs 39 cells/mm³, respectively; p = 0.27), although 39% had missing CD4 data at the time of CM diagnosis. For patients with CM before ART initiation who subsequently started ART, the median time to ART initiation was shorter in the Latin American cohort when compared with the VCCC-US [33 days (IQR 14–73) vs 58 days (IQR 32–214), respectively; p = 0.002] (Table 1). Among the 189 individuals who developed CM after starting ART, the median time to CM after ART initiation was 743 days (IQR 98–2274,

Figure 1. (A) Estimated survival probability by time of CM and start of ART. (B) Estimated survival probability for patients who started ART within 2 weeks of CM vs. those starting between 2–8 weeks.

Footnote: (Figure A) Survival is statistically lower in ART naive patients with Cryptococcal Meningitis (CM) compared to those with CM after initiating ART. (Figure B) In ART naive patients, no statistical difference was found comparing those who started ART ≤2 weeks after CM diagnosis with those who started ART 2–8 weeks after CM diagnosis. Both figures show unadjusted Kaplan-Meier estimates; p-values are from log-ranking tests.
Table 1. Of these, 79 (42%) had evidence of virological failure at time of CM diagnosis and 93 (76%) had history of virological failure before CM was diagnosed.

Mortality

A total of 142 patients with CM (42%) died during the observation period (median follow-up 0.92 years; IQR 0.09–3.61 years), including 124 (44%) in Latin American sites and 18 (33%) in the VCCC-US cohort. Fifty-six (37%) patients who had CM prior to ART initiation died, whereas 86 (45%) of those with CM after ART died, p = 0.14. The estimated probability of mortality over time after CM diagnosis according to whether a patient had started ART prior to CM diagnosis is shown in Figure 1A. Patients diagnosed with CM after ART had a slightly higher risk of death (p = 0.03, log-rank test).

After adjusting for site, age, years between CM diagnosis and the start of the cART era, CD4 count at CM diagnosis, sex, and route of HIV transmission, the hazard of death was 1.28 times higher (95% confidence interval 0.87–1.88, p = 0.21) for patients who had CM after ART initiation compared to those who had CM prior to ART (Table 2). In a separate analysis, we compared the Latin American sites versus the US site adjusting for all other variables; the hazard of death was higher in Latin America but did not achieve statistical significance (HR = 1.51, 95% CI = 0.83–2.72). Forty-two cases of CM occurred in the pre-cART era vs 298 cases in the post-cART era, with 66% mortality rate in the pre-cART era vs 38% in the post-cART era. Higher CD4 count at CM diagnosis (p = 0.002) and more recent year of CM diagnosis (relative to the start of the cART era, p = 0.01) were associated with lower hazards of mortality (Table 2). Figure 2 shows that the hazard of mortality decreased in the 5 years prior to and the 5 years after the cART era, but has stabilized thereafter. Age, sex, and route of HIV transmission were not statistically associated with mortality.

Among the 151 patients who had not started ART prior to CM diagnosis, 56 (37%) died during follow-up. Notably, of the 27 who never started ART, 24 (89%) died. The probability of survival between those who started ART within 2 weeks of CM diagnosis

Table 2
Factors associated with mortality adjusted by site, years since introduction of cART, CD4 count at CM diagnosis, sex, route of HIV transmission, age and ART initiation relative to CM diagnosis.

