



Acute coronary syndrome: Relationship between genetic variants and TIMI risk

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ABSTRACT

Acute Coronary Syndrome (ACS) is a multifactorial disease, including the genetic factor, caused by coronary artery obstruction by atheroma. Some genetic variants have been described as risk factors for this disease. Its early diagnosis and stratification of risk of death by Thrombolysis in Myocardial Infarction (TIMI) are important. Therefore, we evaluated variants in the *IL6R* (c950-1722C > T), *TNFA* (c.-488G > A), *LEPR* (c.2673 + 1118C > T) and *IL1b* (c.-598T > C) genes in relation to TIMI risk, cytokine serum levels, and risk factors for ACS. We selected 200 patients with ACS, 50 without ACS from the Real Hospital Português, Recife - PE, and 295 blood donors at the Fundação de Hematologia e Hemoterapia de Pernambuco (HemoPE). Variants were determined by DNA sequencing or enzymatic cleavage. Cytokine levels were measured by ELISA. The most frequent risk factors found in the patients were dyslipidemia and hypertension, this latter associated with high TIMI risk ($p = 0.003$). Genotype frequencies of *IL6R* and *TNFA* differed between patients with ACS and the blood donors ($p = 0.0002$ and $p = 0.01$, respectively), and $TNF-\alpha$ levels differed between genotypes. The TT genotype of the *IL6R* gene is as a possible protective factor for ACS because it was significantly more present in blood donors (32.2%) than in patients with ACS (18.0%), and was more frequent in low TIMI risk (22.9%) than in the intermediate (20.2%) or high (4.9%). In patients with ACS, the TT genotype in *IL6R* was related to a lower concentration of c-reactive protein ($p = 0.03$) and troponin ($p = 0.02$), showing a less inflammatory reaction and tissue damage. The differences in the frequencies of variants in genes of medical interest among the groups show the importance of studies in specific populations groups to establish the relationship between genes and diseases.

1. Introduction

Cardiovascular diseases (DCs) are currently the leading causes of death in the world (WHO, 2016). Among them, Acute Coronary

Syndrome (ACS), which includes Acute Myocardial Infarction (AMI) and Unstable Angina (IA), is a cardiovascular disease caused by obstruction of the coronary arteries by atheromatous plaque and involves clinical symptoms compatible with acute myocardial ischemia [1,2].

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Table 1
Genotyping conditions [16–19].

Genes	Primers	PCR conditions	Fragment Size	Genotyping	Reference	
<i>IL6R</i> (c.950-1722C>T)	F: 5' GTC GCT TTC CCT CTC CG 3'	95°C – 5 min 95°C – 30sec 59°C – 30sec 68°C – 20sec	10X	370 bp	Enzymatic digestion – BsaHI (New England Biolabs®)	[16]
	R: 5' GGA AAC CCC AAG GCA AGA GG 3'	95°C – 30sec 57°C – 30sec 68°C – 20sec 95°C – 30sec 55°C – 30sec 68°C – 20sec				
<i>TNFα</i> (c.-488G>A)	F: 5' AGG CTT GTC CCT GCT ACC CCC 3'	95°C – 5 min 95°C – 30 seg 65°C – 30 seg 72°C – 30 seg	30X	363 bp	DNA Sequencing	[17]
	R: 5' TCC TCC CTG CTC CGA TTC CG 3'	72°C – 2 min				
<i>LEPR</i> (c.2673+1118C>T)	F: 5' GCC CTT CTT TCC TCA AGC CTT CC 3'	95°C – 5 min 95°C – 30 sec 55°C – 30 sec 68°C – 30 sec	30X	515 bp	DNA Sequencing	[18]
	R: 5' GCT CCA AAG CCA GAC AAA CTG GT 3'	68°C – 5 min				
<i>IL1b</i> (c.-598T>C)	F: 5' TGG CAT TGA TCT GGT TCA TC 3'	94°C – 5 min 94°C – 60 sec 55°C – 40 sec 72°C – 40 sec	35X	304 bp	DNA Sequencing	[19]
	R: 5' GTT TAG GAA TCT TCC CAC TT 3'	74°C – 7 min				

ACS has a multifactorial phenotype determined by genetic factors and influenced by other risk factors, such as hypertension, diabetes, dyslipidemia, obesity and smoking. Age and gender also influence its development [3].