<table>
<thead>
<tr>
<th>Site</th>
<th>HR (95%CI)</th>
<th>p-value</th>
</tr>
</thead>
<tbody>
<tr>
<td>Argentina vs Brazil</td>
<td>0.23 (0.11–0.48)</td>
<td>&lt;0.01</td>
</tr>
<tr>
<td>Chile vs Brazil</td>
<td>0.25 (0.09–0.63)</td>
<td>&lt;0.01</td>
</tr>
<tr>
<td>Honduras vs Brazil</td>
<td>0.40 (0.19–0.84)</td>
<td>0.01</td>
</tr>
<tr>
<td>Mexico vs Brazil</td>
<td>0.57 (0.30–1.09)</td>
<td>0.09</td>
</tr>
<tr>
<td>VCCC-US vs Brazil</td>
<td>0.42 (0.23–0.75)</td>
<td>&lt;0.01</td>
</tr>
<tr>
<td>Number of years of CM since cART era</td>
<td></td>
<td></td>
</tr>
<tr>
<td>One year before era cART</td>
<td>1.09 (1.01–1.17)</td>
<td>0.02</td>
</tr>
<tr>
<td>Two years after era cART</td>
<td>0.84 (0.74–0.97)</td>
<td>0.02</td>
</tr>
<tr>
<td>Five years after era cART</td>
<td>0.71 (0.54–0.93)</td>
<td>0.01</td>
</tr>
<tr>
<td>Ten years after era cART</td>
<td>0.69 (0.48–1.00)</td>
<td>0.05</td>
</tr>
<tr>
<td>CD4 at diagnosis of CM</td>
<td></td>
<td></td>
</tr>
<tr>
<td>100 vs 50</td>
<td>0.83 (0.70–0.98)</td>
<td>0.03</td>
</tr>
<tr>
<td>200 vs 50</td>
<td>0.65 (0.47–0.89)</td>
<td>&lt;0.01</td>
</tr>
<tr>
<td>350 vs 50</td>
<td>0.51 (0.31–0.84)</td>
<td>&lt;0.01</td>
</tr>
<tr>
<td>Male</td>
<td>1.06 (0.42–2.68)</td>
<td>0.89</td>
</tr>
<tr>
<td>Route of HIV transmission</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Homosexual vs Heterosexual</td>
<td>1.00 (0.64–1.57)</td>
<td>0.98</td>
</tr>
<tr>
<td>Other vs Heterosexual</td>
<td>1.19 (0.59–2.39)</td>
<td>0.61</td>
</tr>
<tr>
<td>Unknown vs Heterosexual</td>
<td>1.60 (0.96–2.68)</td>
<td>0.07</td>
</tr>
<tr>
<td>Age at diagnosis of CM</td>
<td></td>
<td></td>
</tr>
<tr>
<td>30 vs 20</td>
<td>0.96 (0.58–1.58)</td>
<td>0.88</td>
</tr>
<tr>
<td>40 vs 20</td>
<td>0.98 (0.48–2.00)</td>
<td>0.96</td>
</tr>
<tr>
<td>50 vs 20</td>
<td>1.08 (0.56–2.10)</td>
<td>0.80</td>
</tr>
<tr>
<td>ART use prior to CM diagnosis</td>
<td></td>
<td></td>
</tr>
<tr>
<td>CM after ART vs CM before ART</td>
<td>1.28 (0.87–1.88)</td>
<td>0.21</td>
</tr>
</tbody>
</table>

Figure 2. Adjusted model for mortality risk over time since the beginning of the cART era.

Note: plot adjusted for these values: site = Brazil, Age = 20 years, gender = male, Transmission route = Homosexual, CD4 count = 50 cells/mm³, and CM after ART initiation. Year 0 in x-axis marks the beginning of the cART era.

Footnote: This figure represents the association between mortality and time from a patient’s CM diagnosis to the year that cART was introduced at the patient’s study site. The highest mortality was observed among patients diagnosed with CM before the introduction of cART; mortality declines in the cART era, although there is a plateau in mortality in later years of the cART era.

and between 2–8 weeks of survival was similar (Figure 1B). However, because of early deaths (i.e., survival bias), these numbers could be misleading if used to determine the optimal timing of ART initiation after CM diagnosis. More appropriately, a dynamic marginal structural model considered the impact of starting ART <2 weeks after CM diagnosis versus starting between 2–8 weeks after diagnosis. In this model, the odds of death for starting ART <2 weeks after CM were 1.09 (95% CI, 0.44–2.67; p = 0.84) times higher than for starting between 2–8 weeks (Figure 3).

Discussion

Latin America has the third highest rate of cryptococcal meningitis associated with HIV/AIDS in the world, with nearly 55,000 cases estimated annually (Vidal et al., 2013). In our analysis, dynamic marginal structural models did not show an increased risk of death for patients who started ART within 2 weeks after diagnosis of cryptococcal meningitis compared with those who started during weeks 2–8. Our results are consistent with a systematic review that found no difference in mortality for early versus delayed ART initiation; this review included patients in Puerto Rico, Zimbabwe, the U.S., and South Africa (Njei et al., 2013). However, this differs from the findings of the COAT trial, which found that patients randomized to start ART within 2 weeks after diagnosis of CM had a higher risk of mortality compared to those assigned to defer ART until 5 weeks after diagnosis of CM (Boulware et al., 2014).

There are several reasons why our study may have failed to detect a difference in mortality between early and delayed ART initiation. First, it is probable that our study lacked statistical power to detect such a difference. Although our study is one of the largest to date, analyses of this nature are known to require very large sample sizes (Cain et al., 2016; Shepherd et al., 2016). Second, variations in treatment across sites and regions in our real-world

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Figure 3. Predicted survival probability over time according to ART initiation strategy.
Footnote: Dynamic marginal structural models considered the impact of starting ART < 2 weeks after CM diagnosis versus starting between 2–8 weeks after diagnosis. In this model, no statistical differences in mortality were seen, with an odds of death for starting ART < 2 weeks after CM of 1.09 (95% CI 0.44–2.67; p = 0.84) times higher than for starting between 2–8 weeks.

clinic setting may have affected outcomes. The COAT trial was performed in low income Sub-Saharan African countries with a fixed clinical treatment protocol, whereas our study was conducted retrospectively in a mix of low, middle, and high income countries in the Americas with substantial variation in treatment practices and resources, including the availability of ART regimens and treatments for CM (data.worldbank.org/maps 2015, World Bank 2015). For example, sites had varying access to amphotericin products, and none of the sites in our analysis, except for VCCC-US, currently have access to fluconazole. There may also be variation across sites in diagnostic capacity, ability to perform lumbar puncture or place ventriculoperitoneal shunts, or access to neurosurgical specialists or imaging modalities. Further, local guidelines for the treatment of CM and provider adherence to standards of care could vary within the region. It is possible that our cohort heterogeneity may have made it more difficult to detect the impact of the timing of ART initiation on outcomes. Given that patients were not randomized to immediate or deferred ART therapy in our study, those who deferred ART may have been different from those who started ART shortly after CM diagnosis. Although we attempted to control for patient characteristics, as with all observational studies, there may be unmeasured variables that are also associated with patient mortality that affected our results.

Our study results (and limitations) are similar to those from a large collaborative study in North America and Europe that implemented similar analysis techniques using observational data from 235 ART-naïve patients diagnosed with CM between 1998 and 2009, during the combination ART era (Ingle et al., 2015). Dynamic marginal structural models were used to compare ART initiation within 14 days of CM to deferring ART until 14–56 days after CM diagnosis. The crude and adjusted hazard ratios comparing early to deferred treatment were 1.29 (95% CI 0.68–2.43) and 1.30 (95% CI 0.66–2.55), respectively, with a total of 15 deaths in the early ART arm and 25 deaths in the deferred arm. The overall mortality rate in this study, 18% at 6 months, was substantially lower than in our study or the COAT trial.

In our analysis, mortality was high, regardless of the clinical site. Even in the cART era overall mortality was 38% (vs 66% pre-cART era). Mortality in the post-cART-era was 33% at the VCCC-US site vs 39% at CCASAnet sites (p-value 0.50). Mortality at our US site was higher than observed in the North America/Europe collaborative study (Ingle et al., 2015), despite similar access to state of the art therapeutic and diagnostic modalities. However, our results are consistent with mortality figures previously cited elsewhere in Africa, Asia, and the US (Jarvis and Harrison, 2007; Bamba et al., 2012; Anekthananon et al., 2011). The findings in our study highlight the poor outcomes of HIV-associated CM, regardless of resources or cART availability. The devastating nature of CM in HIV, even during the cART era was further highlighted in a recent study of 283 episodes of CM in Botswana from 2012–2014; this study showed a one year mortality of 65%, despite the use of amphotericin-B plus fluconazole for induction treatment (Tshepo et al., 2017).