The identification of severity risk in ACS patients is important so that they can be benefited with a more appropriate treatment. In this sense the Thrombolysis in Myocardial Infarction (TIMI) research group proposed a rapid and practical classification that selects patients at low, moderate and high risk according to clinical data, electrocardiographic changes and biomarkers of myocardial injury, defining the best therapeutic strategy and prognostic for each case [4].

Several studies seek to describe genetic markers using molecular biology methods to identify genes that are related to coronary heart disease process and its risk factors [5,6]. Therefore, variants of genes involved in the atherosclerosis inflammatory response have received attention as a contribution to the development of innovative tools for diagnosis in ACS [7].

The presence of variants in some genes can alter their transcription and expression levels, generating different amounts of messenger RNA and the respective protein, contributing to the development of some pathologies, such as ACS [8]. Studies with variants in *Interleukin (IL)-6 receptor (IL6R)*, *Leptin Receptor (LEPR)*, *Tumor Necrosis Factor-alpha (TNFα)* and *IL1b* [9–11], were pointed out in association with ACS, but they presented divergent results when it comes to different study populations [12–14].

Thus, the investigation of genetic variants that are related to ACS may contribute to the identification of additional risk factors and function as markers of susceptibility and prognosis in ACS development. So, the aim of this study was to evaluate the relationship between the TIMI risk score and genes variants, inflammatory markers and myocardial injury in patients with ACS.

2. Materials and methods

2.1. Subjects

In an analytical and cross-sectional study with groups comparison, 200 patients (mean age 62.0 ± 13) with ACS admitted to Real Hospital Português (RHP), in Recife - Pernambuco, Brazil from 2012 to 2015 were recruited. All of them were submitted to electrocardiogram and dosages of injury myocardial creatine kinase MB fraction (CK-MB) and troponin and the inflammatory markers: TNF-α, IL-1 and c-reactive protein (CRP). Patients were also classified according to the TIMI risk score in accordance with Antman et al. [4].

The second group consisted of 50 patients (mean age 58.0 ± 18.9) admitted to the RHP with others cardiac disease, but not ACS. Patients with or without ACS on anti-inflammatory drugs treatment, with recent trauma, infectious process or cancer were excluded from this study. Data on the presence of risk factors for ACS, such as diabetes mellitus, systemic arterial hypertension and smoking were collected from the hospital records of the patients.

A group of 295 individuals (mean age 47.3 ± 7.9), blood donors from the Fundação de Hematologia e Hemoterapia de Pernambuco (Hemope) were formed to investigate the frequency of genetic polymorphisms in a healthy population [15]. Individuals with positive serology for HIV, Chagas disease, Hepatitis C, Syphilis and HTLV 1/2 were excluded.

Ethics Committee of RHP approved the study (CAAE 03187512.2.0000.5202) and all participants signed informed consent forms.

2.2. Genotyping

DNA extraction was performed with “illustra genomicPrep blood Mini Spin kit” and the amplification of genes fragments was done by

Table 2
Distribution of diabetes and hypertension in Thrombolysis in Myocardial Infarction (TIMI) risk.

Risk factors	Low risk n = 70n (%)	Intermediate + High risk n = 130n (%)	p [*]	OR	CI 95%
Diabetes	24 (34.3)	67 (51.5)	0.05	1.84	0.99–3.44
Hypertension	46 (65.7)	111 (85.4)	0.003	2.92	1.43–5.97

Legend: n: patients number; p^{*}: multivariate logistic regression; OR: Odds ratio, CI: Confidence Interval.

polymerase chain reaction (PCR) with Platinum Taq DNA polymerase (Invitrogen Life Technologies). The fragments were, then, visualized on 1% agarose gel. Genotyping of *LEPR*, *TNFA* and *IL1b* were done through DNA sequencing at Núcleo de Plataformas Tecnológicas from Centro de Pesquisas Aggeu Magalhães (CPqAM), using the ABI 3500xL Genetic Analyzer (Applied Biosystems, USA). *IL6R* was genotyped by Restriction Fragment Length Polymorphism (RFLP) with the enzyme BsaHI (New England Biolabs®) (Table 1).

2.3. Cytokine quantification

Cytokines levels (TNF- α and IL1) were measured in patient's serum by enzyme linked immunosorbent assay (ELISA; Quantikine kit R&D Systems, Minneapolis, MN) according to manual instructions.

2.4 Statistical analysis

Chi-square test (χ^2) was used to verify the Hardy-Weinberg equilibrium. Differences in genotype and allele frequencies between groups were compared using Williams G test. Odds ratios (ORs) and 95% confidence interval (CI) were also calculated to determine if genotype frequencies are involved with the TIMI score and myocardial injury markers. To compare the variation of cytokine concentrations among groups, the Kruskal-Wallis or Mann-Whitney test were used. A Multinomial logistic regression was used, with low risk TIMI as a reference, to compare genotype and allelic distribution among the TIMI score. Data were considered statistically significant when p value < 0.05. BioEstat software version 5.3 [20] was used.

3. Results and discussion

The male gender was the most frequent in the three groups evaluated: 76.5% (ACS patients), 56.0% (without ACS) and 82.7% (blood donors). Male gender mean age with ACS (60.1 ± 12.3) and without ACS (54.6 ± 17.1) was lower than that for women (67.5 ± 14.3 with ACS and 61.4 ± 20.7 without ACS). According to Overbaugh (2009) [21], mean age considered risk for ACS begins in 45 years for men and 55 for women, which is in agreement with our results. In addition, men often have coronary heart disease earlier than women in part because of the increased exposure of men to some risk factors for heart diseases, such as smoking and obesity. Besides, the female hormone estrogen has protective effect, since it works as a blood pressure regulator and vascular lumen narrowing inhibitor [22].

Most of the studied participants in both ACS and non-ACS groups were non-smokers (69.5% and 82.0%, respectively; $p = 0.003$) and non-diabetic (54.5% and 68.0%, respectively; $p = 0.01$). Similarly, Bray et al. [23], studying Australian patients with ACS found that the majority were non-smokers (64.0%) and had no diabetes (74.0%). Nevertheless, the importance of these two components cannot be excluded as risk factors for cardiovascular diseases, but it reinforces the fact that this disease has a multifactorial characteristic.

The smoke contains oxidizing components that can lead to endothelial dysfunction and injury, initiating the atherosclerotic process. They also favor platelet aggregation, atherosclerotic plaque rupture and

fibrinolytic capacity decrease [24]. Furthermore, cardiovascular disease is the most prevalent cause of morbidity and mortality among people with type 1 or type 2 diabetes [25]. Usually, most patients with diabetes have other comorbidities (obesity, hypertension and dyslipidemias) that together increase the risk for cardiovascular diseases [26].

Most ACS (78.5%) and non-ACS (64.0%) patients from this study had hypertension, but only those in the first group presented dyslipidemia (63.0%). Some studies [23,27,28] involving patients with ACS from different countries (Australia, Pakistan, and Mexico) also found that hypertension rates were 59.0% in Australia, 61.1% in Pakistan and 68.0% in Mexico patients, similar to those found in the non-ACS group (64.0%) and slightly lower than in the ACS group (78.5%) from the present study. According to Kannel et al. [29], hypertension is a powerful predictor of coronary disease. The studies of Bray et al. [23] and Vargas-Alarcon et al. [27] found that 62.0% and 52.0% of patients with ACS, respectively, had dyslipidemias, as in the present study. The participation of hypercholesterolemia as a risk factor for cardiovascular diseases is well established. Angiographic studies have demonstrated that the reduction of blood cholesterol levels slows the progression of atherosclerosis and may even induce its regression [30,31].

From ACS group, 70 patients (35%) presented low, 89 (44.5%) intermediate and 41 (20.5%) high risk of death, according to TIMI classification. For the logistic regression, the intermediate and high risks were compared to the low risk. The four risk factors (smoking, diabetes, hypertension, dyslipidemias) were assessed according to the severity of the TIMI risk in a simple logistic regression model. Diabetes and hypertension presented p value < 0.2 and were selected for multivariate logistic regression. It was then observed that the variable hypertension was related to worsening of the classification ($p = 0.003$), most of the hypertensive patients (85.4%) were classified as intermediate or high TIMI risk, so this risk factor is also related to the severity of the TIMI risk (Table 2).

Genotyping of the samples showed that the genes were in Hardy-Weinberg equilibrium ($p > 0.05$). The most frequent genotype for the *IL6R* was CC (51.5% in ACS patients, 40.0% in non-ACS patients and 49.5% in the blood donors group) with a higher proportion of TT genotype in blood donors (32.2%) than in ACS patients (18.0%; $p = 0.0002$) (Table 3). This fact was also observed in a study by Elliot et al. (2009), which showed that the lower frequency T allele decreases the risk of coronary diseases development.