Our analysis straddles the cART era, and the timing of availability of effective cART in each of the six countries was variable, ranging from 1996/1997 in US and Brazil to 2002 in Honduras. Data from Brazil showed a significant reduction in reported cases of CM from 1992 to 2010, attributed to the scale-up of ART access in the region (Vidal et al., 2013). Despite improved access to ART, late testers and late presenters are frequent in Latin America, with one study reporting that 45% of those recently diagnosed with HIV had CD4 < 200 cells/mm³ (Crabtree Ramirez et al., 2011). With late testers and presenters comprising such a large proportion of the newly-diagnosed, the risk for CM remains high and prevention of CM must be linked with efforts at earlier HIV diagnosis and linkage to care in the region.

Interestingly, in our study when looking at the unadjusted time from CM diagnosis to death (Figure 1A) mortality was higher in those who developed CM after ART start (p = 0.03). However, there was no difference in mortality when looking at the adjusted time from CM diagnosis to death (Table 2; HR-1.28, p = 0.21). Our results suggest that perhaps people diagnosed with CM after ART initiation may have higher rates of mortality than those diagnosed before ART, but the evidence of such an association is not strong. On average, the individuals who developed CM after ART did so in a median time of 2–3 years after ART initiation, yet still had CD4 counts that were well below 100 cells/mm³, putting them at risk for CM and other opportunistic infections. In the Botswana study of CM in the cART era, 51% of individuals who developed CM were already on ART (Tshepo et al., 2017). The development of CM after ART initiation could reflect an immune reconstitution syndrome (IRIS) or “unmasking” of CM (Bisson et al., 2013), in which case mortality is higher than in those without IRIS; however, one would expect these cases to have developed in the first weeks to months after ART initiation. Alternatively, the CM cases that
developed several years after ART initiation could be attributed to poor adherence and/or virological failure indicating perhaps poor prognostic factors overall; this is supported in our study by the fact that 76% who developed CM after ART start had evidence of preceding virologic failure.

There were several limitations to our study. As mentioned above, our study was not a randomized controlled trial and observational cohort data were used. In an attempt to simulate a randomized controlled trial, dynamic marginal structural models were used. Further, our study period straddles the combination ART era and although we attempted to adjust for these differences, those patients with HIV and CM before the combination ART era may have fundamentally different outcomes than those after the combination ART era. We did not have data on clinical presentation at the time of CM diagnosis, nor do we have data on CSF parameters or other laboratory data on diagnosis. Finally, Latin America is comprised of countries that span low to high income levels (Park et al., 2009). Our sites represent a heterogeneous group with varying access to diagnostic and treatment resources and differing standards of care, and therefore these results may not be generalizable across other settings in Latin America.

In summary, this is one of the largest studies to investigate mortality among HIV-infected patients after CM diagnosis, and one of very few studies of CM outcomes across the Americas. We found that mortality rates remain high, in spite of location or cART era. In contrast to randomized trials performed in sub-Saharan Africa, there was no statistical difference in mortality according to timing of cART initiation, perhaps due to lack of power, heterogeneity in real-world clinical practice, or unmeasured confounding. For those who started cART and then went on to develop CM, there may be a higher rate of death, which appeared to be often associated with virologic failure. Our study suggests that resource-mixed settings such as South, Central, and North America, cryptococcal meningitis remains a serious and often fatal complication of HIV/AIDS.

Conflits of interest


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Ethics statement

Institutional review board approval waiving the requirement for individual patient informed consent was obtained locally for each participating site, and at the VCCC-US and the CCASAnet Data Coordinating Center at Vanderbilt University, Nashville, Tennessee, U.S.A.

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