For *TNFA* gene, the most frequent genotype was GG (73.5% in ACS patients, 74.0% in non-ACS patients and 75.3% in the blood donors group) ($p = 0.01$), with statistical differences among groups (Table 3). For this gene, Zhang et al. [32] found that the A allele is more present in patients with ACS than in healthy individuals in Caucasian populations but not in Asian, African or Indian populations. Studies [17,32] that point to the A allele in susceptibility to coronary disease state that this allele is associated to higher serum cytokine levels in relation to G allele. However, serum TNF- α levels in our samples did not show any difference among genotypes, neither between patients and the blood donors.

Regarding the *LEPR* gene, the highest frequency genotype was CT (49.0% in patients with ACS, 58.0% in non-ACS and 51.9% in blood donors group) with no significant differences among groups. In *IL1b* gene, the most found genotype was CT (52.0% in ACS patients, 46.0% in non-ACS patients and 46.8% in the blood donors group), also with no statistical differences among groups (Table 3). Serum IL-1 levels were not influenced by the genotypes in the analyzed samples.

When ACS patients were stratified according to TIMI risk, there was no differences in the genotypic distributions of *TNF- α* , *LEPR* and *IL1b*. However, the TT genotype in *IL6R* were different between low and high risk groups (OR = 5.55, $p = 0.03$) and between intermediate and high risk groups (OR = 5.35, $p = 0.04$) (Table 4). This genotype was more frequent in patients with low (22.9%) than in intermediate (20.2%) and high (4.9%) TIMI risks (data not shown). These results, combined with the literature data, show a possible protective role of the TT genotype in

Table 3
Genotype frequencies in the three studied groups.

GENOTYPES	ACS (n = 200) n (%)	Non-ACS (n = 50) n (%)	ACS × Non-ACS p	Blood donors (n = 295) n (%)	ACS × Blood donors p
<i>IL6R (c950-1722C > T)</i>					
CC	103 (51.5)	20 (40.0)	0.29	146 (49.5)	0.0002
CT	61 (30.5)	17 (34.0)		54 (18.3)	
TT	36 (18.0)	13 (26.0)		95 (32.2)	
CC + CT	164 (82.0)	37 (74.0)	0.21	200 (67.8)	0.0004
Alleles					
C	267 (66.8)	57 (57.0)		346 (58.6)	
T	133 (33.2)	43 (43.0)		244 (41.3)	
<i>TNFα (c.-488G > A)</i>					
GG	147 (73.5)	37 (74.0)	0.06	222 (75.3)	0.01
GA	52 (26.0)	10 (20.0)		61 (20.7)	
AA	01 (0.5)	03 (6.0)		12 (4.0)	
GG + GA	199 (99.5)	47 (94.0)	0.03	283 (95.9)	0.007
Alleles					
G	346 (86.5)	84 (84)		505 (85.6)	
A	54 (13.5)	16 (16)		85 (14.4)	
<i>LEPR (c.2673 + 1118C > T)</i>					
CC	77 (38.5)	14 (28.0)	0.19	96 (32.5)	0.33
CT	98 (49.0)	29 (58.0)		153 (51.9)	
TT	25 (12.5)	07 (14.0)		46 (15.6)	
CC + CT	175 (87.5)	43 (86.0)	0.78	249 (84.4)	0.33
Alleles					
C	252 (63.0)	57 (57)		345 (58.5)	
T	148 (37.0)	43 (43)		245 (41.5)	
<i>IL1b (c.-598T > C)</i>					
CC	57 (28.5)	18 (36.0)	0.60	91 (30.8)	0.51
CT	104 (52.0)	23 (46.0)		138 (46.8)	
TT	39 (19.5)	9 (18.0)		66 (22.4)	
CC + CT	161 (80.5)	41 (82.0)	0.06	229 (77.6)	0.58
Alleles					
C	218 (54.5)	59 (59)		320 (54.2)	
T	182 (45.5)	41 (41)		270 (45.8)	

Legend: n: number of individuals; p: p-value < 0.05 (Williams-G test).

IL6R against ACS.

According to Elliot et al., the T allele in *IL6R* is related to increased expression of the soluble IL6 receptor (sIL6R) at the same time as it causes changes in the membrane receptor that couples the IL-6/sIL6R complex. The increase of sIL6R performs a negative feed-back in the receptors expression on antigen-presenting cells, rendering the

inflammatory effects of IL-6.

The relationship between the T allele in this gene and coronary heart disease can be further explained by the close relationship between its presence and CRP levels. The inflammatory process is so important in ACS that PcR predicts greater severity to the patient when increased in its concentration, once it is implicated in development and

Table 4
Association between polymorphisms and different TIMI risk scores.

Genotype	Low × Intermediate			Low × High			Intermediate × High		
	OR	CI 95%	p**	OR	IC95%	p**	OR	CI 95%	p**
<i>IL6R(c950-1722C > T)</i>									
CC	1	–	–	1	–	–	1	–	–
CT	0.72	0.34–1.51	0.50	0.89	0.37–2.12	0.97	1.23	0.54–2.76	0.76
TT	1.03	0.46–2.32	0.90	5.55	1.17–26.3	0.03	5.35	1.14–25.05	0.04
CC + CT	0.88	0.50 – 1.56	0.78	0.96	0.49–1.85	0.96	1.08	0.57–2.00	0.92
<i>TNFα (c.-488G > A)</i>									
GG	1	–	–	1	–	–	1	–	–
GA	0.93	0.46–1.89	0.99	1.53	0.60–3.91	0.49	1.63	0.66–4.02	0.38
AA	–	–	–	–	–	–	–	–	–
<i>LEPR(c.2673 + 1118C > T)</i>									
CC	1	–	–	1	–	–	1	–	–
CT	0.65	0.33–1.28	0.28	0.87	0.38–1.97	0.91	1.34	0.60–2.98	0.59
TT	0.46	0.16–1.32	0.23	0.95	0.24–3.75	0.77	2.05	0.58–7.24	0.40
CC + CT									
<i>IL1b(c.-598T > C)</i>									
CC	1	–	–	1	–	–	1	–	–
CT	1.28	0.62–2.67	0.62	0.97	0.39–2.38	0.86	1.25	0.52–2.97	0.77
TT	1.47	0.63–3.39	0.49	0.95	0.32–2.82	0.84	0.83	0.28–2.45	0.95
CC + CT									

progression of atherosclerosis, influencing the maintenance of inflammation, vascular plaque development and endothelial injury during ACS [33].

Reinforcing these data, Swerdlow et al. [34] proved the evidence of the relationship between *IL6R*, CRP and ACS. Using a licensed monoclonal antibody for the treatment of rheumatoid arthritis, *IL6R* signaling was blocked and consequently decreased levels of CRP and the inflammatory process. These authors suggest, then, that *IL6R* blockade can be used as a therapeutic target in the prevention of coronary diseases.

In agreement with these findings, our results show that patients with ACS and TT genotype were related to lower levels of CRP (0.69 pg/mL) than in the other two genotypes ($p = 0.03$) (data not shown). Also, patients in high TIMI score had higher CRP levels (2.075 pg/mL) than in the low TIMI score group (0.795 pg/mL), indicating a tendency of association between the CRP and the TIMI risk score ($p = 0.05$).

The diagnostic method of ACS, besides the physical evaluation and the electrocardiogram, involves the evaluation of mainly two markers of myocardial lesion, represented by troponin and CK-MB. In the present study, the majority of patients presented alterations in the serum levels of these two cardiac enzymes (83.0% for troponin and 60.0% for CK-MB). In this case, the other patients with normal values presented symptoms compatible with AI, since this condition does not result in blood changes of enzymes in myocardial injury. Most patients (54.8%) who had altered troponin levels had CC genotype in *IL6R* (rs 4537545) (data not shown).

Noting the fact that the CC genotype in this gene is linked to higher levels of CRP, that this molecule is an inflammatory process marker and that this process is related to lesions in cardiac tissue, it is understandable, then, that this same genotype is related to elevated serum troponin levels. The other variants studied didn't show any association with serum troponin or CK-MB levels.

Due to the deficiency of studies in the literature relating genetic variants and markers of myocardial injury, a more comprehensive discussion needs to be done.

4. Conclusions

Hypertension and dyslipidemia were the two most prevalent risk factors in patients with ACS, suggesting that a prevention of these factors could contribute to a decrease in the atherosclerotic process. Hypertension showed association with the TIMI risk score, since the number of hypertensives in the TIMI intermediate/high score was statistically higher than in the low score, contributing to identify this risk factor as an important predictor of cardiovascular disease.

TT genotype in *IL6R* was more frequent in blood donors (32.2%) than in patients (18.0%), and was more present in the low TIMI risk than in the intermediate and high TIMI risks. This genotype was also related to lower levels of CRP, in addition to a lower dosage of troponin, facts that may explain its possible protection against the ACS development and myocardial injury.

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Conflict of interests

The authors declare that there are no conflicts of interest.

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